2022

better together

from *Then*

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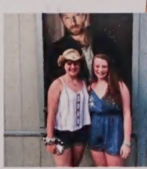
BARNSTABL



BARNSTABLE *High* SCHOOL

744 W Main St Hyannis, MA 02601

Designed by Ashbery Cheron + Ellie O'Toole

Better Together

The class of 2022 has faced each challenge they encountered head on. When we were sent home in March of 2020, we thought we were getting a fun two weeks off but little did we know that we would not see our classmates until over a year later. This gave us time to recall the memories we have made and realize how grateful we are when we are able to be together. We sat at home with the idea running through our heads that we should be supporting each other on the field, on the stage, and in the classroom. When we were finally able to pull into the parking lot for the first time to see each other's mask-less smiles, it immediately filled the air with joy. We were back together. Being surrounded by a class that has nothing but pure happiness to be with one another is priceless and we will forever be grateful.

By: Reagan Hicks and Melissa Pogorelc

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Into the Horizon: On a scenic drive on 6A to White Crest beach in Wellfleet, **Melissa Pogorelc** watches the sunset after enjoying a nice dinner at The Knack in Orleans.

side by side

A Stable Summer is always one to remember. Our Barnstable location is in a superior spot during the summer months, no matter which village you live in. Living on one of the most touristy spots of Cape Cod, students find several activities to take part in during this one long vacation. Many work, some travel, others spend time relaxing with family and friends.

If you are not life guarding and teaching swimming lessons at Kalmus Beach like **Dierdre Mullin**, maybe you are taking a casual golf trip to Nantucket like **Daniel P. Sullivan IV**. Most students use their summertime to make some money off of all the tourists, especially in the restaurant industry. **Poppy Powers and Emma Corley** work at Crisp Pizza in Osterville, while **William Doherty** slings pizza pies at Pizza Barbone on Main Street. **Ava Radford** spends her summers serving soft serve at Par-Tee Freeze. **Garrett Wiseman** enjoys his summer by working on a pirate ship at Pirate Adventures at Lewis Bay.

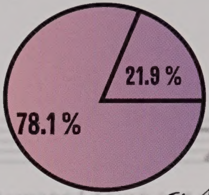
SUMMER

Whether you're taking the Bourne or Sagamore bridge, leaving the Cape in the summer will be one of the longest waits of your life. **Valerie McDowell** took on this challenge of going off cape and flew to Italy to study abroad and spent over 200 Euros on gym memberships. **Ryann Edwards**, **Ambar Figueroa** and **Audrey Royce** took a trip to Campton Hollow, New Hampshire and had an extravagant time tubing and zip lining on the Pemigewasset River. Taking on the long trip, **Will Jones** drove down to the Carolinas to look at colleges. As much fun as it is to leave Cape, staying on and finding great activities is just as much fun. **Steph Ribeiro** and **Delaney Cronan** sang some tunes with ABBA at the Melody Tent in Hyannis. As summer comes to an end, we begin our senior year off to a great start, *side by side*.

Designed by Riley Carpenter

Music. It's a **sign of the times.**

Gen Z is the generation of music. We are always listening to something to help us relax, escape, focus, or for pure enjoyment. From carpool karaoke to blasting tunes on the beach, some things just go **better together**! These seniors told us about the songs that make them **smile like the sun.** Music has the ability to bring out the true color of BHS and its students: **RED.**



spotify **or** apple music?

Seniors voted for Spotify over Apple Music as their preferred way to listen to music!

> There's nothing better than listening to "Doin' Time" by Sublime on Mayflower Beach in the summer.

-Kailey Cordeira

Senior **Anthony Calla** DJs for the 2021 Fall Formal

> I love driving around to 'Shotgun' by George Ezra.

-Elli Ramos

Sounds of

One of **Stephanie Ribeiro's** favorite songs is "Sweet Escape" by Gwen Stefani because it is a classic.

Dylan Sattler's favorite is "Paranoid Android" by Radiohead because it made him want to writing start writing music.

what is YOUR favorite song?

Bella Nese's favorite song is "Holy Mountains" by a System of a Down. She likes to listen to it when she's getting ready every day.

Designed by Caroline DeFeudis + Julia Abreu

Even though this was two years ago, I went to a Chris Brown concert with my aunt, uncle and cousin. I had the time of my life! The opening act was Tori Lanez (my boo) and till then, that day has been UNFORGETTABLE!

-Tianna Bennett

Being a camp counselor at Camp Lyndon and spending hours singing all the camp songs around the fire with my unit.

-Robin Provost

memorable summer experiences from 2021!

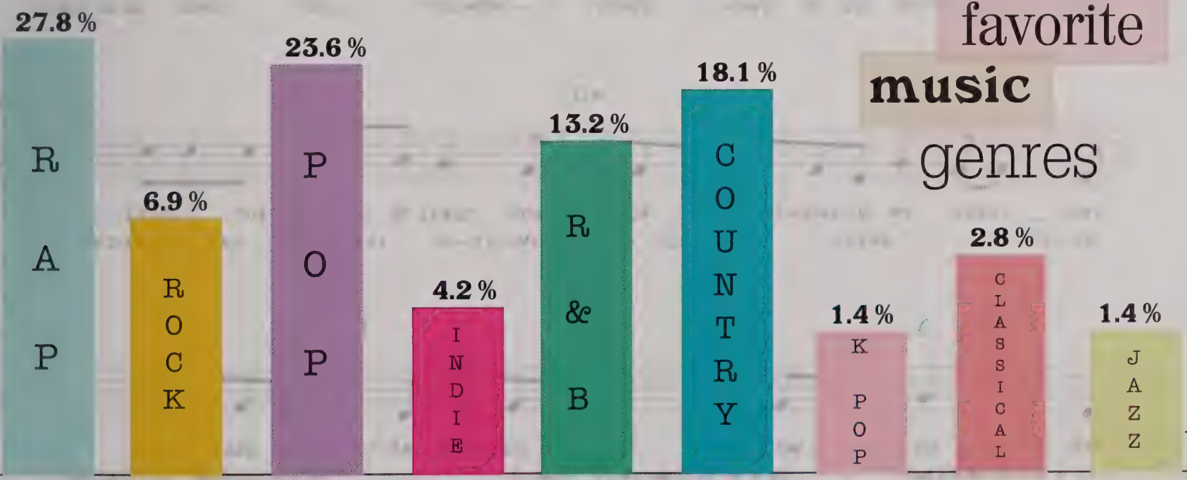
I went to my first Grateful Dead concert this summer. There is nothing like a Dead concert. It was the first time in my life where everyone was happy. The air was thick with so much love and friendship, and maybe some other stuff I guess. Life changing and perspective- altering.

-Gary Blazis

Stephanie Ribeiro snaps a quick photo at the ABBA tribute concert in the Cape Cod Melody Tent in Hyannis, MA

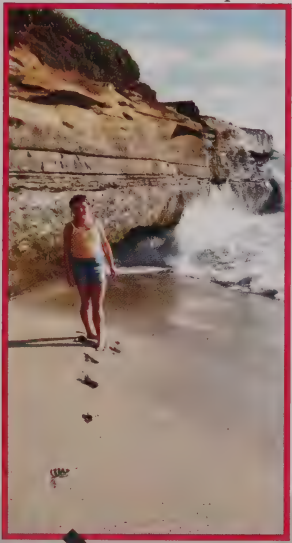
Summer

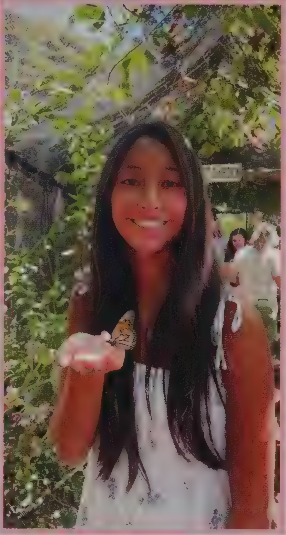
favorite music genres



You Can Fin

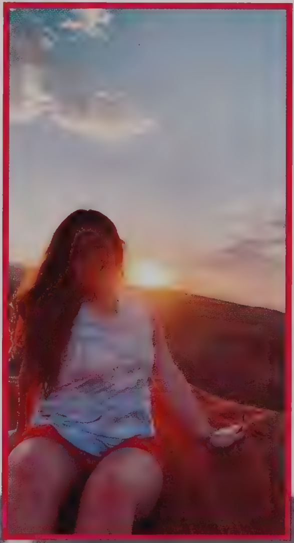
Julia Abreu relaxing at Children's Pool Beach in San Diego this summer. On her travel there, Julia was able to sit in the cockpit with her father who is a pilot!



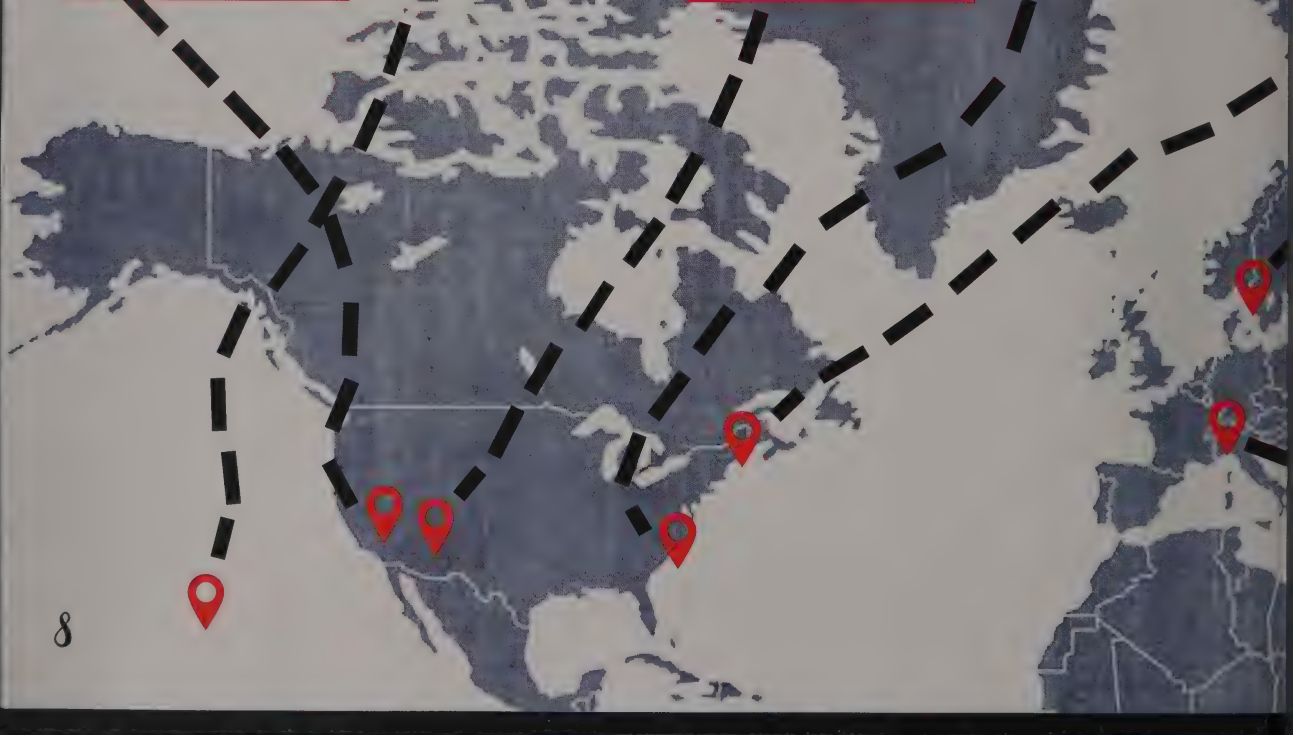


Sid Huynh visiting her grandparents in Hawaii this summer, and also said hello to some butterflies in Oahu!

Delaney Cronan strikes a pose on a perch overlooking the Grand Canyon with her family and friends.



Adam Laber and **Drew Saunders** enjoy Myrtle Beach on a helicopter ride together.

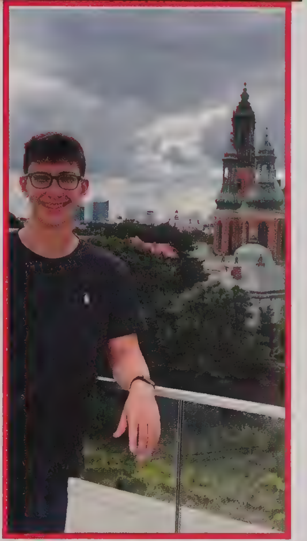


d Me Here

Reagan Hicks and **Riley Carpenter** enjoy a sunset during their annual trip to Bustin's Island in Maine this summer!

Olivia Donnellan visits her home country of Sweden! Here she visits her family, childhood friends and loves to explore the Vårhallarna.

Carlotta Crudele, originally from southern Italy, hit the slopes at Dolomiti Mountain, near the border of Austria.



Lucas McCauley visits family in Poznan Poland. He poses in front of the Poznan Cathedral.

Designed by Kailey Cordeira + Olivia Donnellan

OH MY GOURD!

Senior Sophia Goldstein enjoying a fall day at the pumpkin patch in West Yarmouth

photo by Olivia [illegible]nnellan

as one

AUTUMN

We are all together for autumn starting with the fabulous fall formal put together by senior class president **Olivia Donnellan** and senior class advisor, Ms. Bishop. Students danced the night away in the display of lights coming from the classic white party tent setup on the BHS football field. During the fall season, student athletes enjoyed a mask-free season outside. **Bryan Silva**, a senior football player loves the fall, especially senior night. Off the field some of our seniors can be seen apple picking at C.N. Smith Farms like **Mary Sives and Rachel Benttinen.** While other seniors such as **Luis Galdamez** enjoy autumn trips to the beach in the cool weather now that all the tourist have cleared out. Some are off enjoying their favorite fall treats such as **Colin Fravel,** who is a huge pumpkin pie guy made especially by his mother,while **Max Cotton** enjoys getting his hands dirty and making apple pies with his grandparents. **Neely Alger's** favorite fall treat is not a baked good but something sweet to sip on; she loves a good cup of hot apple cider! **Robin Provost** finds peace going on nature walks with friend and fellow senior, **Lilly Gleason. Ava Hischak** loves getting lost in a labyrinth when the leaves change their color. No matter what we enjoy doing during these crisp months, autumn has the ability to keep us all connected *as one.*

design by Julia Abreu

Modern Lit

a look at the new ways of slang words and phrases

In a world dominated by meme culture, ever-changing social media platforms, and the abilit to cram your thoughts into a 280-character tweet, your grasp of basic slang can make or break your credibility as a functional and supposedly "cool" human. Teenagers nowadays us different slang words when emphasizing a sentence or making a meme. Phrases like, "muck" or calling someone a Karen is the new normal. Most adults refrain from using words like these but some millennials are heard spilling the tea about a new coworker or asking for receipts from an ex-boyfriend. In the hallways of Barnstable, Ms. Swindler recalls some of th words she hears around, "dap me up, that's dope, and losin' it, are only a few of these numerous phrases. Apart from these terms, Gen Z has managed to create a new culture on a video-sharing app, TikTok. This app began to take over during quarantine in 2020. Scrollin through the app, users began to familiarize themselves with the new lingo. For example, " main character, periodt, and simp," became common words in the teenager's personal dictionaries. For those who don't know these unusual terms, catching up on TikTok or just talking with freshmen in an English class will keep you up to date with the latest lingo.

TO 5 SLANG words

05. BET
04. SUS
03. (NO) CAP
02. LIT
01. YEET

SO... Wtw?

Bussin'

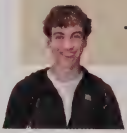
"I use slang words any time it is appropriate (aka all the time). I use the word bussin when something is extremely good; I use this word when my food is BUSSIN."

- SARAH ZINK

Brick

"It is honestly really brick outside, it is only 50 degrees."

- COLIN FRAVEL



SENIOR Slang

Saucy

"This is saucy"

- CARLOTTA CRUDELE

Poppin'

"How's it poppin?"

- DAN P. SULLIVAN

Sonk

"We don't have schoo next Friday, sonk"

- JOE LONGUEIL

Lowkey

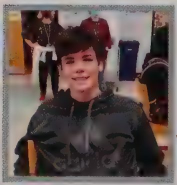
"I lowkey hate *Le Petit Prince*."

- SADIE LABONTE

Poggers

"I got 100 on my test, poggers!"

- GARRETT WISEMAN



Bet

"Bet, dat"

- NOLAN TURNER

Designed by Steph Ribeiro+ Ellie O'Toole

1990S

Let's
Bounce

2021

"We
should dip"

Are you ready to leave?" This phrase was a fun and easy way to ay you were ready to get out of a particular place. Both phrases hare the same meaning, but teenagers in the 21st century refrain om "Let's bounce", trading the phrase for "we should dip"

eachers' POV:

Words like "lit," "sus", and "slay," can be heard in the class. Mr. Farell says that these words are "great, super creative."

R. FARELL

Even Mrs. Whidden enjoys using Gen Z slang, especially the word "Preach."

Ms. Swindler hears slang words around her classroom all the time. She comments, "spoken word is a living language, only issue, it should not be mistaken with something that is not serious."

S. SWINDLER

"I use the word "preach" paired with the raised hand emoji to show agreement when someone speaks their truth or takes a stand on an important topic."

MRS. WHIDDEN

our URBAN DICTIONARY

periodt

[peer-ee-uht] adj.

an interjection used to signal the end of a discussion or to emphasize a point.

low-key

[low' ke] adj.

to know something but keep it down low so it's not a big deal.

LEAST & favorite

Favorite:
"PERIODT."
Least:
"lol"

CALINE HALBERT

Favorite:
"slay"
Least:
"Lit"

ALEJANDRO MATIAS

Favorite:
"cap"
Least:
"ion/sus"

JORDAN TAVARES

Favorite:
"Queen"
Least:
"Lit"

MYA SUTTON

Favorite:
"word."
Least:
"Lit"

DREW SAUNDERS

Favorite:
"biddies"
Least:
"and i oop"

COLBY MYRBECK

Favorite:
"yuh"
Least:
"yo facts!"

JILL AALTONEN

Friday Night Lights

The RedHawks started early December in 2020 in Building M. For about nine months Coach Ross guide's each individual through a series of intense workouts and drills to prepare the players for the season. By the time the season comes up each player is in shape and disciplined. The Red Hawks started off the season by beating Brockton's Boxers 52-35 fighting against all odds the Red Hawk got their first of many wins. The RedHawks went on to battle Reading Memorial in their second game of the season; it was a close game but Reading came out on top. The RedHawks didn't let this loss get them down; they got back up and went on for six straight wins but lost to Central Catholic, their record being 7 in 2. After the regular season the RedHawks go on to play Mansfield in the first bracket of the playoffs. The Red Hawks seemed to be a more physical team but the Mansfield Hornets got the better of them in the last quarter sending the Red Hawks home in the first bracket of the playoff the score being 28-21. Although the players didn't get to go to play at Gillette, the RedHawks kept their heads up, hopefully carrying the same attitude and hard work they put into their high school football careers into other aspects of their lives.

The boys celebrate their 42-28 win against The Durfee Hilltoppe

Photo credit: Jen Needha

on the SIDELINES

Design by Gavin Donnellan + Ashbery Cheron

COACHES CORNER

Dominate the day"

Coach Ross Jatkola started coaching for Barnstable in 2017, after making the move from Monomoy High School. This means that this is the first class of players who have been with the coach since the beginning of their high school football experience. Since then, Coach Ross has been awarded the Patriots High School Coach of the Week and named 2021 Coach of the Year by the Eastern Massachusetts Interscholastic Football Officials. Coach pushes everyone on the team to push themselves past their limitations to achieve greatness. Coach Ross instills respect, responsibility,and discipline onto the players who participate in the program.

Varsity Seniors

Ayden Edwards	1
Gibson Guimond*	2
Aidan Canty*	3
Pat O'Neill*	4
Colby Myrbeck	5
Adam Laber	6
Alec Joyce	7
Ashbery Cheron	8
Jacob Nikas	9
Colin Fay*	10
Nolan Turner	11
Josh Stanley	13
Alex Fontaine	15
Shawn Haislett	20
Grayson Pina	21
Eugene Jordan*	34
Bryan Silva	56
Kyle Hicks	57
Rohan Edwards	60
Patrick Jones	68
Lucas Borges	77

CAPTAINS

Captains **Colin Fay, Aidan Canty, Eugene Jordan, Pat O'Neill,** and **Gibson Guimond** show their tough

RedHawk Coaches and managers

what is your pre-game ritual?

Nolan Turner

"I drink two C4s and listen to "Trophies" by Young Money and Drake, while stretching."

Colby Myrbeck

"I chow down a meatball sub from Lamberts."

Alec Joyce

"I eat Chick-Fil-A, drink a cotton candy flavored C4, and listen to my favorite songs by AC/DC."

Adam Laber

" I listen to "We Will Rock You" by Queen."

Rohan Edwards

"I listen to music. Silence is focus."

photos by Emme Capra

BHSVB in the Books

92% on the service line led **Kailey Cordeira**, senior captain, to be a vital player in tight matches

0.247 hitting percentage allowed junior, **Lindsay Jones**, to be a beast at the net this season.

1005 sets and counting from senior captain **Laura Cogswell**, surpassing an incredible milestone (1000 assists) in her volleyball career.

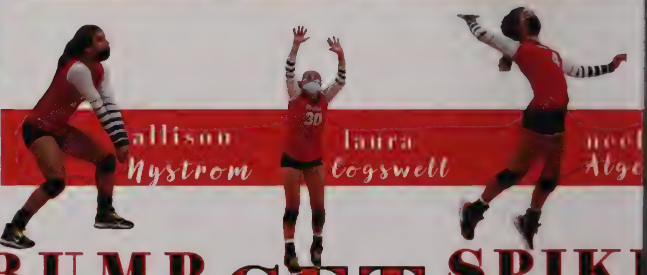
145 service receptions, and counting, senior captain **Emma Corley** was a pivotal back row player for the RedHawks defense.

ON THE LINE
Barnstable stands in uniform on the endline, game ready their against rivals, Dennis Yarmouth.

can you DIG IT?

Logan Hurwitz, a sophomore and Barnstable's starting libero, stepped up to the plate this year with nearly 400 receptions in this season alone, and claimed a pivotal role as a new varisty player.

Returning league champions, the Barnstable RedHawks came back this season fired up and ready to play, masked up or not. Although the beginning of the schedule started out rocky, big wins and exciting nights made this a season to remember. Not only did they take advantage of young and new varsity players, but the seniors were able to make the most of their last year in the program while competing against the best of the best and being challenged by the coaching staff and staying competitive with one another.



BUMP SET SPIK

Design by Kailey Cordeira

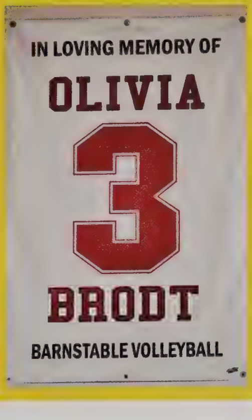
Order in the Court

DIG YELLOW

GET HYPE!!!
Laura Cogswell, Dierdre Mullin, and Lindsay Jones celebrate after a smash from the right side.

Photo Credit: Jen Mullin

Dig Yellow has been a night to represent Barnstable volleyball's support for childhood cancer, along with raising awareness and funds for multiple organizations for the past five years. In April 2017, Olivia Brodt, a former player from Barnstable's varsity volleyball team, lost her battle to cancer after a long and persevering fight. Her dedication and meaningful presence is forever felt throughout the gym on this special night, along with dedicating this cause to her family. In particular, we dedicate this ceremony to her father Craig Brodt, an assistant coach for the varsity team. The banner raised in honor of Olivia's number 3, now retired, reminds every player of why and who they play for and embodies a sense of passion and gratefulness in the ability to play the game that each and



From top left to right: Mackenzie Veterino, Lillie Ells, Charlotte Sullivan, Lindsay Jones, Sadie Wellbeloved, Molly Fredo, Molly Gleason, Logan Hurwitz, Emma Corley, Kailey Cordeira, Allison Nystrom, Neely Alger, Laura Cogswell, Cayleigh Fleming, and Dierdre Mullin.

The seven seniors this year have battled through a COVID season in 2020, and were more than ambitious in getting back on track with their current team. After playing **together** since eighth grade year, and traveling through the ranks of Freshman and JV, this group of girls are true leaders on and off the court and create a hard-working and dedicated environment for the underclassmen to observe and mimic next year.

Emma Corley

Cayleigh Fleming

Dierdre Mullin

Allison Nystrom

Neely Alger

Kailey Cordeira

Laura Cogswell

Goals Unite

What got you interested in SOCCER?

Jayson Costa

"Brazilian culture I guess."

Caio Fernandes

"FIFA I guess."

Alex Junior

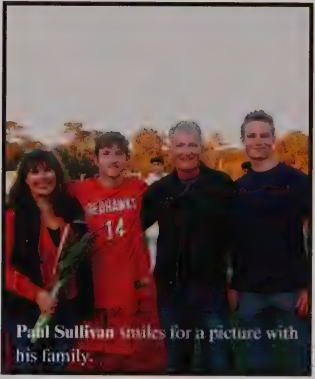
"The position of defense interested me."

Eric Pleitz-Hercules

"My whole family plays, and I've been playing since I was young."

Paul Sullivan shows off his squeaky clean cleats at the beginning of the season.

2022 Seniors with Coach Sam Viana



Paul Sullivan smiles for a picture with his family.

Jayson Costa shares a hug with his family.

Rafael Rodrigues poses with his family.

>>> Senior Night

The seniors celebrated their last home game of their high school career with friends and famil They closed out their last home game with a 2- win against DY, with **Jahmar Ramsay** scoring the first goal.

The boys varsity soccer team huddles before their last home game of the 2021 season.

Photos by Terri Calla

Dilmar Santos [illegible]

Caio Fernandes [illegible] his opponent from the ball

[illegible] passes the ball to his teammate

meet the *coaches*

Sam Viana *and* Jason Fajardo

Coach Sam Viana took over as head coach in the 2019 season, making this his third season coaching for Barnstable. This season was coach Jason Fajardo's first as assitant coach. Both Viana and Fajardo played soccer in high school, which allows them to understand what it is like to be a part of a varsity team. Both coaches believe that team bonding is very influential to how the team plays together on the field, so they try to instill that mentality in their players.

A season for the *books*

By: Katelyn Goode and Stephanie Ribeiro

Barnstable Boys Soccer is back in action after a season hindered by COVID-19. The boys were excited to finally play together again under normal circumstances. Outdoor sports for the fall 2021 season were not required to wear masks, making the sport much more enjoyable for both the players and spectators. The boy's season was full of great games against tough opponents, some games ending better than others, but filled with enjoyment. Barnstable Boys Soccer has always been a blend of different cultures, and that was no different in this year's team. The blending and uniting of many different cultures is one thing that makes boys soccer so unique. Both the coaches and players believe that it also helps them feel more united and connected as a team. With a tumultuous season ending with a record of 4-10, the Barnstable Boys Soccer team was simply happy to have a normal season for their senior year.

> **"When they are out there in a game it's a *brotherhood* mentality, picking up and supporting each other."**
>
> - Coach Sam Viana

Pre-game Rituals:

Jahmar Ramsay

"I look up to God and listen to music."

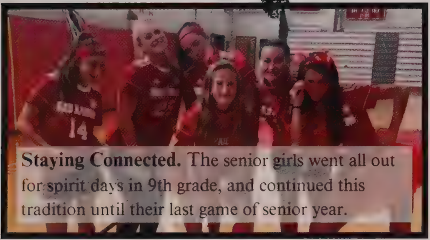
Rafael Rodrigues

"I just want to talk to God and make wishes."

Paul Sullivan

"Our team just listens to our playlist."

Reaching New GOALS


Staying Connected. The senior girls went all out for spirit days in 9th grade, and continued this tradition until their last game of senior year.

Fun on the Field. The girls let their goofy sides show while wrapping up practice for the day.

Abby Ewald makes a shot on goal.

Dakota Hesse keeps the ball in play.

The 2022 seniors celebrated their last season as Barnstable players with a scrimmage against the underclassmen and the boys varsity team.

Kicking it together one last time

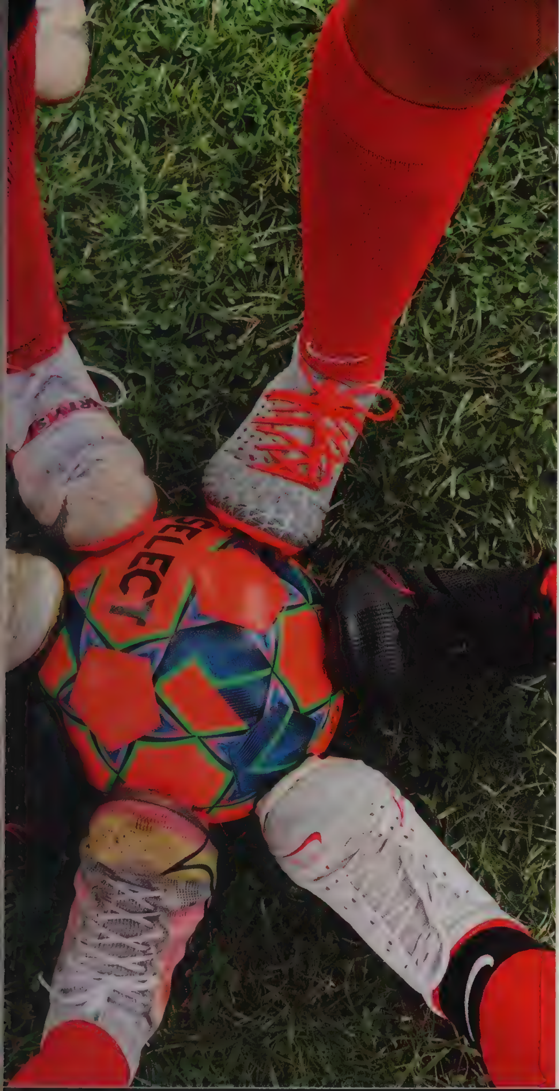
After the 2020 season, with COVID-19 restrictions in place and those draining face masks that made it difficult to breathe, the girls soccer finally returned to normal. The Barnstable RedHawks had a full season of challenging soccer games to watch, the team ending the season with a record of 5-5-2 . In their last season as seniors, these girls made it to the playoffs where they faced Reading High. It was a hard fought game, with Dakota Hesse scoring in the second half. Both teams stayed tied throughout the game but Reading managed to score in the last few seconds of the game. Nonetheless, these girls never backed down and held their heads high. Coaches Lee Docherty and Meghan Fligg led the nine shining seniors through their final year as Barnstable players. Hence the tough season in 2020, the girls varsity soccer team continued to stay united through it all. Coach Lee remarks, "Team Bonding absolutely helps the team altogether!" In spite of a busy schedule, senior captains: **Lexi Varetimos: Livi Varetimos: Molly Lamothe: and Phoebe Papavasiliou** find time to stay connected as a team. Off the field, the girls come together with team sleep overs, breakfasts, and seeing each other throughout the BHS hallways decked out in spirit keeps them connected as a team.

OFF THE FIELD

The senior crew dressed up in Hawaiian at the beach getting ready to play in a dodge ball tournament as they finished up their last tryout of their high school career.

The girls host their annual car wash at Steve and Sue's Par-Tee-Freeze raising money for their team.

The 2022 Girl's Varsity Team



CAPTAINS CORNER

"Being someone the girls can come to whether it's on or off the field."

Lexi Varetimos

"Being a postive and supportive voice on and off the field."

Phoebe Papavasiliou

What does *being* CAPTAIN mean to you?

"Being someone younger girls feel comfortable talking to and representing the team on and off the field."

Molly Lamothe

"Being a good role model on and off the field, and helping out the less experienced people on the team."

Livi Varetimos

the senior LINE UP

ELLI RAMOS

DAKOTA HESSE

RACHEL BENTTINEN

MARY SIVES

ABBY EWALD

hotos by Terri Calla and Meghan Fligg

Design by Stephanie Ribeiro+ Katelyn Goode

FIELD Hawkey

Q&A with the Coach

> "If I had to describe the team in 3 words: **Resilient, humble, family**."

Coach Bishop, head coach

Coach Bishop and Coach Nichole

"This is a team that went through many ups and downs throughout the season. They are the most resilient team I have ever coached. They overcame so much adversity over the past year and during the season to reach their goal of making the tournament. Like a family, we had our highs and lows but stayed united and came together when it mattered the most."

a closer look *with*

The Crew...

What is your pregame ritual?

"Eating a Belvita."

What is your hype song?

"Rock Star" by Hannah Montana

Design by Reagan Hicks + Riley Carpenter

Captains

Reagan Hicks and Giana Mullins

Seniors dressing up in blackout for their first game vs. New Bedford

Line Up: Seniors get together for a picture in their shirts decorated by the rest of the team

Strike a Pose: Seniors get sassy at picture day

What is your hype song?

"7 Things"
by Miley Cyrus.

What is your pregame ritual?

"Syncing my lunges with Riley Carpenter."

What is your hype song?

"Thunderstruck"
by AC/DC

What is your pregame ritual?

"Get my inhaler going."

What is your hype song?

"Hotline Bling"
by Drake

Cross Country

The SENIOR Crew

Jeremiah Singer

1. Chicken and Mac & Cheese.
2. The pain is worth it.
3. The feeling you get when you zoom by someone.

Lucas McCauley

1. Pasta and bread.
2. Put your all into every race.
3. Finishing a race and knowing all the work had paid off.

Justin Steenstra

1. Spaghetti & meatballs.
2. Do the summer miles.
3. Teammates.

Yan Mazhieka

1. Lots of fruit, anything in sight.
2. You should have joined it earlier.
3. The interaction with the lads I run with.

Sean Singh

1. Pasta and bread.
2. I should've done cross country sooner.
3. The fatigue after running.

RUNNERS TELL All:

1. What do you eat the night before a meet?
2. What would you say to yourself when you first joined the team?
3. What gives you the motivation to continue running?

BOYS TEAM

GIRLS TEAM

Shea Hardy

1. I love spaghetti.
2. To get out of your comfort zone sooner.
3. It keeps me grounded mentally. It's really good to see the improvement week to week.

Alyssa Tyler

1. A good salad with chicken.
2. To try new things and enjoy the opportunity.
3. The improvement week by week; it's really cool to see. I think Girls Cross Country is one of the best teams teams in high school for me to be with.

Design by Caroline DeFeudis + Ellie O'Toole

PAIN GOES AWAY,
pride LASTS FOREVER

Zooming towards the finish line: Senior Jeremiah Singer prepares for a race on the RedHawks track

Boys Captains

Justin Steenstra, Jaxson Merrill, and Jeremiah Singer act as role models for the team during the fall 2021 season

Girls Captains/Seniors

Alyssa Tyler and Shea Hardy are all smiles.

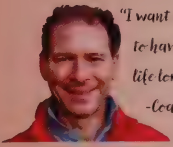
Boys Seniors

Jeremiah Singer, Lucas McCauley, Yan Mazhieka, Justin Steenstra, Sean Singh pose with their coaches on the track.

CHATTIN' with the coaches

"The greatest thing you can learn from XC is the lue of dedication. XC is a emanding sport, and our runners make a mmitment to themselves nd their teamates to put in 100% every day."
- Coach Sances

"Self discipline you get out what you put in."
-Coach Faszewski



"I want my students to have fun and be life long runners."
-Coach Buckman

"Running is a lifetime sport, a sport where you can continue to improve for many years to come. There is nothing like a nice long run - it is therapeutic, free, and connects you to the beauty and grace of the natural world."
-Coach Caldwell

LOUD & Proud

The Barnstable cheerleaders pose on picture day in preparation for a great seaso

Senior Captain Q&A

Caline Halbert

What is your favorite cheer?

"Rowdy"

What is your position?

"Base"

What is your favorite memory?

"The first youth night with my sisters"

Alonna Anderson

What is your favorite cheer?

"RedHawks, it's time"

What is your position?

"Back spotter"

What is your favorite memory?

"My first game"

Kick it to Cancer

The team wears their pink bows in support of Breast Cancer Awareness Month, during the Pink Game on a cool October night.

Flying High

Barnstable cheerleaders get rowdy in the air during the Friday night lights football game.

photos by Emme Capra + Melissa Pogorele

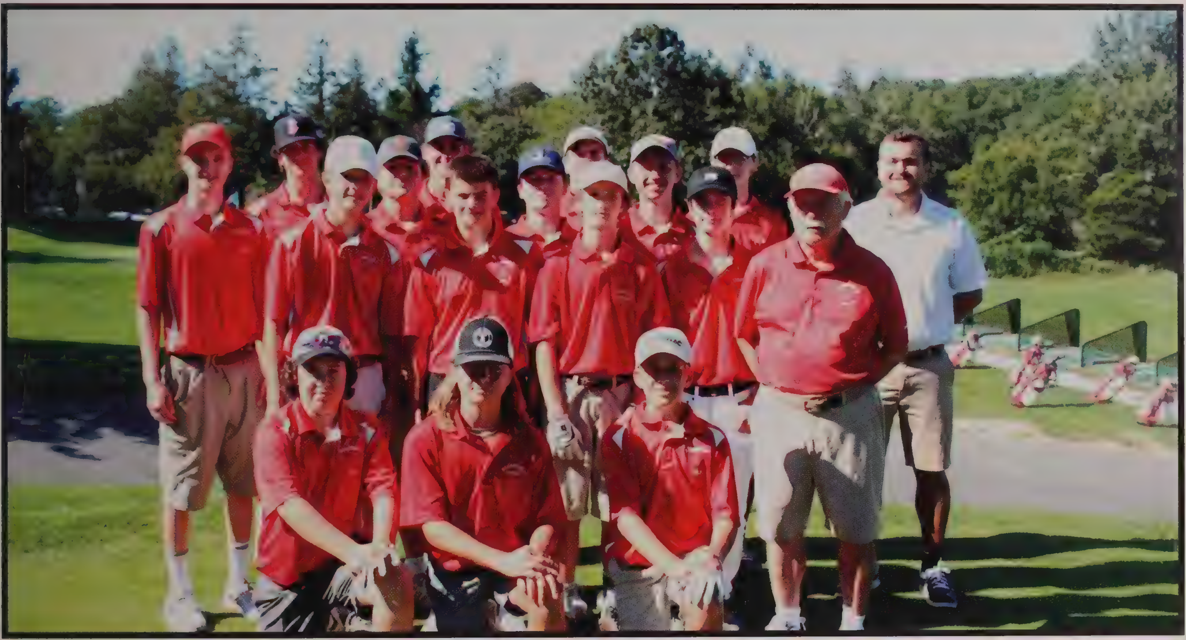
IN FULL SWING

My favorite memory of this golf season was when we defeated Nauset. This was our seventh win and qualified us for States.

Coach Titus, head coach

I like coaching because I like seeing their growth as both young adults and golfers. The BHS team is a good group with a good attitude.

Coach Toffolon, assistant coach



As the season comes to an end, the Barnstable Boys Golf team finish with a solid record led by sophomore, Chad Tordone and eighth grader, Colin Gleason. Head Coach Titus and his assistant, Coach Toffolon are the driving force behind this team's success. These young men went to the State Tournament with their 7-7 record. Coach Titus explains that during this odd season consisting of no seniors, the players had to learn to be reliant on themselves and each other, especially without an older role model showing them the way.

Design by Melissa Pogorelc

Reduce, Reuse, Recycle

Maya Wilson-Erenthal and **Gabe DeAzevedo** of BHS Green Club painting the new closet to hold the second hand clothes donated from students at Barnstable.

Photo by Olivia Donnellan

pieced together

The Class of 2022 has spent our majority of high school growing and evolving from unsure freshmen to experienced seniors, prepared to take on the journey ahead. With a sophomore year cut short due to COVID-19 coupled with a chaotic junior year under a hybrid teaching model, this class has experienced it all. Coming back together to normal circumstances this fall, 2022 did not take any activities for granted. With a stylish spirit week leading up to our festive fall formal, our senior class made it one memorable night. Coming back from masked sports, the student section did not disappoint on the new stadium.

PEOPLE

Starting the 2021-22 school year, we welcomed a new principal and had a school wide decision on our new mascot. Keeping the red hawk spirit high we enjoyed some sports mask-less, resumed club meetings, and opened up to each other and our differences. Our teachers and administrators have helped mold us into the humans we are today, as we prepare for the world beyond these doors...

Designed by Riley Carpenter

SPIRIT in the hallways

Monday

FANKY TOURIST

Tuesday

Red Out

Wednesday

Pride

Thursday

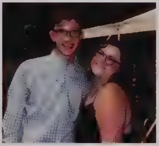
COUNTRY

Friday

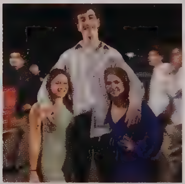
Pink Out

ON THIS NIGHT
SATURDAY, OCTOBER 23rd, 2021

the Fall Formal


Lucas & Sadie

Anna & Jessica



Logan & Darin

Alexia, Maria & Julia

Chaperones Ms. Fligg, Ms. Bishop and Mrs. Whidden smile for the camera

Strike a Pose

After a two year hiatus, Barnstable High School was finally able to put on a dance. Like almost everything else recently, this dance was unusual. Hosting the dance indoors was not an option, so we opted for a tent that accommodated 700 students and teachers! The late October night meant chill weather, but the apple cider refreshments and dancing kept us toasty. This night wouldn't have been possible without the hard work from Ms.Bishop and her officers. Without the teacher chaperones, the dance wouldn't have been the same.The night was also spent congratulating the two time winners of King and Queen: **Eugene Jorda** and **Olivia Gourdine**! Students were excited to be back together fo their final homecoming dance and the yearbook crew caught some smiles and hap moments from the class of 2022.

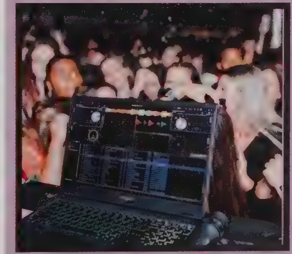
shoutout to NHS

The National Honors Society spent their Saturday decorating the tent for the night to come. Pictured to the left **Emma Corley** and **Ryann Edwards** add some red decorations to the poles. Tables were set up by **Veronica Spagnuolo, Olivia Donnellan, Jill Aaltonen.** Others were seen creating pompoms, setting up the concession stands, or hanging up decorations throughout the tent. This amazing night wouldn't have been the same without the help of NHS members and Ashley Bishop.

dancing *the night* away

Feelin' *twenty-two*

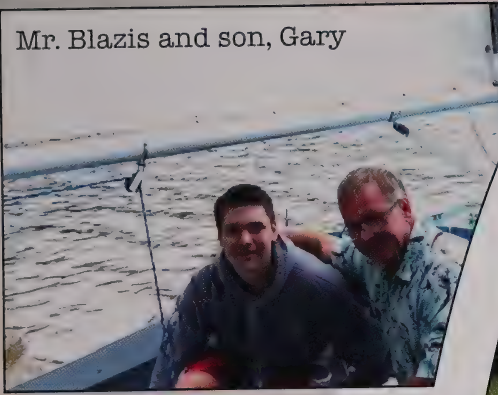
DJ CALLA



Senior,**Anthony Calla,** alongside his dad generously donated their time and equipment to put on a great show for our final fall dance. You could also find his mom, Terri Calla getting some great candid photos of our class.

Designed by Steph Ribeiro and Olivia Donnellan

Hand in Hand

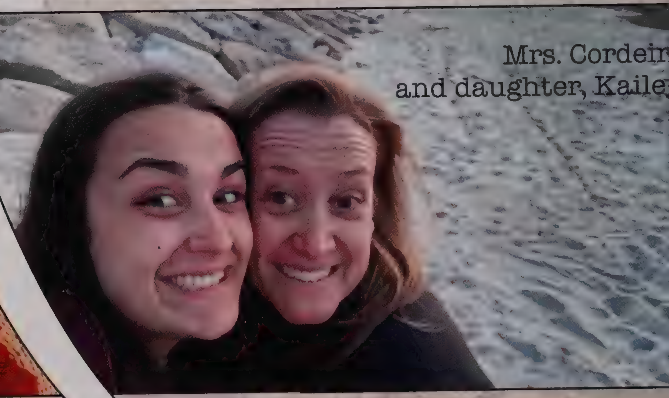

Mr. Blazis and son, Gary

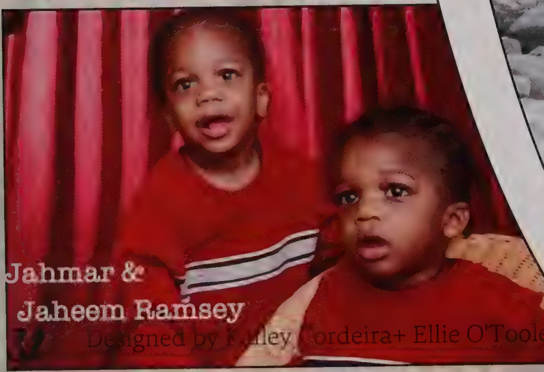
Mr. Guimond
and son, Gibson

Ava Radford and uncle,
Mr. Kirvan

Mrs. Roundtree
and niece,
Dierdre Mulli

Livi & Lexi
Varetimos


Mrs. Cordeir
and daughter, Kaile


Jahmar &
Jaheem Ramsey

Designed by Kailey Cordeira+ Ellie O'Toole

Describe *your* relationship in a *song*...

wen Welch-Viens
v/ mom and dad:
" Ode to Joy"
by Beethoven

he Blazis Family:
" Strap on that
Jammypac"
by Ween

The Cordeiras:
" Isn't She Lovely"
by Stevie Wonder

Mrs. Roundtree &
Dierdre Mullin:
" I Hope You Dance"
by Lee Ann Womack

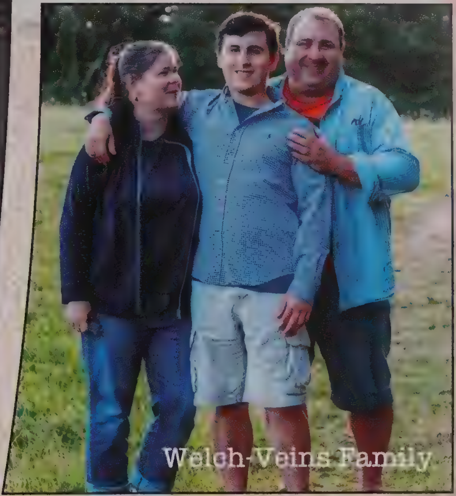
The Varetimos Twins:
" Count on Me"
by Bruno Mars

The Nystroms:
" You are my Sunshine"
by Johnny Cash

Mr.Skirvan and
son, Ian:
"Growing Older
but Not Up"
by Jimmy Buffett

Ava Radford and
uncle, Mr. Skirvan:
"Cheeseburger in
Paradise" by
Jimmy Buffett

rs. Nystrom
n daughter,
llison


Welch-Veins Family

Billy Jordan and son,
Eugene Jordan

Mr. Skirvan
and son, Ian

All Together

Administration

20 Questions with Mrs. Freedman

Dream Vacation: India- somewhere where I can experience new culture and language.

Favorite Meal: Sushi

Favorite Song: "O-o-h Child" by The Five Stairsteps

Spirit Animal: Monkey

Who do you admire? People such as Greta Thunberg and the other young people that stand up for what they believe in.

What do you do on a typical Saturday? Recover from the work week, go to soccer games, and spend time with friends.

Biggest Fear: Something happening to my child.

Who would you want to be stranded on a deserted island with? Iron Man (Robert Downey Jr.)

Favorite TV Show: *The Good Place*

Pet Peeve: When people do not tell their truth.

Meet The Principal

If you could have any exotic animal as a pet, which would it be? A monkey or an orangutan

Describe your high school self in three words: Rebellious, Loud, Interested

What celebrity would you love to meet? David Bowie

What's your favorite color and why? Black because it represents all the colors, and it matches everything.

Favorite Movie: Harold and Maude

Favorite Restaurant: Anthony's Pier 4 Cafe

Favorite Sport: Soccer

Early Bird or Night Owl: Early Bird

quick chat with Vice Principal: Mr. Pyy

What is your favorite part of your job?

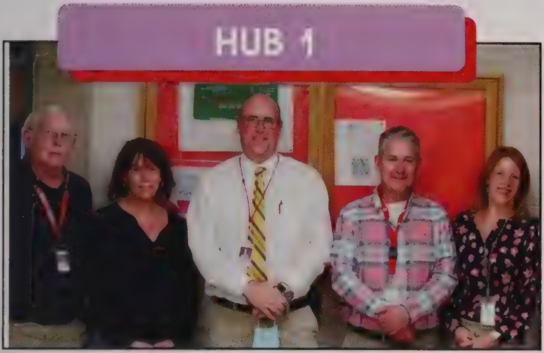
"Interacting with students. ALL educators go into this profession because we enjoy the students."

How has your job impacted you?

"It has made me humble. I have not seen everything and don't have all the answers, I have a multitude of experiences that continue to shape the educator I am."

Designed by Reagan Hicks

HUB 1

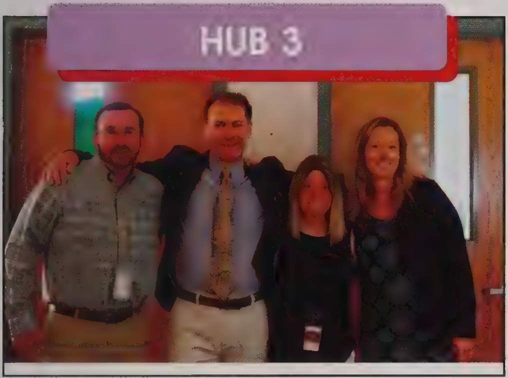


Dave Lytle, Maryellen Yalmokas, Robert Donehey, Brian Wanat, Jennifer Clark

HUB 2

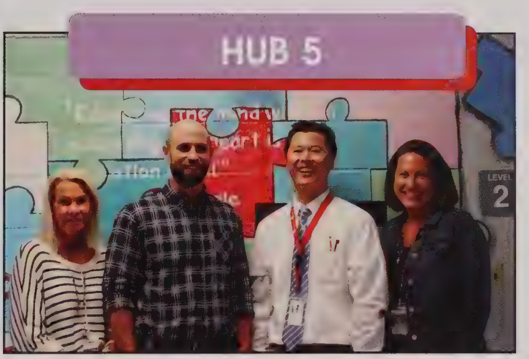
Katie Egan, Samantha Cunningham, Erin Eastman, Scott Thomas, Meredith Wirtz (not pictured)

HUB 3



Shawn Kingman, James Buckman, Melisa Peters, Meghan Cordeira

HUB 5

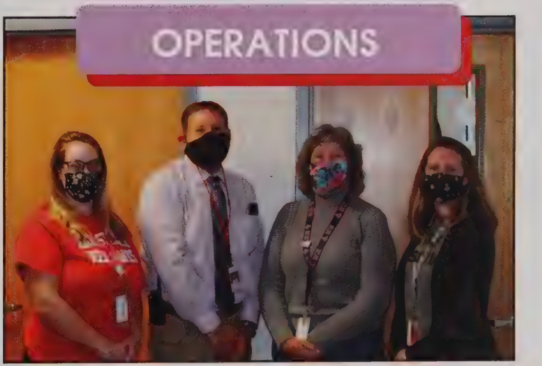


Kathy Johnson, Timothy Heneberry, HoYin Yuen, Alexis Tellert

HUB 4

Laura Almas, Hope Taylor, Karen MacFarlane, Raffaella Almeida

OPERATIONS



Kaleigh Szymanowski, Steve Kaser, Maureen Lovett, Rachel Wiseman

OUR FABULOUS FACULTY

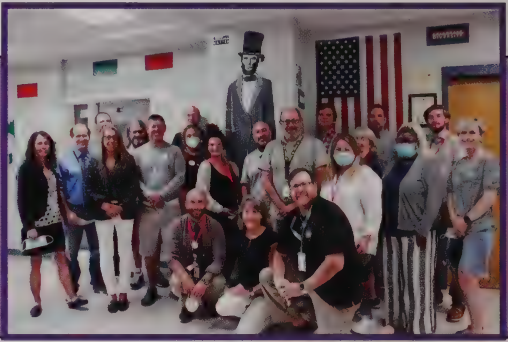
Please find our staff alphabetized below: bolded names denote those absent from phot

Art and Applied Technology

Department Head: Matt Kemp

Staff: **Blair Amara,** Aimee Butterfield, Blaine Bacchiocchi, Michela Champagne, Kristen Curtis,Charles Egan,Adam Farrell, Abby Fay Smith, Filipe Miguel, Brian Taylor, Ted Skirvan

History and Social Sciences



Department Head: Virginia Turner

Staff: **Brielle Berical,** Heather Cattabriga, Bruce Colwell, Tim Daley, Kris Dumas, Kevin Hill, Brent Jansen, David Koehler, Lance Kuntzman, Monice Mourice, Amy McIsaac, Mark McLaughin, Steve Moynihan, Hilary Mueller, Mike Petze, Kate Scholes, Jeremy Shea, Becky St. Onge, Andrew Vince, Krissie Williams

Mathematics

Department Head: Tina Crook

Staff: **Kim Andreassi**, CJ Beer, **David Brown**, Brian Cattabriga, Brighid Coleman, Carol Chamberlain, Deb Gannett, Marlo George, Victoria Hatch, Casey Johnson, Wendy Johnson, Amy Kennard, Julie Lariviere, Sonya Lomax, Jennifer Morassi, Lynne Hutchinson, Sheila Mullen, Sharon Nelson, Sarah Nystrom, Tina O'Brien, Laura Holland, Jessica Roundtree, **Kimberly Taylor**

Wellness

Department Head: Maria Pierozzi

Staff: Courtney Briggs, Robin Dawe, **Lee Docherty,** Barbara Gleason, Gibby Guimond, Ross Jatkola, Nicholoas Lugbauer, Vanessa Pyy, Julia Ryan, Emily Viprino, **Mary Ware,** Chris Whidden

Designed by Olivia Donnellan

Music

Department Head: David Schroeter

Staff: Ian Maguire,
Meaghan O'Connor-Vince,
Marcia Wytwral.

Foreign Language

Department Head: Grace Lytle

Staff: Ashling Burke, Morgan Grey,
Jeff Hansen, Victoria Miklosky,
Alison Nelson, Fadner Pierre, Mimi Poupart
Amy Semanscin, Cody Small, Eva Suriol, Bo Wu

English

Department Head: Kaitlyn Chamness- O'Connor

Staff: **Jennifer Brown,** Keith Caldwell,
Carol Carlson, Shauna Cascarella,
Leanne DeCosta, Meghan Fligg, **Mary Gagnon,**
Randi Gallerani, Maureen Leveroni,
Julia Markoff, Mandy Morell, Michael Mulgrew,
Michele Netto, **Denise Pita**, Catherine Richards,
Christy Salley, Brooke Styche, Martha Swindler,
Laura Welch, Kaitlyn Whidden, Keryn Wojciechowski

Science

Department Head: Jennifer Caron

Staff: Beth Anderson, John Blackington,
Scott Blazis, Patricia Gardiner, Ted Guazzaloca,
Liz Hanchuruck, Greg Hill, Ken Holland,
Joanne Jarzobski, Bill Knittle, Tia Konyn,
Valerie Lahteine, Brian Lenda, Lily Munsil,
Denise Monroe, **Matt Norton**, **Diane Russell**,
Mike Smith, Kirby Smith, Rob Toffolon, Susan West

Jill Aaltonen

I promise I'm a lot nicer than my "going to class" face.

Julia Abreu

Don't let life dull your sparkle.

Tia Adams

Darianny Alonzo

Grateful for where I'm at, excited about where I'm going.

Alonna Anderson

Max Anderson

I don't have inspiration. I only have ideas. Ideas and deadlines.
- Stan Lee

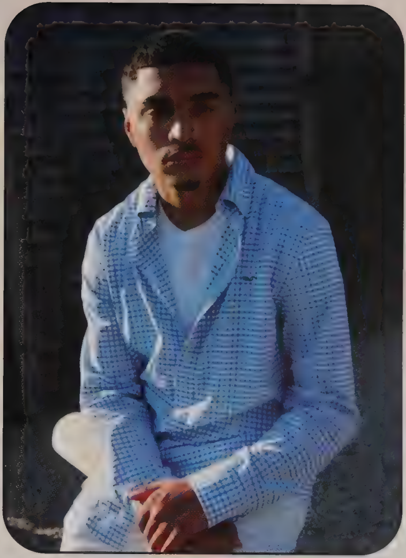
designed by Katelyn Goode

Milena Agostinelli

In order to write about life first
you must live it.
- Ernest Hemingway

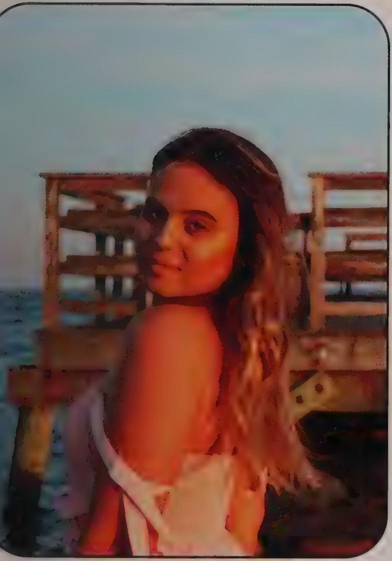
Neely Alger

Happiness 24/7/365.



Ceasar Almeida

We don't quit, we don't cower,
we don't run. We endure and conquer.
- Kobe Bryant

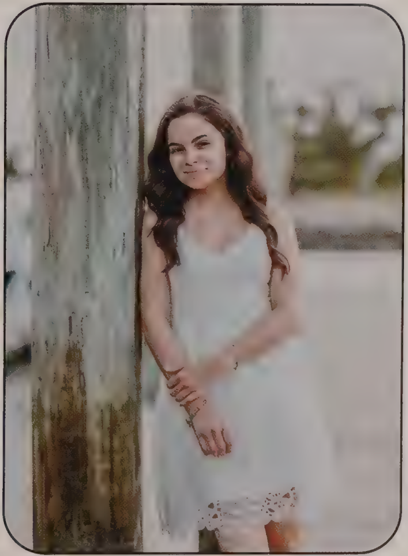


Kimberly Antonini

Nothing is as ours as our dreams.

Kyle Axtell

Sometimes you will never know
the value of a moment,
until it becomes a memory.
- Dr. Seuss



Jennifer Barros Ramos

The finish line is just the beginning of a
whole new race.

Kevin Barry

Get rich or die tryin.
- 50 Cent

Teagan Barry

Once in a while you get shown the
light in the strangest of places
if you look at it right.
- Grateful Dead

Jeffrey Beaumont

This school has some of the best peopl
in the world in it, and then there are
those outside of the daycare.

Bryan Bermejo

The words "give up" are not
in my vocabulary.

Susie Bernard

Some of us never outgrew
the horse girl phase.

JJ Bickford

Wherever you stand,
be the soul of that place.

designed by Katelyn Goode

Tianna Bennett

Smiling doesn't always mean you are happy. Sometimes it simply means you are a strong person.

Rachel Benttinen

We do not remember days,
we remember moments.

Mya Berler

I'll rise up... I'll rise like the day,
I'll rise unafraid and I'll do it a
thousand times again.
- Andra Day

Daniel Biron-Couture

Sarah Blackington

If no one comes from the future to stop you from doing it, then how bad of a decision can it really be?

Gary Blazis

I will not go. Prefer a Feast of Friends
To the Giant Family.
- JM

Mateus Boemer

The problem with growing up is that once you're grown up, the people who aren't grown up aren't fun anymore.
- Lev Grossman

Zoe Booras

Everyone told me to take life by the wheel...if only I was tall enough to see over it.

Lucas Borges

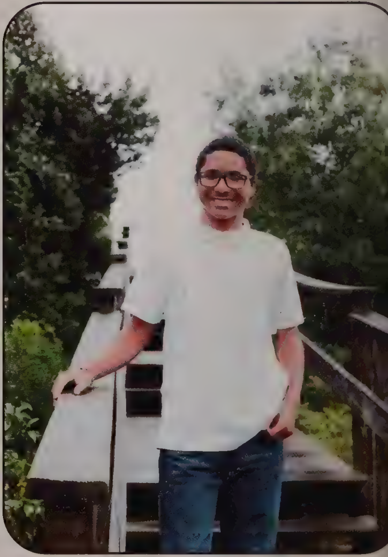
Risk is what keeps us young.
- Jordan Belfort

Isabella Britton

Ok.

Reshawn Brooks

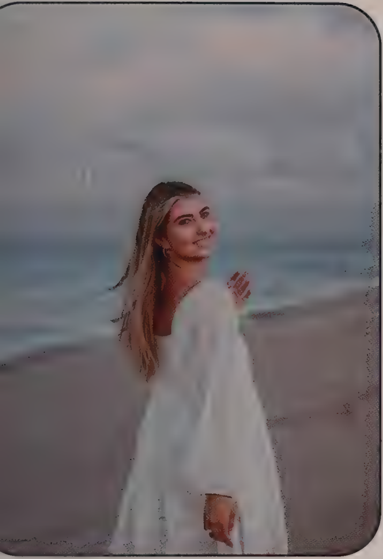
I am not yet finished; I'm just getting started. We are going to make it at the end of the day.



Lemar Brown

Life is not about waiting for the storm to pass, but learning to dance in the rain.

designed by Stephanie Ribeiro



Olivia Bowdoin

Live like tomorrow doesn't exist.

Richard Brann

Titanic, 3:04:43

Tressa Breen

I don't know what I'm going to do
with my life.
- Chandler Bing

Elizabeth Brox

Know your worth,
even in the midst of it.

Braden Burke

Life without dreaming is a
life without meaning.
- Wale

Andrew Cabral

Sometimes I speak and I feel like
it ain't my words like I'm just a vessel
channeling inside this universe...

Derek Cabral

Sometimes you will never know the value of a moment until it becomes a memory.

Jevan Cabral

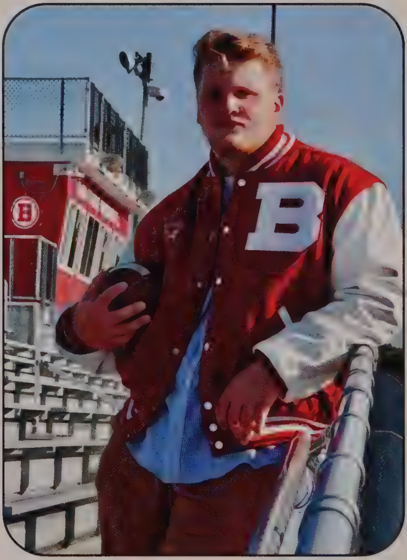
Life is what you make it.

John Cadet

We all have ideas. I'm using my quot to tell you to make your ideas a reality. Now is the time.

Isabella Campos

Be kind. Always. Everyone you meet is fighting a battle you know nothing about.



Aidan Canty

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenges and controversy.

Riley Carpenter

Today is where your book begins.
- Natasha Bedingfield

Designed by Stephanie Ribeiro

Melissa Caldas

ve learned so much from my mistakes,
I'm thinking of making a few more.

Anthony Calla

Life is not a spectator sport. If you're going to spend your whole life in the grandstand just watching what goes on, in my opinion you're wasting your life.

Kelly Calle Fernandez

To live a creative life, we must lose our fear of being wrong.

Tajay Carter

Julia Carvalho

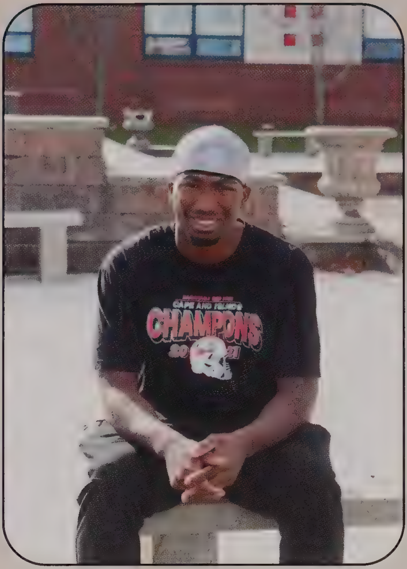
The Office, season 7,
episode 19, minute 14:45

Octavio Carvalho

Education is the passport to the future,
for tomorrow belongs to those
who prepare for it today.
- Malcom X

Kaelan Cassidy

Take chances and never have regrets because at one point everything you did was exactly what you wanted.



Ashbery Cheron

The ability to learn is a gift,
even when pain is our teacher.

Jackson Chesbro

Once you've wrestled, everything
else in life is easy.
- Dan Gable

Laura Cogswell

Life changes, but I wouldn't
change it for the world.
- Thomas Rhett

Gianna Confer

Live, laugh, love Sosa.

Ronan Contrino

Go West, Young Man.

designed by Riley Carpenter

Sophia Childs

Everything happens
for a reason.

Aidan Clark

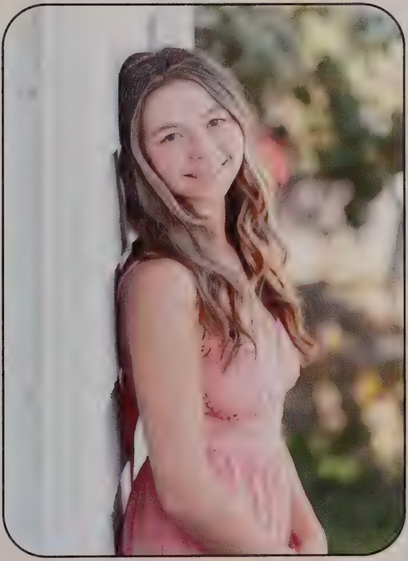
Your future is only as good as
the work you put into it.

Hannah Clark

How long are you going to wait before
you demand the best for yourself?
- Epictetus

Kailey Cordeira

Enjoy it. Because it's happening.
- Stephen Chbosky



Emma Corley

Kindness. It costs nothing,
but means everything.

Kaya Cormier

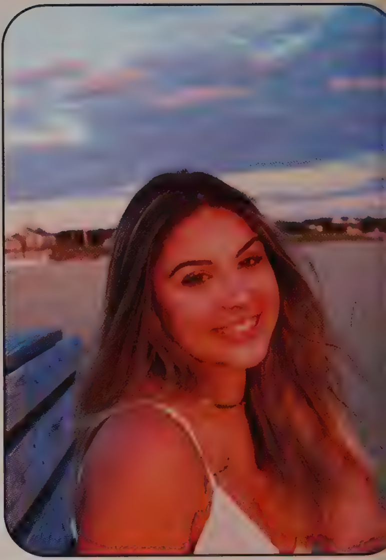
You may be talented, but you're
not Kanye West.
- Kanye West

Amelia Cosgrove

A boy should be like a bowl of cornflakes; harmless, corn, dangerous, grand canyon, two inches tall.

Jayson Costa

The only book I read in high school was The Bible.



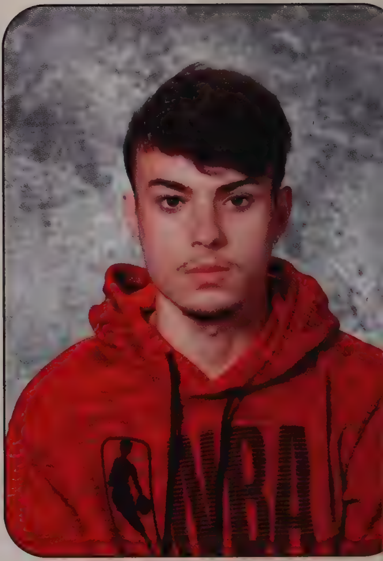
Maria Eduarda Cost

Carlotta Crudele

Italians do it better ;)

Kylie Dawson

How am I supposed to live, laugh, love in these conditions?



Enzo De Castro

Max Cotton

Life is like riding a bicycle.
To keep your balance, you
must keep moving.
- Albert Einstein

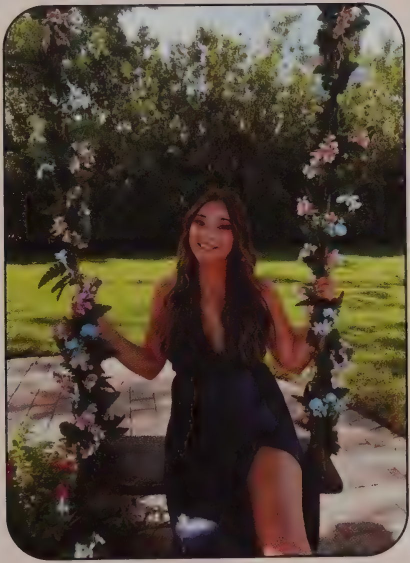
Max Coy

Delaney Cronan

If you're happy doing what you're doing,
no one can tell you you're not successful.
- Harry Styles

Lavinia De Freitas

Things happen for a reason. It's what
ou make of it that counts. Stay strong
and keep pushing forward!



Gabriela Maria DeOliveira

I would like to personally thank
Photomath and Google.

Gabriel DeAzevedo

If you think about it, it will be over
in no time and that's life.
- Frank Ocean

Alishanee DeBarros

I DID IT!
LIFE IS GREAT!

Gabriel Delbem

It's the heart that drives people, so build it up.

Alyssa DePasqua

Turns out, *High School Musical* was pretty unrealistic.

Stephen DiRienzo

When we can not find contentment in ourselves, it is useless to seek it elsewhere.

William Doherty

I'M SATURDATED

Shannon Donahue

We didn't realize we were making memories, we just thought we were having fun.

designed by Reagan Hicks

Michael Desa

Just be happy. They hate that.
- Kanye West

Aidan Devoe

Everything I'm not made me
everything I am.
- Kanye West

Isabella DiGiovanni

Olivia Donnellan

Normality is a paved road, it is
comfortable to walk on,
but no flowers grow there.
- Vincent Van Gogh

Ana Barbara

No matter how long it takes,
you'll do what you love.

Matthew Dunne

You can't move forward without saying
goodbye to the past.

Ayden Edwards

One person's craziness is another person's reality.

Rohan Edwards

Learn to let go of everything you fear to lose.

- Yoda

Ryann Edwards

Never worry about bad press: All that matters is if they spell your name right.

-Kate Hudson

Rebecca Europe

You don't just wake up and become the butterfly.

- Rupi Kaur

Abigail Ewald

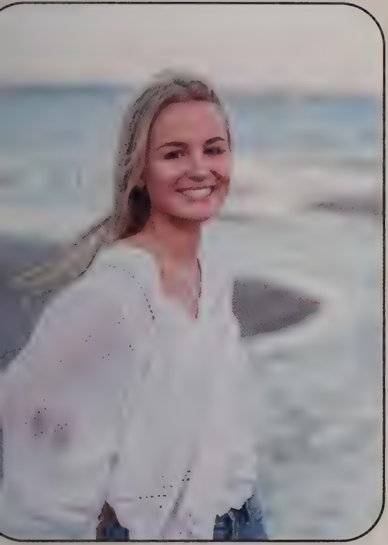
Don't let every chair be sat in.

Colin Fay

No amount of money ever bought a second of time.

- Tony Stark

Designed by Reagan Hicks



Catherine Ellis

Everything you've ever wanted
is on the other side of fear.
- George Addair

Kaden Ellis

There is no better way to grow as a person
than to do everyday something you hate.
- David Goggins

Hilda Garcia

Ethan Fena

I do school.

Caio Fernandes

Graduating was easier than jumping
over the border.

Tianna Fernandez

You only change when you become more
committed to your dreams then you are
to your comfort zone.
- Billy Cox

Marianna Field

Ambar Figueroa

How lucky I am to have something that makes saying goodbye so hard?
- Winnie the Pooh

Jonathan Finch

Don't cry over spilt milk.
- James Howell

Liam Flynn

Alex Fontaine

The moment you give up, is the moment you let someone else win.
- Kobe Bryant

Sarah Forrest

Watch out for my fists.

Cayleigh Fleming

Wildflowers don't care
where they grow.

Sean Flint

Some people want it to happen,
some wish it can happen,
others make it happen.
- MJ

Genesis Flores Bautista

But the Lord stood with me
and gave me strength.
2 Timothy 4:17

Colin Fravel

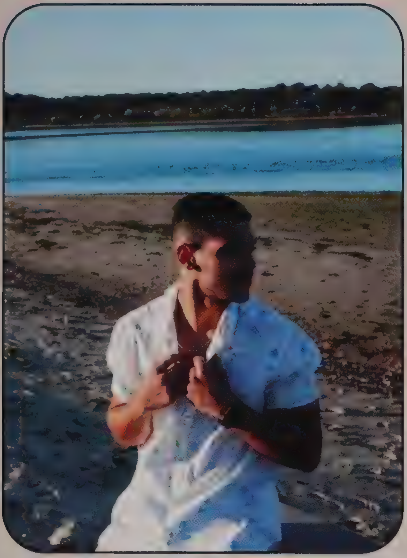
It always seems impossible
until it's done.
- Nelson Mandela

Luis Galdamez

It's my pleasure.

Michael Gallagher

No, you're not perfect,
but you're not your mistakes.
- Kanye West

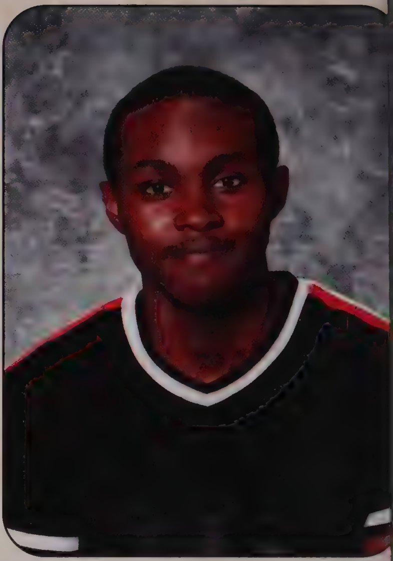


Alex Garcia Augusto

Do not pray for easy lives my friends,
pray to be... stronger men.
- John F. Kennedy

Ryan Gardiner

May your neighbors respect you,
trouble neglect you, angels protect you,
and heaven accept you.
-Drake



Aldenio Garwood

No alarm clock needed.
My passion wakes me up.
- Kyrie Irving

Katelyn Goode

Be enough for yourself first, the rest of
the world can wait.

Victoria Gorgone

Life is only as bad as
you let it be.

Olivia Gourdine

The best view comes after the
hardest climb.

Margaret Gayton

A girl's gotta be ready. You never know when a clear stretch of road and the right moment will come along.

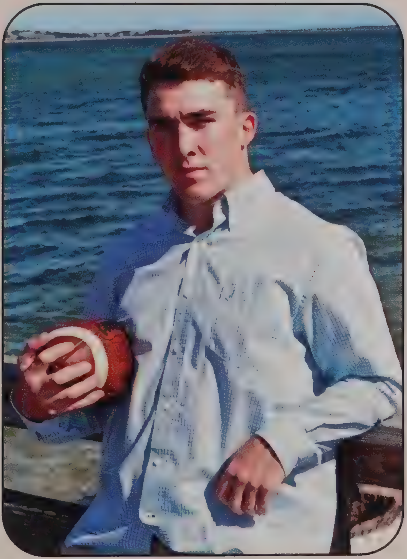
Lilly Gleason

Yes, I was the one with the wheelie backpack. At least I don't have crippling back pain.

Sophia Goldstein

We don't make mistakes, we just have happy little accidents.
- Bob Ross

JaeQuan Grant

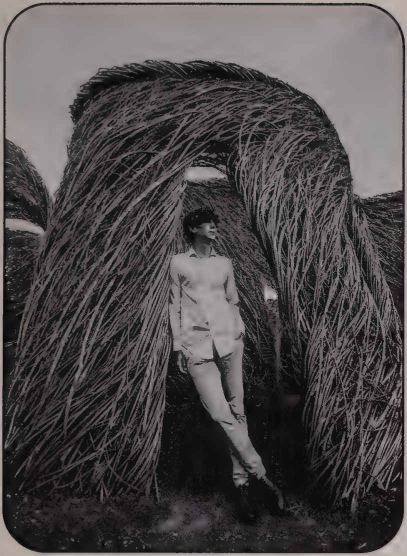


Gibson Guimond

Last name ever, first name greatest, like a sprained ankle boy I ain't nothing to play with.

Jessica Guo

I have to be successful because I like expensive things.



Shawn Haislet

Life moves pretty fast. If you don't stop
and look around once in a while,
you could miss it.
-Ferris Bueller

Caline Halbert

You just gotta keep livin' man,
L-I-V-I-N.
- Matthew McConaughey

Brianna Hall

Hey dad, I did it.

Bianca Harris

Before you take a win, you've got to
take a thousand losses.
- Rod Wave

Quinn Hawkins

Everybody's free to wear sunscreen.
- Baz Luhrmann

Alexia Healey

The best is yet to come.

Designed by Kailey Cordeira

Matthew Hamilton

HULK SMASH!

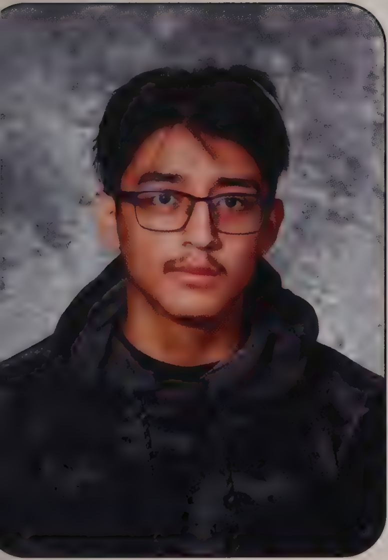
Dylan Hammons

We mortals are but shadows and dust.

Shealynn Hardy

01/16/1926

18.2029° N, 63.0869° W



Kevin Heras-Pino

Drew Herlihy

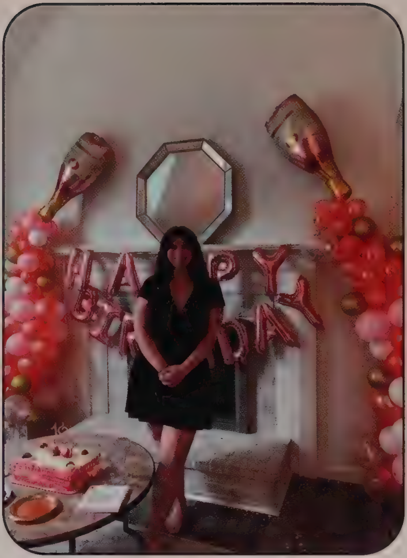
Kyle Hicks

$2-$5 a pop

#Candyman

Reagan Hicks

Before I do anything, I ask myself "Would an idiot do that?" and if the answer is yes, I do not do that thing.
- Dwight Schrute



Inez Higgiston

Bella! Where have you been, loca?

Natacia Hines

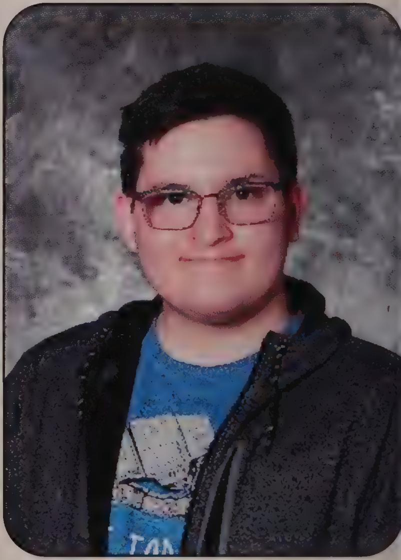
Your future is only as good as the work you put into it.

Sidney Huynh

The happier I get, the less I see.

Jorge Inoa Alvarez

In the darkest times, hope is something you give yourself. That is the meaning of inner strength.



Sean Jackson

I could buy you a hot dog.

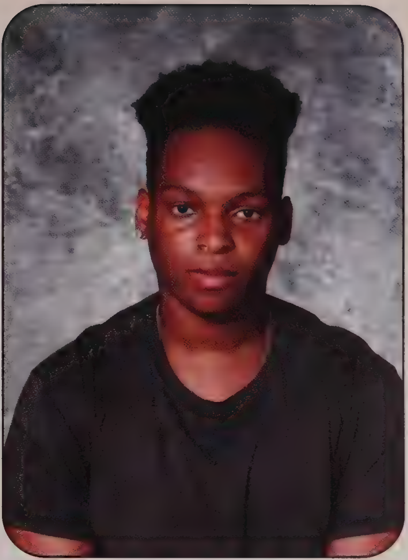
Designed by Kailey Cordeira

Ava Hischak

Time to go somewhere else.

Samuel Howell

When you are happy, you enjoy the music. But, when you are sad, you understand the lyrics.

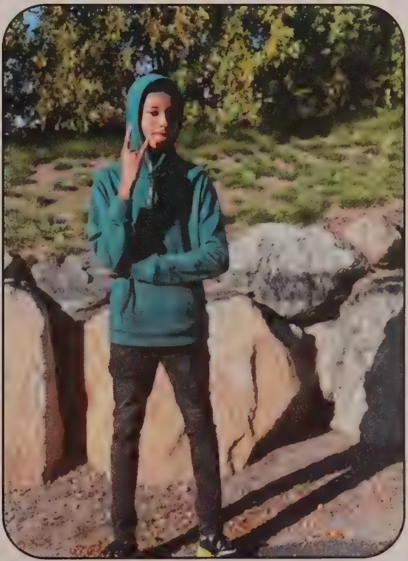


Ryheim Huie

Brendan Jackson

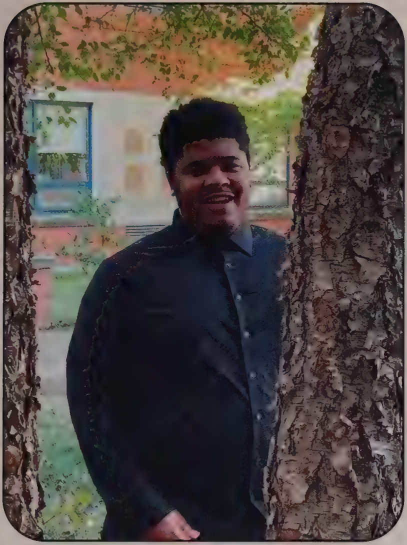
eople often think that T-Rexes couldn't clap because their arms are too short, while in reality it is because they are all dead.

Chase Jellison



Jaheem Johnson

Make your vision so clear that your fear become irrelevant.



Marcus Jones

You gonna have to catch me.

Patrick Jones

Too sexy for this world.

- Future

Will Jones

Challenges are what make life interesting. Overcoming them is wha

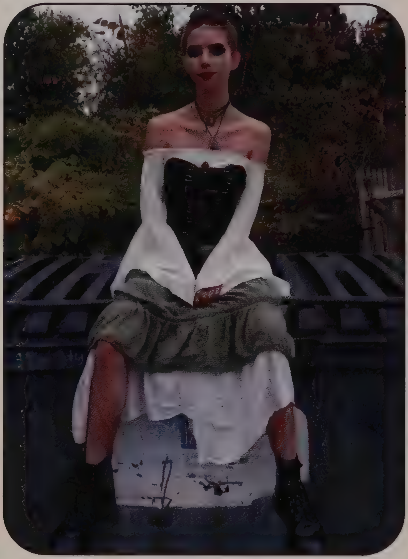
makes life meaningful.

- Joshua Marine

Michael Kearney

I'll see you guys very, very soon. Later!

- Daily Dose of Internet



Sarah Kearns

MEH!!!

Sean Kelly

If you have a dream, don't wait. Act.

One of life's little rules.

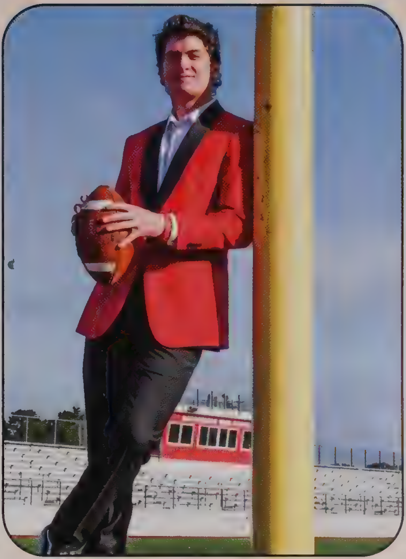
- Axel

Izabelle Jonsson

Imagination is the only weapon in the war against reality.
- Cheshire Cat

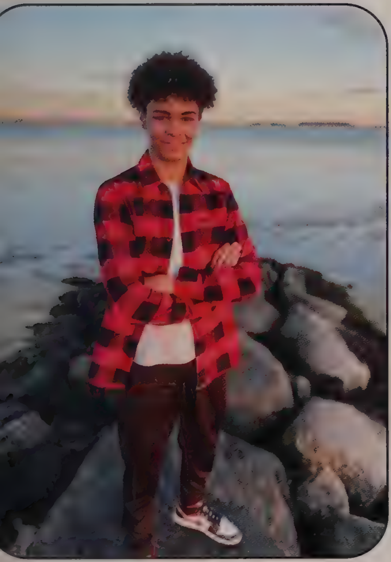
Eugene Jordan

That doesn't make any sense.



Alec Joyce

It's not the size of the dog in the fight, it's the size of the fight in the dog.
- Mark Twain



Kevin King

A lot of the time, you're going into a situation you know nothing about. So what you need is to be quick to act, and make tough decisions in worst-case scenarios.

Tess Kjoller

Is it 1:55 yet?

Alexander Klett

I got a sweet tooth, but I stay away from suckers.
- Young Dolph

Addison Krafton

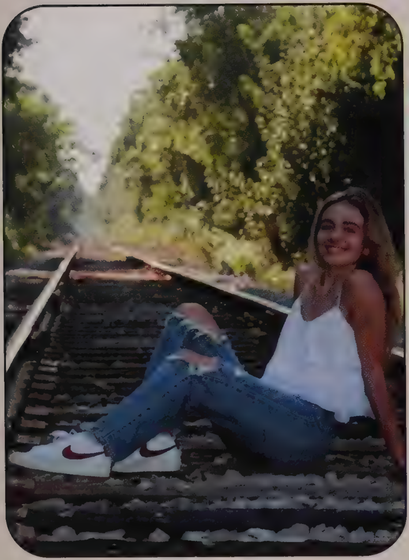
I'm taking all the negatives in my life and turning them into a positive.
- Mr. Worldwide

Adam Laber

Accept the challenges so that you can feel the exhilaration of victory.
- George S. Patton

Sadie LaBonte

So we beat on, boats against the curren
borne back ceaselessly into the past.
- F. Scott Fitzgerald



Emily Lancaster

Climb the ladder to success, escalator style.
-The Notorious B.I.G.

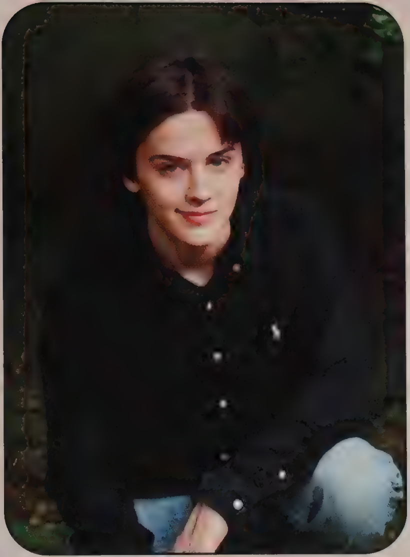
Todd Lariviere

All on a spaceship persevering, use my hands for everything but steering.
- Red Hot Chili Peppers.

Lana Lefrancois

No, I can survive well enough on m
own- if given the proper reading mate
- Sarah J. Maas

Designed by Julia Abreu



Leah LaFleur

hy waste time say lot word when few word do trick?
- Kevin Malone

Seth Lague

Oh I want to get away, I want to fly away, yeah yeah yeah.
- Lenny Kravitz

Molly Lamothe

Life is short, the world is wide.
I want to make some memories.
- Donna Sheridan, *Mamma Mia*

Jonathan Leger

Anyone want to go another round?
- Nobody

Ryleigh Lehane

Do what they think you can't do.

Abigail Lockhart

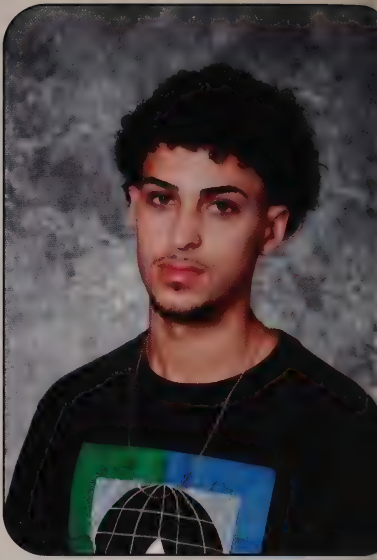
Life is choices.

Samuel Lockwood

It is not what you look at that matters,
it's what you see.
- Henry David Thoreau

Joseph Longueil

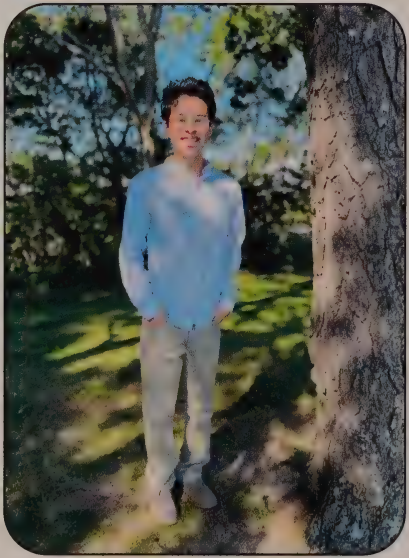
Don't take life so seriously,
no one gets out alive.



Pedro Lopes de Olivier

Annalise Manoog

Don't let the sadness from the past and fear
of the future ruin the happiness
of the present.
- Kid Cudi



Alejandro Matias

Be yourself, never let anyone stop you
from accomplishing your goals.

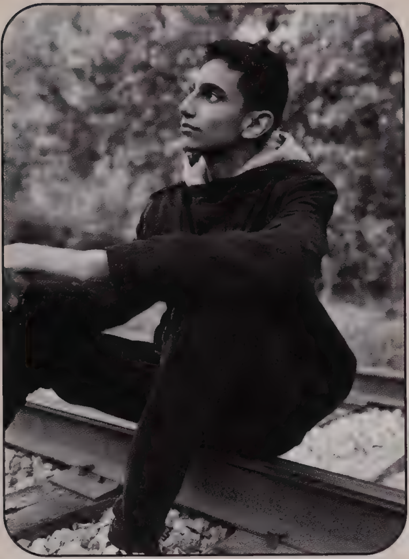
Nicole Beatriz Matias

That wasn't like
High School Musical at all.

Designed by Julia Abreu

Macy Lowery

With your mind power, your
determination, your instinct, and the
xperience as well, you can fly very high.
- Ayrton Senna



Sarvjo Lowton

Can I get a Bo'o oh wa'ar.

Alexa Lubash

Lose your dream, you lose
your mind.
- The Rolling Stones

Bruna Mattos Barboza

Yan Mazheika

I know I'm late and I took all year, but
you can stop complainin' 'cause
I'm finally here.

Lucas McCauley

We'd sit back and watch the world go by.
- Hozier

Valerie McDowell

I just work at Target.

Colin McGinn

Everybody's a critic.

Colin McGowan

Never let the fear of striking out get in your way.

Adamari Mercado

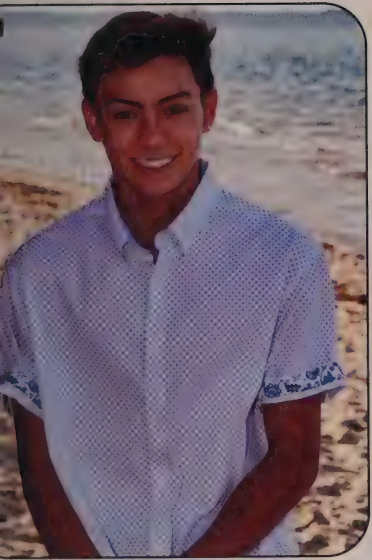
Believe you can and you're halfway there.

Thiago Milani

Como toda alegria e passageira, nenhum sofrimento é eterno.

Amanda Montcalm

I'm a senior and still can't tell between my left and right.



Matt McMorrow

People change and things go wrong,
but just remember, life goes on.
- Mac Miller

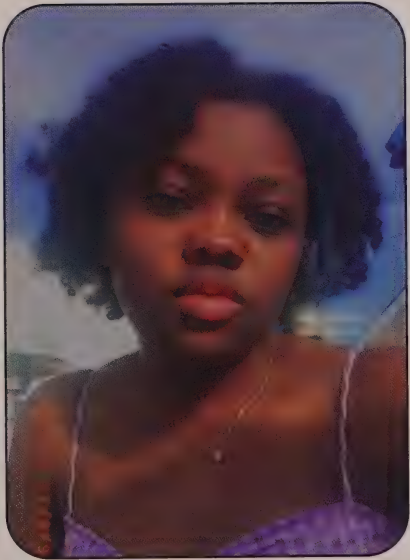
William McNamara

The less you know the better.

Shebian Meggo

Maya Moreau

I got all this panic and not
one invitation to the disco.



Sabrina Morgan

Be patient, the best things
happen unexpectedly.

Corrina Morrison

They can knock you down but never let
them knock you out, stay in the fight.
- Kendall Toole

designed by Ashbery Cheron

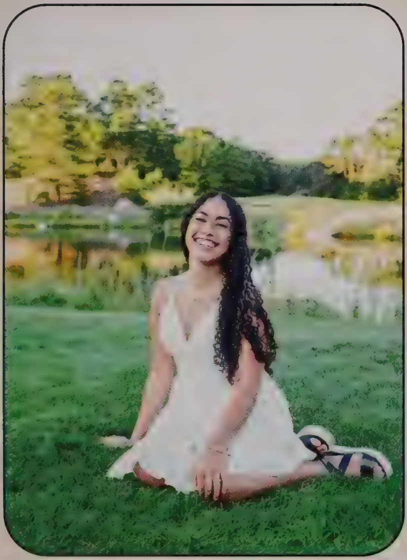
Mia Muldoon

Dierdre Mullin

The only place where success comes before work is in the dictionary.

Giana Mullins

Judge me when you are perfect.



Isadora Nascimento

We will never be this young again.

Sam Needham

These are the nights that never die.

Isabella Nese

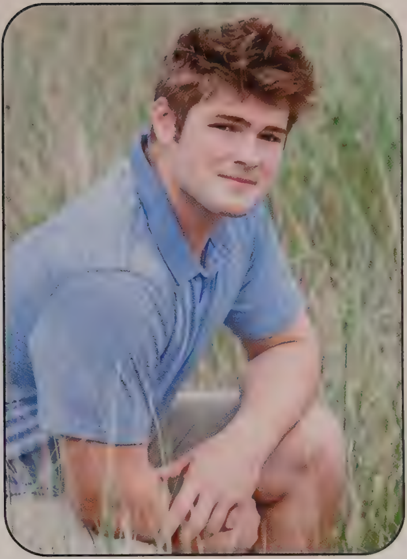
oh literally.

Andre Murphy

Listen to silence. It has so much to say.

Sadie Murphy

For your peace of mind, do not try to understand everything.



Colby Myrbeck

Life moves pretty fast. If you don't stop and look around once in a while, you could miss it.

Jacob Nikas

Every man dies.
not every man really lives.

Noah Norman

Allan Nyman

Allison Nystrom

You only live once, but if you work it right, once is enough.
- Joe E. Lewis

Parker O'Connell

That was boring.
- Jack Paquette

Janae O'Master

Not even.

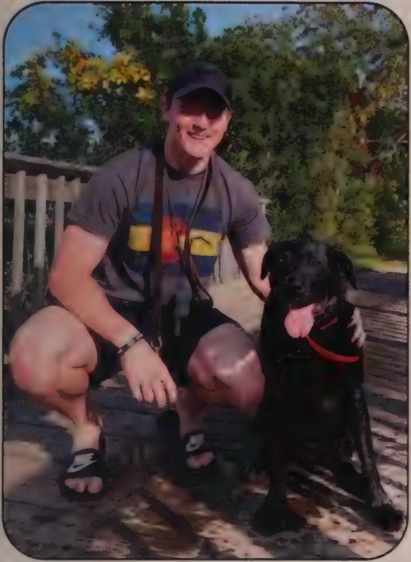
Erika Owen

was released from her four year sentence.

Henrique Padilha

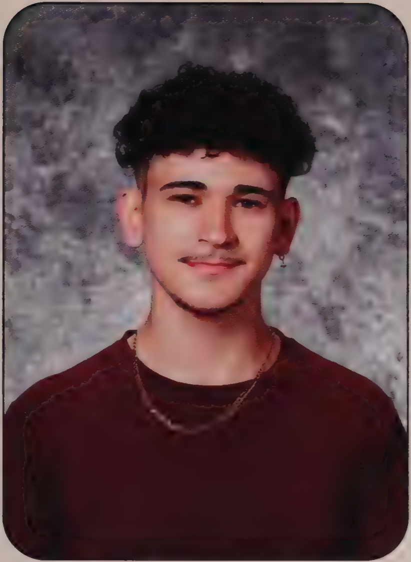
Phoebe Papavasiliou

Yesterday is history, tomorrow is a mystery, but today is a gift.
That is why it is called the present.
- Master Oogway



Patrick O'Neill

A strong man who has power all his life may lose respect for that power, but a weak man knows the value of strength and has compassion.



Keven Oliveira

Torrisa Openshaw

You own the love that you give freely to others.

Jack Paquette

That was boring.

Nora Penni

This is the golden age of something good and right and real.
- Taylor Swift

Isadora Pereira

Too many of us are not living our dreams because we are living our fears.
- Les Brown

Larissa Pereira

None of my assignments are done
but I sure am, later losers!

Jenyffer Pereira Dos Santos

Life moves very fast. If you don't stop
and enjoy it once and a while,
you can lose.

Rivaldo Persaud

Melissa Pogorelc

Every little thing
is going to be alright.

Juan Portilla

Real eyes realize real lies.

Penelope Powers

What lies behind us and what
lies before us are small matters
compared to what lies within us.
- Ralph Waldo Emerson

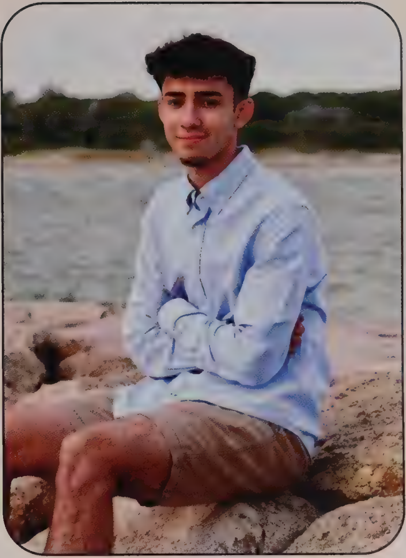
designed by Caroline DeFeudis

Grayson Pina

Remember: dreams don't work unless you do, do better than good enough.

Jocelynn Pires

I want it the most.



Eric Pleitez-Hercules

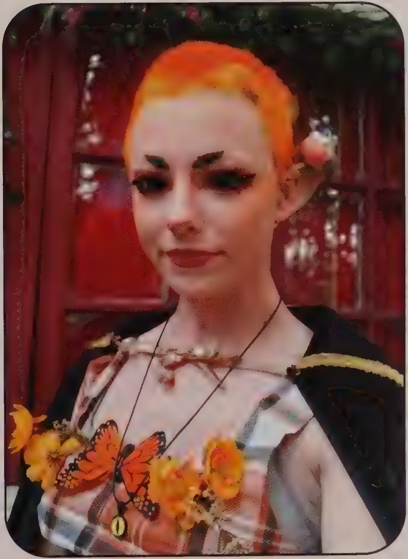
Futures don't make themselves, you have to create them.

Logan Price

The future waits for nobody.

Mia Prifti

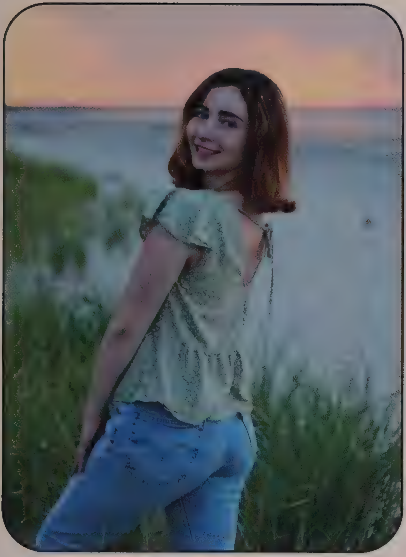
I sawed this boat in half.
- Flex Tape Man



Robin Provost

It is a known and scientific fact that in this world you will never be as cool as lesbians.

designed by Caroline DeFeudis



Ava Radford

Life is a journey that's not measured in miles or years, but in experiences.
- Jimmy Buffett

Ellianna Ramos

Be messy and complicated and afraid and show up anyway.
- Glennon Doyle Melton

Jaheem Ramsay

Dreams don't come true unless you believe in them.

Gustavo Reis Vicente

Your sadness will give up if you keep believing in happiness.

Stephanie Ribeiro

Whenever you find yourself on the side of the majority, it is time to pause and reflect.
- Mark Twain

Jose Rivera

That's the thing about books, they let you travel without moving your feet.

designed by Caroline DeFeudis

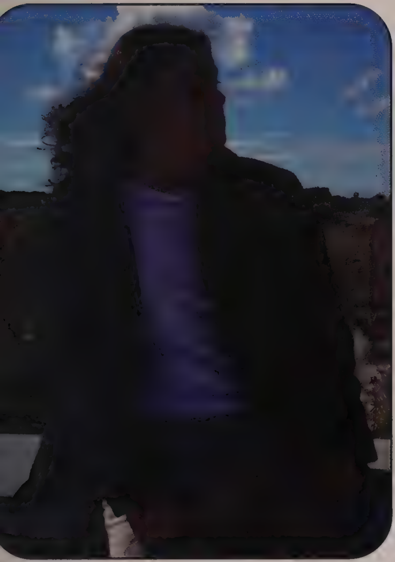
Jahmar Ramsay

Don't live someone else's dream,
find your own.

Kelley Reardon

Don't mine at night.

Jeremy Rebello

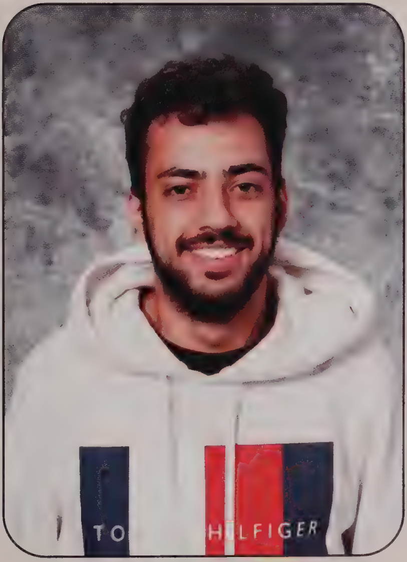


Nicollas Roberto

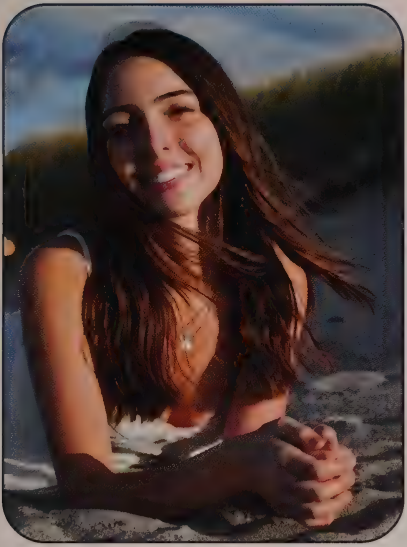
He's done miracles on me.

Rafael Rodrigues

Seja a luz que ilumina, seja
esperança e nunca desista! Pois eles
precisam e confiam em você.



Samuel Rodrigues



Makenzi Rojee

You can't move forward without saying goodbye to the past.

Audrey Royce

Don't gotta be perfect, just keep it real.
- Post Malone

Madison Rubin

We don't really know where this goes and I'm not sure we really care.
- Bob Ross

Ashleigh Santheson

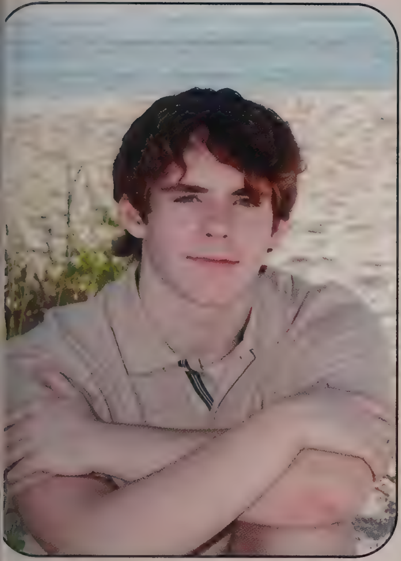
In twenty years you will be more disappointed by what you didn't do than by what you did.
- Mark Twain

Emily Santos

Working hard is important but there is something that matters even more; believing in yourself.
- Harry Potter

Dylan Sattler

When's this due?



Sean Ruggieri

Have a red raider day!

Roanique Sanderson

Vitoria Ester Sandri

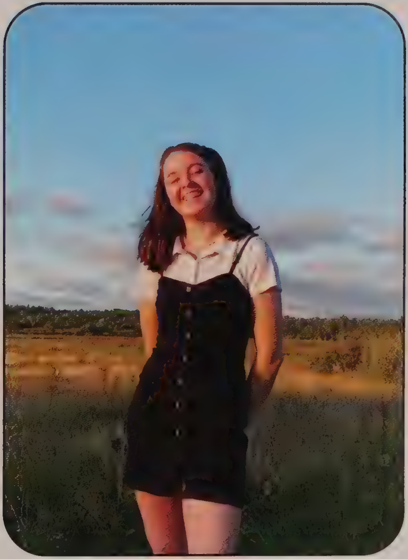
They asked me to write something.
So here it is: something.

Drew Saunders

f statistics ruled the decisions in my life,
I would not be where I am today.
- Logan Paul

Jenna Schmidt

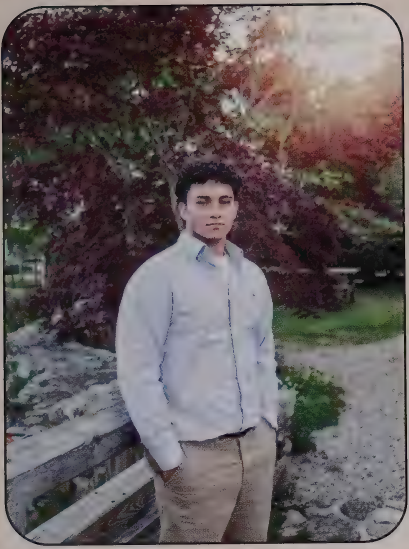
How can you not be romantic
about football?
- Aaron Rodgers



Elly Sherman

To do a dangerous thing with style
is what I call art.
- Charles Bukowski

designed by Olivia Donnellan

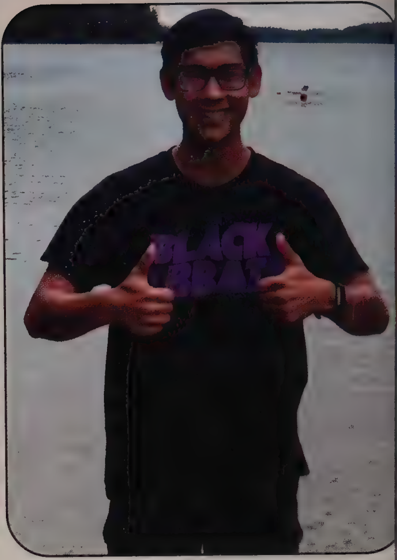


Bryan Silva

Futures don't make themselves.
You have to create them.

Jeremiah Singer

I run in circles competitively.



Sean Singh

Remember, you can't please everyone
you are not pizza.

Logan Smith

Barbara Souza

Mommy C's favorite kid 02

Veronica Spagnuol

Impermanence: that is that everything i
changing in our minds our bodies and t
world around us.

designed by Olivia Donnellan

Mary Sives

Well done is better than well said ...

Ian Skirvan

If you are afraid of failure,
you don't deserve to be successful.
- Charles Barkley

Alex Smith

When the last bell rings,
I'm actually going to miss this place...
Where did the time go?

Haley Spagone

Listen, smile, agree, then do whatever you were going to do anyway.

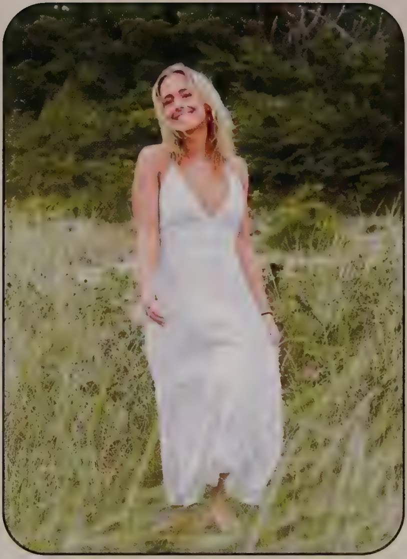
Joshua Stanley

We will chase perfection, and we will chase it relentlessly, knowing all the while we can never attain it. But along the way, we shall catch excellence.
- Vince Lombardi

Justin Steenstra

The credit belongs to the man who is actually in the arena whose face is marred by dust and sweat and blood; who strives valiantly; because there is no effort without error and shortcoming.
- Theodore Roosevelt

Makayla Steinmueller

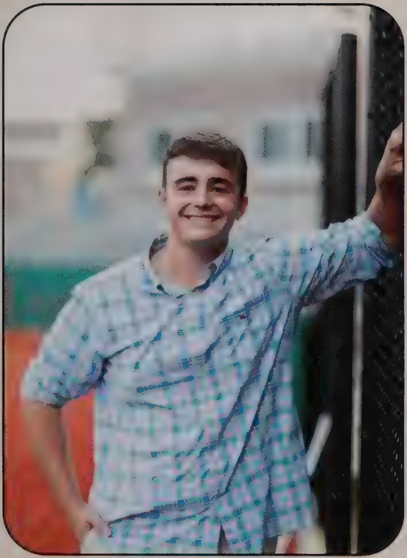


Kora Stringer

Everyone's replaceable.
Not me though. Stay safe y'all.

Daniel P. Sullivan IV

This is what happens
when you play God
- quote from some movie



Benjamin Tarbox

A smooth sea never
made a skilled sailor.
- Franklin D. Roosevelt

Jordan Tavares

God, how many Green Kia Souls
am I going to see today?

Razaine Taylor

Mindset is what separates
the best from the rest.

designed by Ellie O'Toole

Paul Sullivan

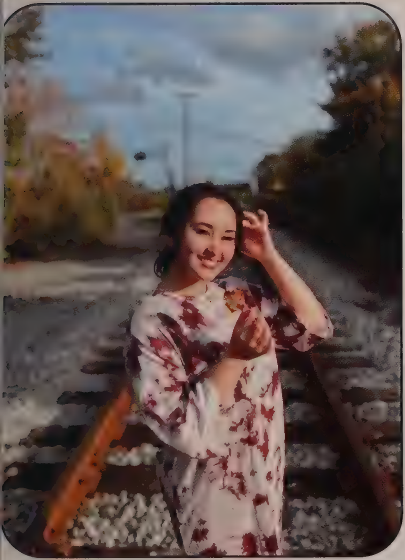
Time flies whether you're having fun
or not. The choice is yours.

Mya Sutton

I'm outta here. See you guys later!

Darin Sweck

In every difficulty lies opportunity.



Maria Olivia Tejada

Shirley Tenezaca

If you got it, flaunt it.

Nathan Thomas

You only have one life.
Don't live in it with regret.

Jazzelle Tomkus

Forget the mistake,
remember the lesson.

Maria Eduarda Tonial

Melvin Torres De Leo

C'est La Vie

Alyssa Tyler

It was the end of a decade
but the start of an age.
- Taylor Swift

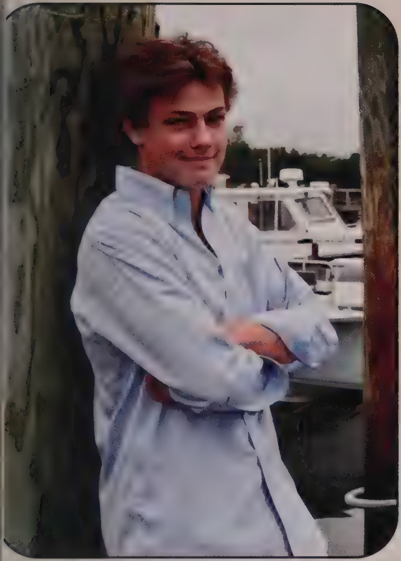
Alexi Varetimos

The best things in life, the very best
things, happen unexpectedly
- Mamma Mia

Alivia Varetimos

May the rest of our lives be the
best of our lives.
- Mamma Mia! Here We Go Again

designed by Ellie O'Toole



Robinson Traywick

Bad decisions make
great memories.

Lexie Trezise

Lets live it up!

Nolan Turner

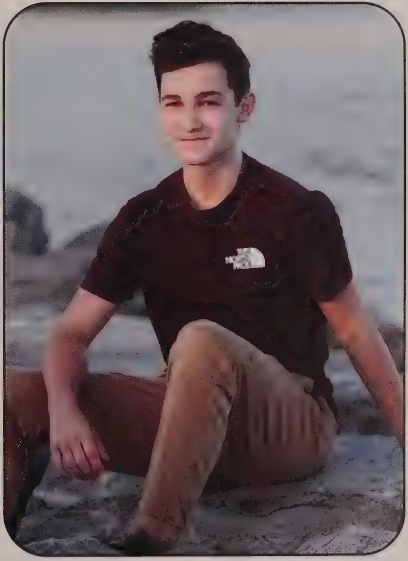
Everything I'm not makes me
everything I am.
- Kanye West

Gabriel Verga

Pessoas de duas caras tem o mesmo
defeito, fica em cima do muro e acaba
tomando tiro dos dois lados.

Madeline Vermette

Just when the caterpillar thought
the world was over,
it became a butterfly.



Jayden Vincent

Don't put anything stupid for
your senior quote.
- Mom

Quinn Wellbeloved

You can't move forward
without saying goodbye to the past.

Owen Welch-Viens

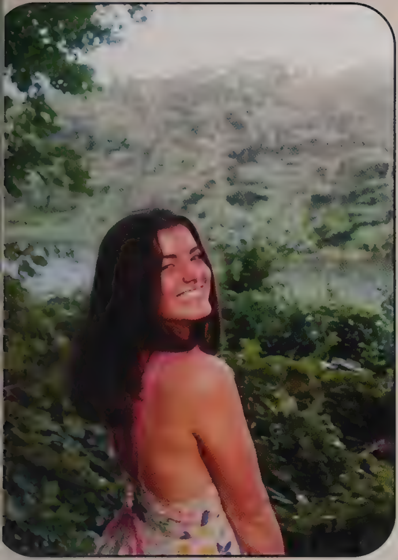
I can see for miles up here.
- Kipper the Dog

Makayla Williams

Be yourself, someone's
gonna love that.

Sarah Zink

Only God can judge me.
- Tupac



Maya Wilson-Ehrenthal

Enjoy the space between
where you are and where
you are going.

Garrett Wiseman

You and I will always be back then.
- BMO

Chris-Ann Wynter

People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is light from within.

Every new ***beginning*** comes
from another ***beginning's***
end . . .

it's a SIGN of

Blizzard warnings were issued for a large stretch of the east coast ranging from Virginia all the way to Maine, on January 3rd. The storm left 190,000 Cape Codders without power and two feet of snow!

January 3, 2018

Winter Watch

On Valentine's Day 2018, the deadliest school shooting happened at Marjory Stoneman Douglas High School. The shooting caused outcry all over the country prompting the March For Our Lives movement.

February 14, 2018

School Shooting

On this day, the Boston Red Sox won the World Series for the first time since 2013. They crushed the Los Angeles Dodgers with a 4-1 win. Many Barnstable students took the following Wednesday off school to attend celebrations during the Red Sox Parade.

October 28, 2018

World Series Win

In the fall of 2018, a simple campfire quickly turned into the deadliest and most destructive fire in California history. Destroying 153,336 acres of land, this was only one of 7,571 wildfires spreading through the state in 2018.

November 8, 2018

Wildfires Ablaze

January 26, 2020

Kobe Tragedy

On this day, a routine trip to a youth basketball game ended in a tragedy. Retired LA Laker basketball star Kobe Bryant, his 13 year old daughter, and seven others were killed in a helicopter crash. This loss didn't just leave NBA fans devastated, but people all over the world joined together to remember the lives lost in this accident. Kobe left behind his wife and three kids.

September 18, 2020

RBG Dies

Supreme Court Justice Ruth Bader Ginsburg, the second woman to serve on the high court and a legal pioneer for gender equality dies at the age of 87. She was most notable for her dedication to enhance the rights of women, protect affirmative action and minority voting rights, and defend a woman's right to choose.

May 25, 2020

BLM Movement

The murder of George Floyd by police officer Derek Chauvin led to protest all over the world pushing for police reform and justice for Floyd and his family. The protests started in Minneapolis but reached sixty countries and all seven continents. Chauvin was found guilty on three charges and was sentenced to a maximum of forty years behind bars.

January 6, 2021

Capitol Insurrection

An insurrection at The Capitol left five people dead and many injured. The threat t democracy was a demonstratio by right winged conservatives in an attempt to take back thei country. The event was instigated by former President Donald Trump after he said, "W fight like hell. And if you don't fight like hell, you're not going to have a country anymore."

designed by Olivia Donnellan

the TIMES

Prior to July 23, 2019 Cape od had only ever seen three ornados. But in the span of twenty minutes, that total oubled. One tornado touched own at 11:57am, ripping the roof off of Cape Sands Inn.

In 2019, the Barnstable library completed a $3.5M renovation, $1M of which was spent on "Smart Glass". The new library consists of comfortable seating areas, moveable modular furniture with plug-ins for laptops and interactive television screens everywhere.

Thirty-three parents were charged with buying their children into elite colleges. Of these convicted parents were Full House star Lori Loughlin and her husband, who sent their daughters to University of Southern California on fake rowing scholarships- costing them half a million dollars.

The World Health Organization declared Covid-19 a Public Health Emergency of International Concern. By the end of the month the global death toll was at 171, but by the end of the 2020 year, the death toll grew to 1,813,188.

July 23, 2019

Tornado Strike

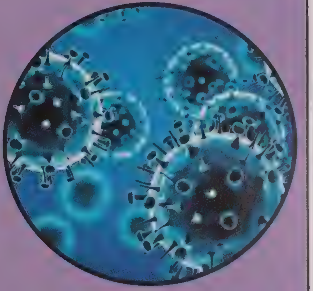
March 1, 2019

Library Renovation

March 12, 2019

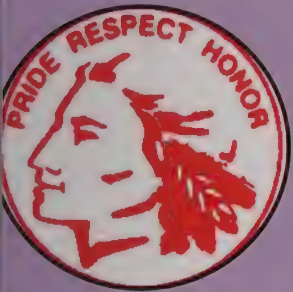
College Scandal

January 30, 2020



COVID-19

March 18, 2021



Out with the Old

July 1, 2021

New Principal

October 26, 2021

Unsuspected Nor'easter

January 3, 2022

Traffic Jam

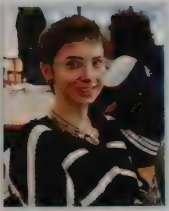
After calls to respect ndigenous tribes, Barnstable High School changes their ascot from the Red Raider to he RedHawks. The school has owly begun painting over the old logo on walls, but it remains in places like the gymnasium floor, baseball eld, and even stop signs. More enovations are to be expected in the coming years.

Principle Elizabeth Freedman begins her first day on the job! The longtime Massachusetts administrator announced her entry plan in September and is all about getting to know the students here at BHS and creating a safe and inclusive learning environment.

A Nor'easter takes Cape Cod by surprise after previous storm predictions fizzled. Superintendent Meg Mayo-Brown announced a 2 hour delay for the start of school Wednesday, but that quickly turned into a three day vacation for Barnstable students. Expected winds of 45-50 mph, turned into hurricane like winds with 94mph gusts. 152,000 homes were left without power, gas stations closed, and roads were shut down due to fallen trees and power lines.

Snowfall paralyzed the east coasts busiest highway. Thousands of drivers were left stranded on the stretch of I95 for over 24 hours. Many people ran out of gas, heat, food and water. Some TikTok users even gave people an inside look into what it's like not having access to a restroom or heat for 24 hours while surrounded by hundreds of people.

a closer look with the class


"Hot Cheez-Its."
- Sarah Kearns

"Rice Krispie treats & cereal."
- Michael Desa

"Five Guys burger with strawberry milkshake."
- Josh Stanley

what's your **favorite** or go-to snack?

"The original blue bag of Chex Mix."
- Parker O'Connell

"Smartfood popcorn."
- William Doherty

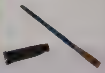
"Coffee vanilla swirl cone from Par-Tee-Freeze."
- Ava Radford

Oh no! You're **STRANDED** on an island...what do you bring?

"My boxer mix named Platinum."
- Jahmar Ramsay

"Thai tea boba from the mall food court."
-Dierde Mullin

"A speaker so I can listen to music."
- Aidan Devoe

"I would bring a painting set, so I could paint the sky or the ocean ."

- Julia Abreu

ANNOYINGLY AWKWARD MOMENTS...

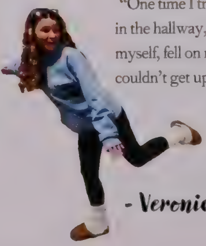
"I pulled a U-ey out of school and ran over the curb when trying to leave."

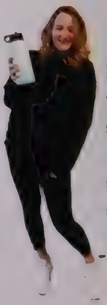
- Tess Kjeller

"My first volleyball game I got put in to play, I tripped over my own foot and missed the ball."

- Cayleigh Fleming

"When I split my pants in building M."
- Bryan Silva


"One time I tried to trip my friend in the hallway, but then tripped myself, fell on my back and couldn't get up. My friend was so embarrassed she just walked away and pretended I wasn't there..."
- Veronica Spagnuolo


"Dropping my hydro flask down the rainbow staircase and having the entire school go dead silent my freshman year."
- Laura Cogswe

Designed by Steph Ribeiro + Ashbery Cheron

Hidden Talents...

"Eating thirteen strawberry cups in one lunch."

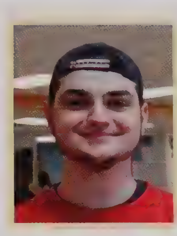
Colby Myrbeck

"I can play the electric and acoustic guitar."

- Derek Cabral

"I can clap really fast."

- Johnny Finch



" I'm weirdly good at throwing biscuits."

- Pat Jones

Looking back, what will you never forget?

" The day I met Alec Joyce."

- Joe Longueil

"I will never forget when I first learned to play the guitar. I've been playing for 12 years I have continued playing ever since. My favorite song to play is 'Banana Pancakes', by Jack Johnson."

- Lavinia De Freitas

" One time my freshman year Kyle Axtell yanked down the exit sign and took it with him."

Sean Flint

Two Truths & One Lie

with Catherine Ellis & Max Coy

1. I got a hip replacement.
2. I did gymnastics for 11 years.
3. I'm 5'3".

1. My favorite food is grapes.
2. I really like the movie Dunes with Tim Chalmet.
3. My favorite type of music is rap.

Max: one
Catherine: three

PET PEEVES

" THE GOVERNMENT, COLLEGEBOARD, AND OLIVE GARDEN."

- Alex Klett

"DOG POOP ON LAWNS, LOST TOURISTS, AND RUNNERS IN THE MIDDLE OF THE ROAD."

- Ricky Brann

" WHEN PEOPLE TAKE STUFF WITHOUT ASKING."

- Adamari Mercado

"WHEN PEOPLE CHEW WITH THEIR MOUTH OPEN."

-Shealynn Hardy

FASHION *forward*

1

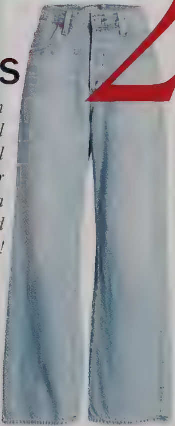
CLAW CLIPS

These trendy hair pieces can be seen in nearly every class here at BHS, and is a fan fav of many with voluminous hair.

2

FLARE JEANS

Flare jeans, a trend first seen in the 90s, is back in full swing this year. Their casual look made them a go-to for everyday looks, but with a cute top they can be dressed up easily!



3

FLANNELS

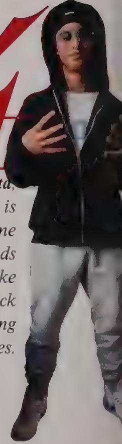
Flannels became a staple for any look this winter, whether with a sweatshirt underneath or just as is. Everyone seemed to be into this comfy wear, flooding the halls with plaid daily.

Although this class was previously stuck in sweats in front of zoom calls all junior year, these fashion icons stepped out for senior year with some fire fits! Here are some of the favs from 2021-22, and some of our most fashionable students runway walking the halls.

5

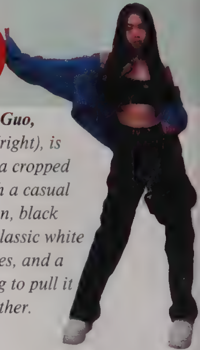
***Mary Sives,** senior (left), is seen with the loved and frequently seen converse sneakers, flare ripped jeans, and a cute top for a classic school fit.*

4



***Jayson Costa,** senior (right), is seen rocking some casual threads with classic Nike blazers, black beanie, and styling blue-tinted shades.*

6



***Jessica Guo,** senior (right), is styling a cropped top with a casual cardigan, black jeans, classic white air forces, and a cute bag to pull it all together.*

7

***Matt McMorrow,** senior (left), is wearing a fit scene on most, with khakis, a hoodie, and a flannel to pull it all together.*

8

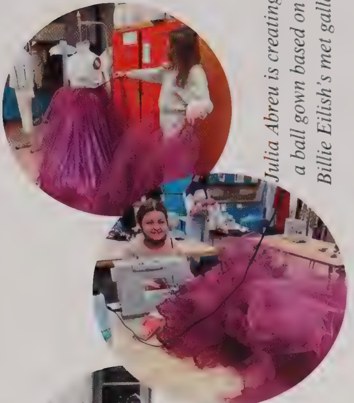
***Ashbery Cheron,** senior (left), is looking fly with a monochrome blue fit with scattering butterflies, and his classic matching durag that always pulls his looks together.*

designed by Kailey Cordeira

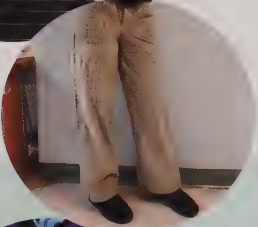
Senior LINES Shine

ome seniors step it up and
en't just wearing designer,
they are the designers!

Julia trying on the underskirt of her ball gown, the master piece of her senior line!



Julia Abreu is creating a ball gown based on Billie Eilish's met galla

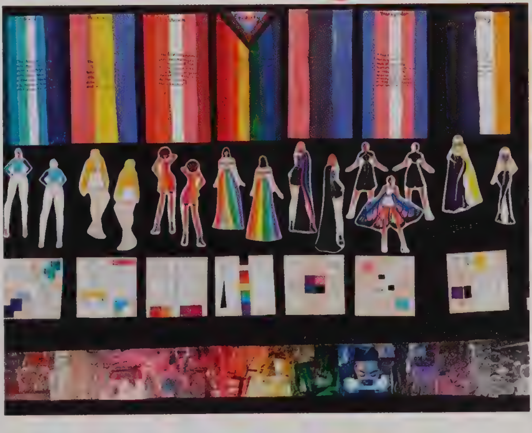


Susie Bernard's cute casual cargo pants

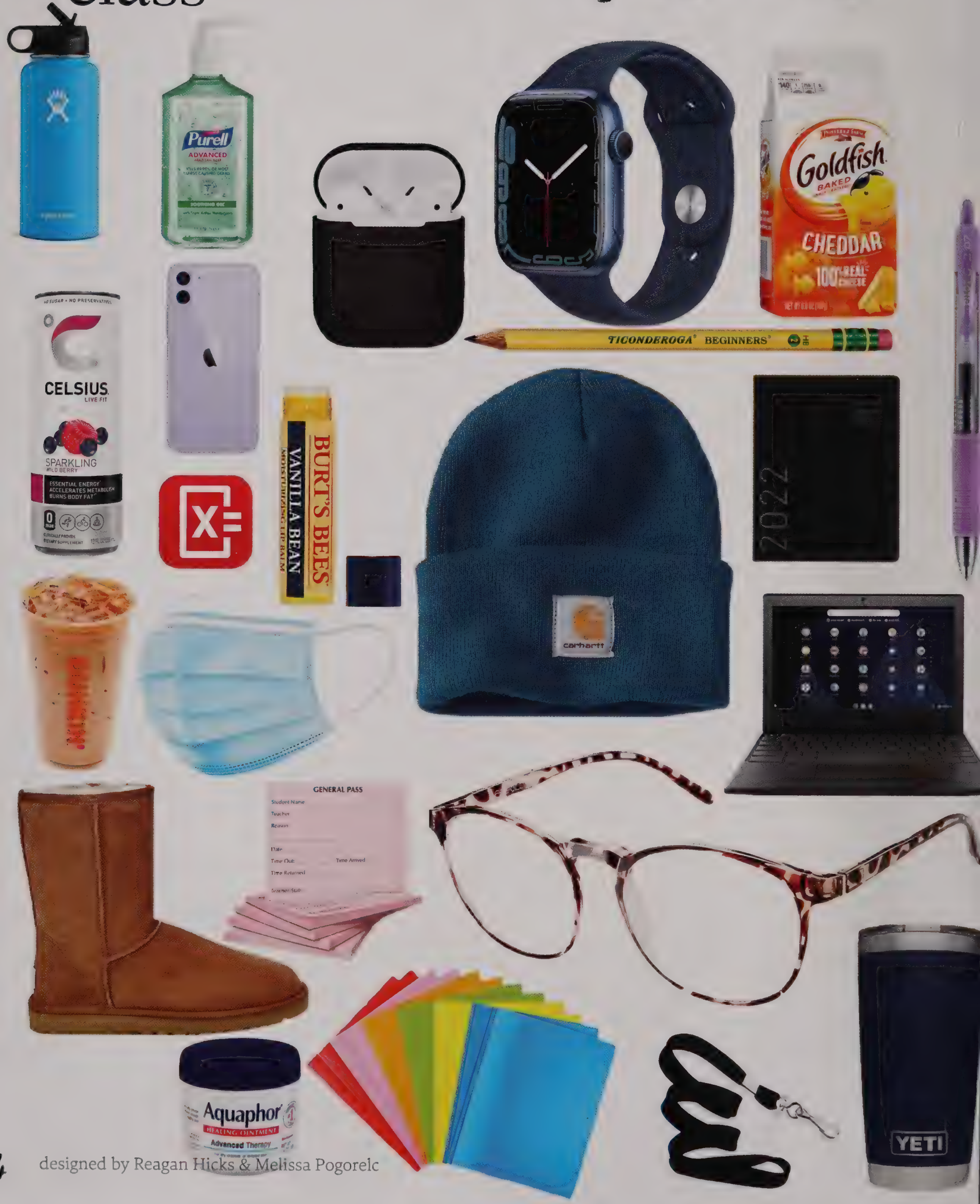
Susie's technical drawings for her designs!

Robin at work in the fashion design room creating a pride flag dress

Robin Provost has designed an entire line based off the pride flags. Pictured is the design board and vision for the line. Robin wants to bring awareness to LBGTQ+ in high schools. Robin loves fashion design because of the people and creativity it surrounds you with.



senior class must-haves



designed by Reagan Hicks & Melissa Pogorelc

hat do Barnstable seniors need to survive through each day?

minty fresh

Mya Berler chews her mint gum to keep her awake each early morning.

staying ahead

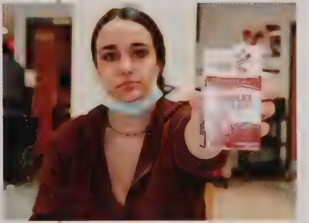
Hannah Clark needs her planner to keep track of everything she needs to get done.

smooth & silky

Aquaphor, a moisture- rich balm, is **Neely Alger's** go- to in the winter months.

tip top shape

Melvin Torres De Leon has his rounded pencil at all times, ready for school!



udderly delicious

In order to stay strong, **Kailey Cordeira** fuels her days with protein-packed chocolate milk.

20/20 vision

Ryleigh Lehane's essential item is her glasses. She always has them on to help her see clearly.

boppin' around

You can always find **Zoe Booras, Rachel Benttinen,** and **Kylie Dawson** listening to music with their AirPods

fill her up

Allison Nystrom strolls through the halls with her favorite green cup!

hydration station

Jayson Costa staying hydrated with his extra large water bottle.

snack attack

Olivia Gourdine is commonly found with her favorite snack, chocolate chip Little Bites, anywhere in the school.

always connected

You can catch **Tianna Fernandez** with her phone to get through her school day.

day- to -day

Dierdre Mullin is always organized with her color coordinated planner!

Back

Jill Aaltonen

Julia Abreu

Milena Agostinelli

Neely Alger

Darianny Alonzo

Kevin Barry

Teagan Barry

Tianna Bennett

Rachel Benttinen

Mya Berler

Zoe Booras

Lucas Borges

Olivia Bowdoin

Richard Brann

Tressa Breen

Jevan Cabral

John Cadet

Melissa Caldas

Anthony Calla

Kelly Calle Fernand

Kaelan Cassidy

Ashberry Cheron

Jackson Chesbro

Sophia Childs

Aidan Clark

designed by Katelyn Goode+ Ellie O'Toole

in Time

Alonna Anderson

Max Anderson

Kimberly Antonini

Kyle Axtell

Jennifer Barros-Ramos

Susie Bernard

JJ Bickford

Daniel Biron-Couture

Gary Blazis

Mateus Boemer

Isabella Britton

Reshawn Brooks

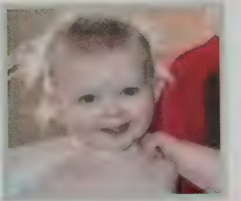
Lemar Brown

Elizabeth Brox

Braden Burke

Isabella Campos

Aidan Canty


Riley Carpenter

Julia Carvalho

Octavio Carvalho

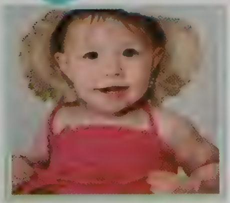
Hannah Clark

Laura Cogswell

Gianna Confer

Ronan Contrino

Kailey Cordeira


Emma Corley

Kaya Cormeir

Amelia Cosgrove

Jayson Costa

Maria Eduarda Cost

Gabriela De Oliveira

Gabriel DeAzevedo

Alishanee DeBarros

Gabriel Delburn

Alyssa DePasqua

Matthew Dunne

Ayden Edwards

Rohan Edwards

Ryann Edwards

Catherine Ellis

Tianna Fernandez

Ambar Figueroa

Jonathan Finch

Cayleigh Fleming

Sean Flint

Alex Garcia Augusto

Ryan Gardiner

Margaret Gayton

Lilly Gleason

Sophia Goldstein

Designed by Katelyn Goode+ Ellie O'Toole

Max Cotton

Delaney Cronan

Carlotta Crudele

Kylie Dawson

Lavinia De Freitas

Aidan Devoe

Stephen DiRienzo

Shannon Donahue

Olivia Donnellan

Ana Barbara

Kaden Ellis

Abigail Ewald

Colin Fay

Ethan Fena

Caio Fernandez

enesis Flores Bautista

Alex Fontaine

Sarah Forrest

Colin Fravel

Michael Gallagher

Katelyn Goode

Victoria Gorgone

Olivia Gourdine

JaeQuan Grant

Gibson Guimond

Jessica Guo

Shawn Haislet

Caline Halbert

Brianna Hall

Matthew Hamilton

Kyle Hicks

Reagan Hicks

Inez Higgiston

Samuel Howell

Sidney Huynh

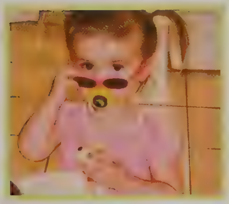
Patrick Jones

Will Jones

Izabelle Jonsson

Eugene Jordan

Alec Joyce



Addison Krafton

Adam Laber

Sadie Labonte

Leah LaFleur

Seth Lague

Ryleigh Lehane

Abigail Lockhart

Joseph Longueil

Macy Lowery

Alexa Lubash

Designed by Katelyn Goode+ Ellie O'Toole

Dylan Hammons

Shealynn Hardy

Bianca Harris

Quinn Hawkins

Alexia Healey

Jorge Inoa Alvarez

Sean Jackson

Brendan Jackson

Chase Jellison

Marcus Jones

Michael Keamey

Sean Kelly

Kevin King

Tess Kjoller

Alexander Klett

Molly Lamothe

Emily Lancaster

Todd Lariviere

Lana Lefrancois

Jonathan Leger

Annalise Manoog

Alejandro Matias

Nicole Beatriz Matias

Yan Mazheika

Lucas McCauley

Valerie McDowell

Colin McGowan

Matt McMorrow

William McNamara

Adamari Mercado

Dierdre Mullin

Giana Mullins

Sadie Murphy

Colby Myrbeck

Isadora Nascimento

Janae O'Master

Patrick O'Neill

Torrisa Openshaw

Erika Owen

Phoebe Papavasiliou

Grayson Pina

Jocelynn Pires

Eric Pleitez-Hercules

Melissa Pogorelc

Juan Portilla

Elliana Ramos

Jaheem Ramsay

Jahmar Ramsay

Kelley Reardon

Gustavo Reis Vicente

Designed by Katelyn Goode+ Ellie O'Toole

Thiago Milani

Amanda Montcalm

Maya Moreau

Sabrina Morgan

Corrina Morrison

Sam Needham

Isabella Nese

Jacob Nikas

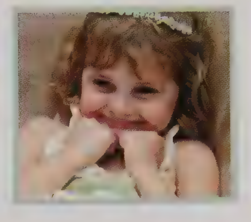
Allison Nystrom

Parker O'Connell

Jack Paquette

Nora Penni

Isadora Pereira


Larissa Pereira

Jenyffer Pereira Dos Santos

Penelope Powers

Logan Price

Mia Prifti

Robin Provost

Ava Radford

Stephanie Ribeiro

Jose Rivera

Nicollas Roberto

Rafael Rodrigues

Makenzi Rojee

Designed by Katelyn Goode+ Ellie O'Toole

Audrey Royce

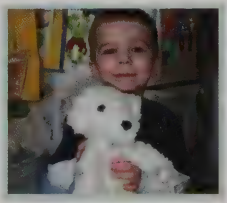
Madison Rubin

Sean Ruggieri

Vitoria Ester Sandri

Ashleigh Santheson

Bryan Silva



Jeremiah Singer

Mary Sives

Ian Skirvan

Alex Smith

Kora Stringer

Paul Sullivan

Mya Sutton

Darin Sweck

Benjamin Tarbox

Melvin Torres De Leon

Robinson Traywick

Lexie Trezise

Nolan Turner

Alyssa Tyler

Owen Welch-Viens

Quinn Wellbeloved

Makayla Williams

Maya Wilson-Ehrenthal

Garett Wiseman

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Emily Santos

Dylan Sattler

Drew Saunders

Jenna Schmidt

Elly Sherman

Barbara Souza

Veronica Spagnuolo

Haley Spagone

Joshua Stanley

Justin Steenstra

Jordan Tavares

Razaine Taylor

Maria Olivia Tejada

Shirley Tenezaca

Nathan Thomas

Alexi Varetimos

Alivia Varetimos

Gabriel Verga

Madeline Vermette

Jayden Vincent

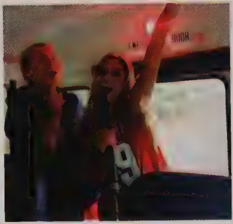
Sarah Zink

Derek Cabral

Childhood lasts all
through life.
- Gaston Bachelard

the twentytwo dispo dum

CAPTURE THE MOMENT



Developing the class of '22

"VINTAGE"

"FUN AND DIFFERENT!"

"RETRO"

What is one word to describe this trend?

"One word to describe the new trend is digital"
-Juan Portilla

"People just tryna be like old heads from the olden ages because it's aesthetic"
-Valerie McDowell

"Taking pictures on a disposable camera provides a vintage feel to moments that we want to hold onto."
- Ryann Edwards

Light & local, breakfast BLT from the Daily Paper.

Riley and Reagan get their croc on!

Quick bite at the Dog House in Dennis.

Poppy creates a fun way of saving mempries.

Snap of summer, greenery on 6A.

A NEW WAY OF CAPTURING MEMORIES

Forget the overloaded filtered iPhone photos, bring back the homestyle disposable camera. 2020 not only brought us a pandemic, an old style of photographing. The famous 90's disposable camera made a comeback for the Gen Z crowd this past year and many have taken it as a customary way to take photos. Film photos have been an interest to many and began to pop up in the typical instagram feed. Whether it be snapping pictures of your classmates or saving the film for a fun beach day with your friends, the camera is an essential item for many. Back in the early 2000s , a typical teen would walk into a CVS store to purchase a camera for $12 and walk out with a fun way of capturing life's moments. Once the 27 snaps were filled, you and your friends were heading back to the store with no idea of what the camera held. The suspense built up as you waited for that envelope filled with photos which were the ultimate surprise. Pictures that were taken but quickly forgotten became a cherished tangible memory. It was unlike a digital photo where you can instantly look at and retake for a better one, this was in the moment. A raw, unfiltered, and authentic photo of you. It didn't matter how you looked, it was plain and simple, no retakes, just a snap. The disposable camera has been around for many and is a gem that brings joy to all. As technology progresses, no digital camera can capture the warmth and grain of good old film.

designed by Steph Ribeiro and Riley Carpenter

the Barnacle

mrs. Whidden

Here in our 2022 Yearbook class, we like to call Mrs. Whidden Kwhidds! She is currently obsessed with the soundtrack from the movie "Encanto" and enjoys listening to it with her two daughters. She loves to wear earrings that express her personality: fun and colorful!

stephanie Ribeiro

You can catch this year's Yearbook Editor-in-Chief. She sees a future in to international business and hopes to run her own business in the future. If she could visit one place in the world, she would visit Thailand for the exotic culture, food, and adventures.

julia Abrew

Julia's go-to snack is goldfish and a juice pouch, as she enjoys picking out the goldfish with smiles on them. Something you may not know about her is that she is a beast at Mario Kart and is into fashion. One embarrassing moment she has from fashion design class is when her lanyard got sucked into the sewing machine and became attached to the shirt she was making.

olivia Donnellan

Liv's favorite ice cream is classic flavor "Chocolate Therapy" from Ben and Jerry's. Her dream destination is Switzerland because she is intrigued by the views she has seen from an airplane. She would love to get the chance to see the mountains and rivers in the summertime.

ellie O'Toole

Ellie is a junior on the Yearbook staff this year. Her top song on Spotify at the moment is "Ball w/o you" by 21 Savage. Since she has a lot of love for music, her role models are music icons Ariana Grande and Barbara Streisand. Her favorite thing to wear is her pink puffer jacket because it's her favorite color and it keeps her warm in the winter.

kailey Cordeira

You may not have known, but Kailey is an incredible dancer. Her most commonly used emoji is the smirking face. If Kailey could give advice to her younger self, she would tell herself to relax and have more fun (and also to stop wearing knee high socks with shorts to school!)

desinged by Caroline DeFeudis

Bunch

melissa Pogorelc

Melissa aka Mel Pogo can be seen either hitting the town doing some shopping or working on her tan at the beach. In the summertime, she enjoys a sweet treat of mint chocolate chip ice cream at a local ice cream shop. You might hear her say "Okay, that's awesome," when something great happens.

riley Carpenter

If you know Riley, you would know that she loves pink. That's why her ideal vacation would be to Australia to visit its pink beach with pink sand! Riley's spirit animal is a bunny because her nose twitches like one whenever she wears fuzzy things. She relates to Hannah Montana from the iconic movie because she likes to live by the words of her popular song, "Life's What You Make It."

reagan Hicks

Reagan, also known as Dwight Schrute's biggest fan, can be found struggling to find her cat in the ceiling. She plans to study Exercise Science at Endicott college after high school, where she will be there supporting the gulls even though her favortie bird is the mallard. If you're with her you know that she is always questioning a thought and saying "that's sus!"

ashbery Cheron

Ashbery's favorite artists are 21 Savage and J. Cole, and his current top songs on Spotify are from them. A hidden talent of his is that he can whistle the tune of "Jingle Bells." Ashbery relates most to TV character Squidward from "Spongebob Squarepants."

katelyn Goode

Katelyn's hidden talent is that she is a master at backing into parking spots. Her spirit animal would be a dolphin because they are sociable, friendly, and curious and she would love to be able to live in the ocean too.

caroline DeFeudis

Caroline, also a junior member of the Yearbook Staff this year, would love to visit Italy someday for the beautiful old buildings and landmarks. She loves all of the history that Italy has and thinks you would never get tired of exploring anything there. Her favorite snack is white cheddar Cheez-its and her most used emoji is the pink growing heart.

CLUBS of BHS

Astronomy Club

Advisor: Mr. Smith

President: **Isabelle Jonsson**

B2BTV

Advisor: Mr. Farrell & Mr. Gilbert

Members: Olivia Haywood, Jay Cornwall, Manny Riv
Olivia Commarano, Terrance Stoddard, & Novia Boy

BHS Insight

Advisor: Ms. Netto

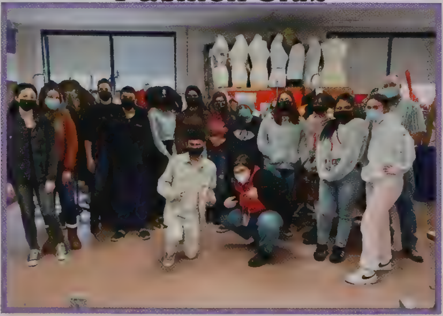
Editors: Daniel Botolino, Mackenzie Vetorino,
Alex Arabadzhiev, Sloane Contrino,
Evan Fishback, & Cecelia Brisboise

CEAL Club

Advisor: Ms. Fligg

Officers: **Phoebe Papavasiliou, Ellianna Ramos,**
Lexi Varetimos, & **Rachel Benttinen**

Fashion Club



Advisor: Ms. Butterfield

Seniors: **Alejandro Matias, Sarah Blackington, Alexis Trezise,**
Isabella Britton, Izabelle Jonsson, & **Isabella Campos**

French National Honors Society

Advisor: Mr. Pierre

President: **Sadie LaBonte**

LETS
Club
TOGETHER

Barnstable *Junior Classical League*

Advisor: Ms. Miklosky

Officers: **Nora Penni, Mateus Boemer, Allison Nystrom,** Nik Lyons, Will Penni, & Eamon Welch-Vines

Best Buddies **Club**

Advisor: Mr: Watson

Officers: **Stephanie Ribeiro, Ava Radford, Kaya Cormier**, Haley Demanche & Coralle Figuoera

Chess **Club**

Advisor: Ms. Brown

President: **Mateus Boemer**

DECA

Advisor: Mr: Jansen

Officers: **Maya Wilson-Ehrenthal, Hannah Clark, Stephanie Ribeiro, Melissa Pogorelc, Ryann Edwards,** & **Ambar Figueroa**

Future Problem Solving

Advisor: Ms. Salley & Ms. Contrino

eniors: **Ronan Contrino, Kailey Cordeira, Maya Wilson-Ehrenthal, Hannah Clark, Reagan Hicks, Poppy Powers, Lucas McCauley, Kaya Cormier, Mateus Boemer, Nora Penni,** & **Yan Mazheika**

Gay/Straight Alliance **Club**

Advisor: Ms. Gallerani

Officers: Azriel Morassi, Raven Rice, & Liv Cohen

designed by Olivia Donnellan

Girls in STEM Club

Advisor: Ms. West

Presidents: **Hannah Clark** & **Maya Wilson-Ehrenthal**

Green Club

Advisor: Mr. Shea

Presidents: **Olivia Donnellan** & **Maya Wilson-Ehrentha**

Leo Club

Advisor: Mr: Koehler

Senior: **Chase Jellison**

Military Support Club

Advisor: Ms. Lahteine

Officers: **Will Jones** & **Reagan Hicks**

National Art Honors Society

Advisor: Mr. Miguel

Seniors: **Julia Abreu, Tressa Breen, Elly Sherman, Ashleigh Santheson,** & **Isabella Campos**

National Chinese Honors Society

Advisor: Ms. Wu

Officers: **Justin Steenstra,** Dayanne Nazareth, Laine Nickerson, & Nimra Asim

Human Rights Club

Advisor: Ms. Gallerani

Officers: Elizabeth Beard, Lucy Richard, Abby Creedon, Catherine Curley

Key Club

Advisor: Ms: Monroe

Officers: Ellie O'Toole, Jaye Fedele, **Jeremiah Singer**, Hannah Framson, & Nathan Stanley

Model United Nations

Advisor: Ms. Mueller

Officers: **Yan Mazheika** & **Alex Klett**

Mock Trial

Advisors: Mr. Colwell & Mr. Vince

Presidents: **Ryann Edwards** & **Yan Mazheika**

National Honors Society

Advisor: Ms. Bishop

Officers: **Kaya Cormier, Allison Nystrom, Olivia Donnellan,** & **Ambar Figueroa**

Peer Leadership

Advisor: Ms. Swindler

Seniors: **Sophia Goldstein, Olivia Donnellan, Sid Huynh, Ryann Edwards, Kailey Cordeira, Ambar Figueroa, Reagan Hicks** & **Cayleigh Fleming**

designed by Olivia Donnellan

Philosophy **Club**

Advisor: Mr. Pierre

Recycling **Club**

Advisor: Mr. Watson

Seniors: **David Story,Cullen Creeden,**
& **Noah Norman**

Spanish National Honors Society

Advisor: Ms. Semancin

Seniors: **Olivia Donnellan,**
Maya Wilson-Ehrenthal, Abby Ewald,
Kylie Dawson & **Shealynn Hardy**

Student Council

Advisor: Mr. Moynihan

Officers: **Jessica Guo, Ashleigh Santheson,**
Tressa Breen, Molly Cahill,
Brody O'Donnell-Birch & Lily Pawsey

2022 *Class Officers*

Advisors: Ms. Bishop & Ms. Friel

Officers: **Olivia Donnellan, Veronica Spagnuolo,**
Alyssa Tyler & **Dierdre Mullin**

Robotics **Club**

Advisor: Ms. West & Mr. Lenda

Role Playing Games **Club**

Advisor: Ms. Harkins

Officers: **Jeff Beaumont,**
Julian Williams & **Will Doherty**

Tri-M

Advisor: Mrs. O'Connor-Vince

Seniors: **Alyssa Tyler** & **Nora Penni**

Ultimate Frisbee Club & Wellness

Advisor: Mr. Pierre

Officers: Luc-Andre Sader & **Veronica Spagnuolo**

The Green Closet

Maya Wilson-Ehrenthal and Olivia Donnellan

Gabriel DeAzevedo

SAVING MOTHER EARTH: Green Club's presidents, Olivia Donnellan and Maya Wilson-Ehrenthal (above), spend time creating The Green Closet, a space to reduce fast fashion and landfill waste, as almost 84% of clothing from the Goodwill end up in landfills. The clothing racks, hangers, and print pictured above were donated to make this vision come to life. Gabe DeAzevedo, a senior member of The Green Club helps to paint the walls a nice calming green (above).

Best Hair

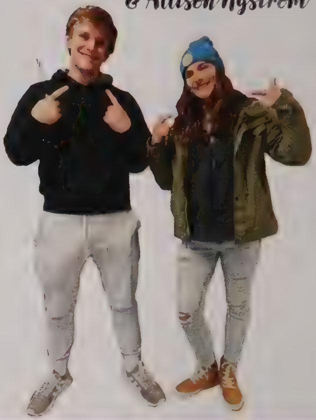
Neely Alger
& Jeremiah Singer

Most Artistic

Dylan Sattler
& Sarah Zink

Best Smile

Colin Fay
& Allison Nystrom



SEN

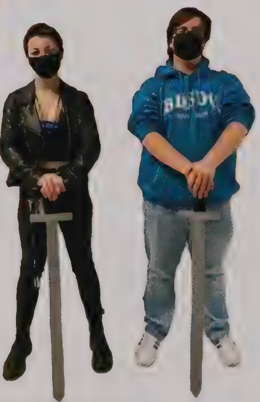
Super

Mr. and Mrs. BHS

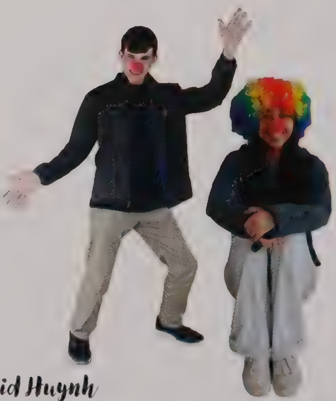
Olivia Donnellan
& Colby Myrbeck

PAC Rat

Robin Provost
& Garrett Wiseman



Class Clown



Sid Huynh
& Daniel P. Sullivan IV

Class Couple

Olivia Gourdine
& Eugene Jordan

designed by Katelyn Goode and Steph Ribeiro

Best Dressed

Gabe DeAzevedo
& Jessica Guo

Most likely to be late to Graduation

Olivia Bowdoin
& Jack Paquette

Biggest Flirt

Kylie Dawson

Best Laugh

Lucas Borges
& Kailey Cordeira

IOR

atives

Best Bromance

Nolan Turner
& Aidan Canty

Biggest Heart

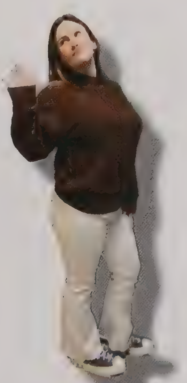
Hannah Clark
& Melvin Torres de Leon

Best Eyes

Ronan Contrino
& Rachel Benttinen

Most Dramatic

Delaney Cronan

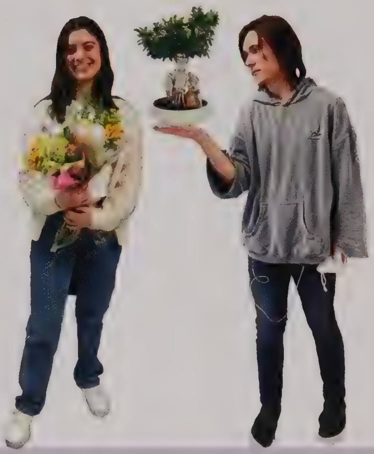


Worst Case of Senioritis

Joe Longueil
& Poppy Powers

Most Down to Earth

Maya Wilson-Ehrenthal
& Gary Blazis



Most likely to become a Celebrity

Jayson Costa
& Melissa Pogorelc

SEN

Super

Tallest & Shortest

Colin Fravel & Zoe Booras

Best Personality

Phoebe Papavasiliou
& Pat O'Neill

Most Athletic

Gibson Guimond
& Reagan Hicks

Most Blunt

Teagan Barry
& Shannon Donahue

desgined by Steph Ribeiro and Katelyn Goode

Teachers Pet

Nora Penni
& Lucas McCauley

Most Likely to be your Boss

Grayson Pina
& Ryann Edwards

Class Mom and Dad

Jacob Nikas
& Steph Ribeiro

IOR

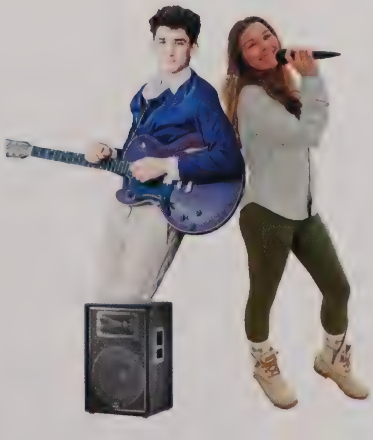
atives

Most Likely to get ID'D at 30

Julia Abreu
& Alex Fontaine

Most Musical

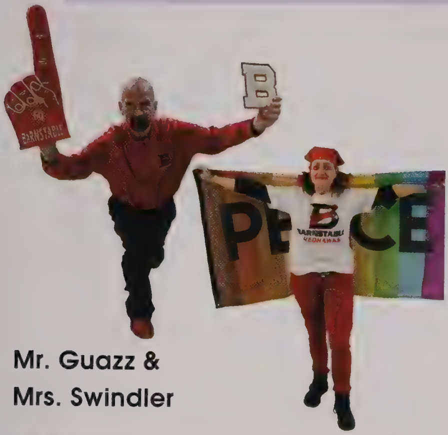
Anthony Calla
& Veronica Spagnuolo



Gal Pals

Jill Aaltonen
& Liz Brox

TEACHER SUPERLATIVES



Mr. Guazz &
Mrs. Swindler

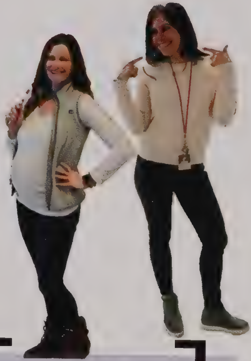
Most School Spirit

Mr. Jansen &
Mrs. Maurice

Dynamic Duo

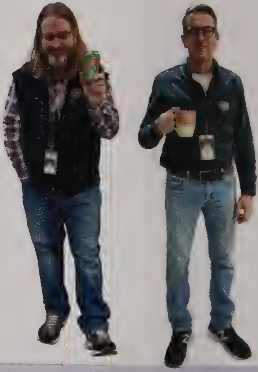
Mrs. Fligg &
Ms. Eastman

Most Inspirat



Mrs. Nystrom &
Mrs. Roundtree

Best Smile

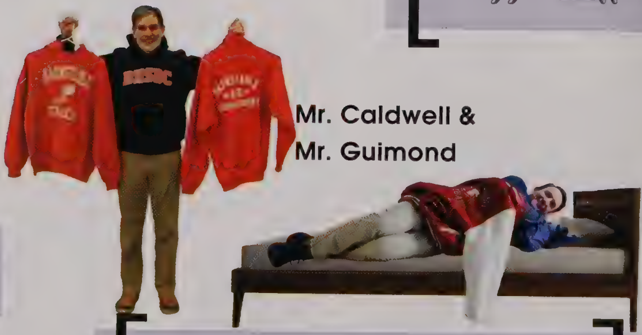


Mr. Holland &
Mr. Kuntzman

Biggest Caffeine Addict

Mr. Shea &
Mrs. Whidden

Most Fashionable



Mr. Caldwell &
Mr. Guimond

Most Likely to Live at BHS

designed by Katelyn Goode & Steph Ribeiro

Mr. Dumas &
Mr. McLaughlin

Biggest Comedian

Ms. Ryan &
Mr. Jatkola

Most Athletic

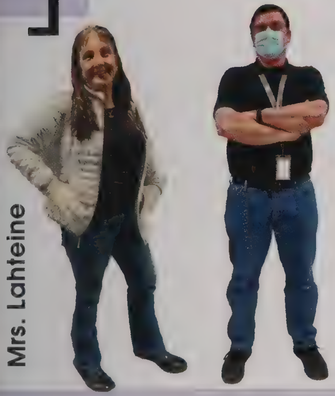
Mr. Maguire &
Mrs. O'Connor-Vince

Best Taste in Music

l

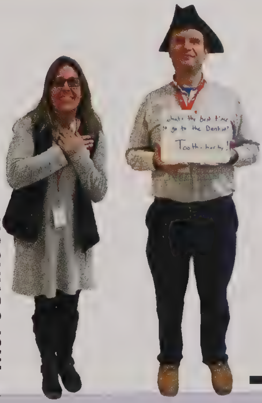
Mrs. Konyn &
Mrs. Kennard

Biggest Heart



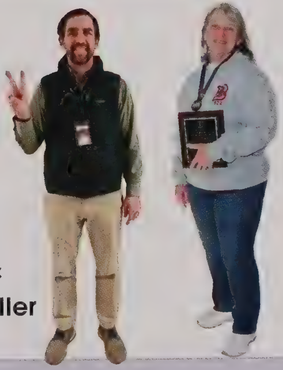
Mrs. Lahteine

Most Likely to Tell it How it is



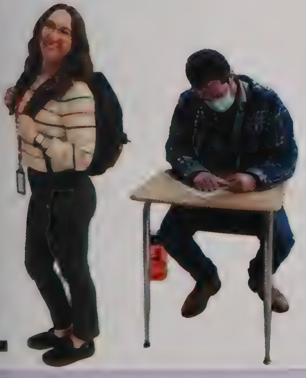
Mr. Daley &
Ms. Johnson

Most Parent-Like



Mr. Hill &
Ms. Mueller

Most Likely to Win a Nobel Peace Prize



Mr. Kirby Smith &
Ms. Cascarella

Most Likely to be Mistaken as a Student

Mr. Smith &
Mrs. Fay Smith

Cutest Couple

[illegible]

Seniors **Aidan Devoe** an
Nolan Turner gliding around the ice at Micha's Ponc

with each other

Winter kicked off with a blizzard bringing about two feet of snow. Seniors embraced the cold weather of another New England winter with each other. Winter on Cape Cod is like no other. Now more than ever is the time to make some memories. As seniors prepare to begin the next chapter of their lives, many will be leaving Cape Cod behind. From snowman building to ice skating, these seniors can be seen embracing their remaining time by getting out and participating in all the winter fun!

WINTER

Pictured to the left is **Nolan Turner** and **Aidan Devoe** skating around Micha's Pond in Osterville. Another senior that enjoys skating is **Molly Lamothe**; her favorite part is the cute pictures. Others seniors are off in the mountains of Maine and New Hampshire skiing and snowboarding. **Veronica Spagnuolo** says her favorite place to ski is Bretton Woods in New Hampshire. Senior **Susie Bernard** enjoys snowboarding at Mt. Stowe in Vermont. At the HYCC, the student section is filled with spirited seniors at each hockey game to cheer on the team. Some seniors take advantage of the local terrain and can be found sledding at local golf courses. It surely is a wonderful winter with each other.

Designed by Julia Abreu

BUZZING *with* BARNSTABLE

The BuzzFeed Quizzes we've grown up with...

Whether you were born in either '03 or '04, we still were all a part of all 2000's trends. With Webkinz, Poptropica, and Club Penguin we feasted off of what we could find off the internet. We could never forget the classic BuzzFeed quizzes that we took every time they popped up on our computer screen. From "What Disney Princess are you?" to "We'll guess your age based on your answers", BuzzFeed fulfilled our entertainment. These quizzes were more than just a waste of time, they helped us to describe who we were and who we were going to be. Getting mad over not getting the answer you wanted after choosing all the answers that described that character, but instead getting the lame one that you knew you were most like. The yearbook staff went around asking YOU random questions that we found from BuzzFeed and created personas that matched you and your interests perfectly-- enjoy!

QUIZ

Kevin Malone

Ryan Gardiner said that if he were to be any character from "The Office", he would be the classic Kevin Malone.

QUIZ

Sleeping Beauty

From Snow White to Elsa, if **Giana Mullins** was a princess she would be Sleeping Beauty, always getting her beauty sleep in!

QUIZ

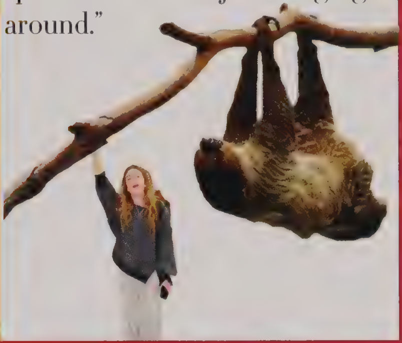
Banana

If Samuel Rodrigues was a fruit he says he would be a banana. Now that's bananas.

QUIZ

Sloth

Emily Lancaster relates her spirit to the sloth, "just hanging around."



QUIZ

The Chipettes

Livi Varietimos, Phoebe Papavasiliou and **Lexi Varietimos** said if they were any character from a movie/tv show they would be the "Chipettes" from "Alvin and the Chipmunks."

QUIZ

Iron Man

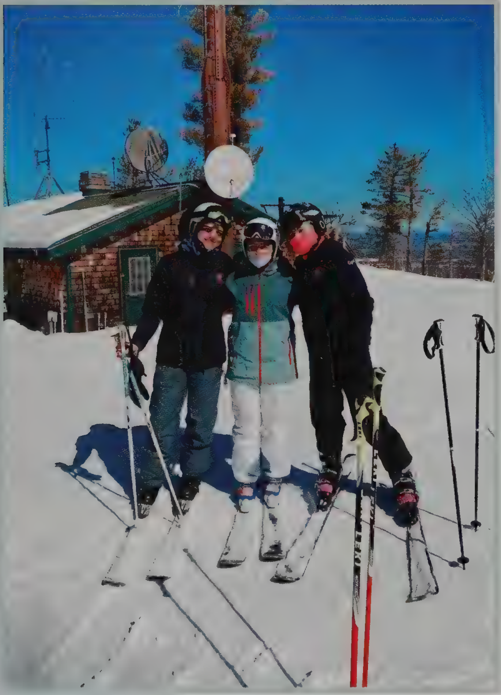
Steph Riberio shows off her dope fire skills like her favorite Avenger, Iron Man!

designed by Riley Carpenter and Reagan Hicks

Ice Ice baby

Hittin' the Slopes

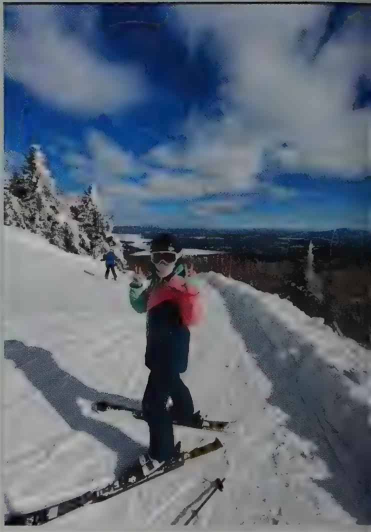
Allison Nystrom, Dierdre Mullin, and Laura Cogswell hit the slopes at Shawnee Peek in Maine. They love being able to spend time with each other riding up on the lift and cruising down the slopes!



Do you Wanna Build a Snowman?

A group of senior boys in Mr. Dumas' class take a mask break to build a snowman.

Feelin' Frosty

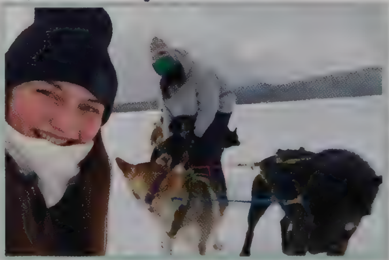


Riley Carpenter enjoys a Christmas Eve trip to Sunappee in New Hampshire with her family. Riley loves the views from the top of the mountain as she glides down the slope.

Gal Pals

After the blizzard on January 29, 2022, Audrey Royce, Kailey Cordeira, Ambar Figueroa, Neely Alger, and Molly Lamothe go for a quick sled as they enjoy a day off from school.

The Call of the Wild



During a ski trip to Vail, Colorado, **Olivia Donnellan** and **Annalise Manoog** pose with rescue dogs during a dog sledding day adventure in Leadville, Colorado.

"I brought my dog's kiddie pool and ripped up the slopes.
-Kailey Cordeira"

Snow Much Fun

en Tarbox, Adam Labe[illegible], Kailey Cordeira, Lucas Borges, Paul Sullivan, Braden Burke, mbar Figueroa and **Ja[illegible]** enjoy a snow day as they sled at Old Barnstable Golf Course.

Snow Paws

Mya Berler's loveable golden retriever, Buoy, frolics in the snow.

Fresh Air, Don't Care

Melissa Pogorelc lights a cozy fire on the top of Mt. Washington after taking the Cog Railway train.

Shreddin' the Gnar

Zoe Booras frequently shreds down the mountains on her snowboard. Her personal favorite is Park City in Utah. Zoe remarks, **"The pow was so light and fluffy."**

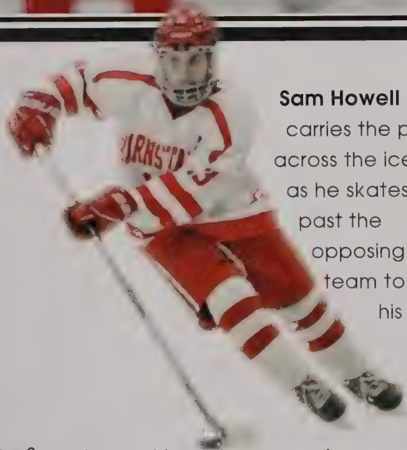
designed by Ellie O'Toole

The Dentist's Best Cu

Joe Longueil

Sam Howell

Michael Gallagher



Sam Howell carries the puck across the ice as he skates past the opposing team to help his teammates put it in the net.

designed by Melissa Pogorelc

tomers

VARSITY Hockey

What is your proudest moment or best memory on the ice in your hockey career?

CAPTAIN

Will Jones

"Scoring my first high school goal against Sandwich, my dad's old high school team."

A. CAPTAIN

Joe Longueil

"Skating on TD Garden before the 3rd period of the Bruins vs. Canadians game 7 in 2011."

A. CAPTAIN

Sam Howell

"Scoring my first varsity goal against Falmouth to tie the game my freshman year."

Robinson Traywick

"Going to the Newport Christmas tournaments every year and using all my new stuff from Christmas."

Aidan Clark

"Scoring a goal in the Newport Tournament in Rhode Island."

Parker O'Connell

"Scoring a goal in a varsity game."

Michael Gallagher

"Scoring four goals in my first game back after having mono when I was 12."

Michael Gallagher looks on at his teammates during a home game.

#1 FANS!

RED OUT: Drenched in red, the seniors cheer on the hockey boys at HYCC.

Blades Of Glory

After closing off the 2020-2021 season as Cape and Islands League champions, the girls varsity hockey team took the ice with the same intensity this year. With an expansion in the schedule, adding games against some of the top teams in the state, the girls worked hard to keep a solid record on the season. The team consists of only two seniors that work to use their experience, mixed with the underclassman speed, to secure the wins when it matters.

Meet The SENIORS

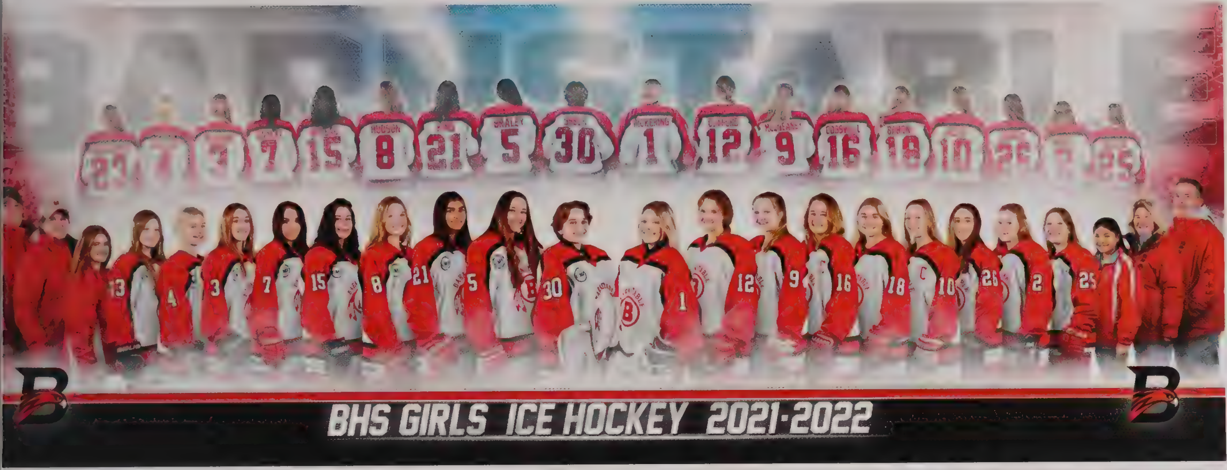
Laura Cogswell

"One of my best memories from my career would have to be playing on the Warrior Ice Arena my eighth grade year when we played in the State Quarter Finals. It was such a cool experience to play on the Bruins' practice ice. My favorite part of being on the hockey team is being apart of such a talented and competitive team. We all make each other better every day. I am very fortunate to have such a great team for my senior year. Getting to play with the best people and some of my closest friends have made these five years go by so fast."

Reagan Hicks

"One memory that stands out for me is scoring in my first varsity game in 8th grade. It definitely gave me motivation for the next 5 years. Being on the hockey team is playing a sport unlike anything else. I snap my helmet on and its just a time to let everything go. This sport has been a huge part of my life and I wouldn't trade any of these memories for the world. I love constantly being surrounded by teammates where we share the same drive, positivity, and intensity for the game. They are what made each time I stepped into the rink so special."

designed by Reagan Hicks



Captains

nelope Clifford, Laura Cogswell, and Reagan Hicks

Coaches

Dave Langfield, T.C. Cleary, Gina Pratt, and Peter Nunges

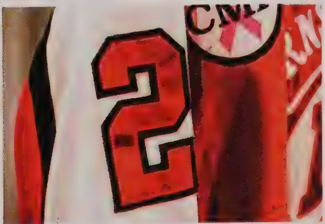
The girls hockey team waits to take the ice for the 3rd period before they come out and score 2 goals for a big win over Canton which qualifies them for playoffs.

2021-22 Season RECAP

BHS students come together wearing lime green to support Mayah White in her fight against cancer.

The girls celebrate after a goal where they secured to win over DY.

This sophomore duo celebrates after a huge 3rd period goal by Ally McEneaney to put away the game.



Mayah White's #2 jersey hangs above the bench each game as they play for her every day.

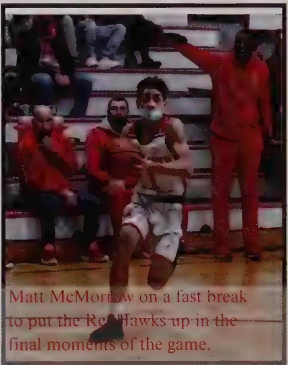
RedHawk **Dylan Hammons** getting ready for the game with some practice shots.

Senior RedHawk **Aldenio Garwood** grabbing a rebound.

Hoops, There

RedHawks finish the Season with a bang

Although the RedHawks had a rough season playing against top ranked teams in the state, they were able to keep their heads up and have fun. Playing against some of the most hyped teams in the state, Cape Cod Academy being one of the most fearsome, the RedHawks turned the highly anticipated games into competitive and exciting games. The RedHawks finished off their high school basketball career spending time with their teammates and having fun.



Matt McMorrow on a fast break to put the RedHawks up in the final moments of the game.

designed by Ashbery Cheron

lt Is

A RedHawk Soars

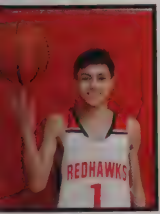
Dylan Hammons attempting a put back dunk against the New Bedford Whalers.

RedHawk's Ballers

Coach Taylor

Alik Taylor was introduced to basketball by his father at a young age and ever since, he's been hooked. Coach Taylor has played at LaSalle Acadamy and even going on to play for St. Lawrence University.

Matt McMorrow



Aidan Devoe

Ian Skirvan

Nolan Turner

Jaheem Ramsay

Dylan Hammons

Jahmar Ramsay

Aldenio Garwood

Ceasar Almeida

Most Likely To ...

Jahmar

Most likely to go to the NBA

Nolan

-Most likely to get dunked on

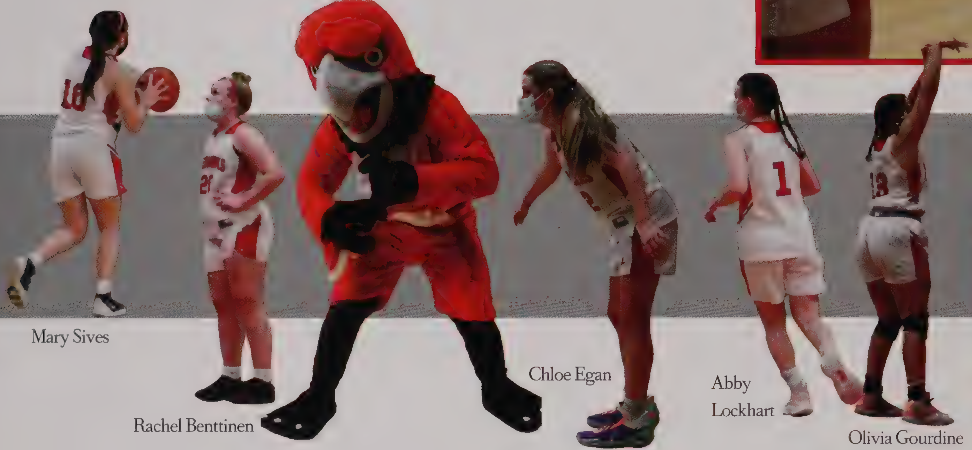
-Most likely to hit a buzzer beater

Ceasar

-Most likely to get crossed up

TOP OF THE KEY

Abby Lockhart (1) and Chloe Egan (12) are the starting point guards for this year's lineup, and control the game with their impressive ball handling skills and play-making decisions. Lockhart, in her senior year, is a vital shooter on the perimeter. Chloe, a freshman, is an aggressive defensive player and can always be counted on for a turnover in the RedHawk's favor.



CAPTAINS AND COACH'S CORNER

EYES ON THE PRIZE

Coach Ryan, Coach Gourdine, and Coach Mia observing their team in play.

GIVE ME FIVE

Olivia Gourdine and Tianna Fernandez slap hands on the court.

SET IT UP

As Lockhart has the ball at the top of the key, Fernandez sets a vital pick and Gourdine sets up on the outside ready for a kick out.

seniors corner

Mary *Sives*

Rachel *Benttinen*

Ellie *Ramos*

Tianna *Fernandez*

Olivia *Gourdine*

Allison *Nystrom*

Abigail *Lockhart*

Maddie *Vermette*

A close group of girls, these senior players have been on the court together for nearly eight years. Starting in fifth grade, all seven of the seniors played for Barnstable's travel basketball program, and have climbed the ranks through their high school careers to earn their spots on varsity!

HOOPS! I DID IT AGAIN

Barnstable RedHawks
Girl's Basketball

HARD DRIVE TO THE BASKET

Embarking on their final season on their home court, the seniors used their shortcomings of last season to fuel a new ambition for the current season. With the troubles and tribulations of COVID in the 2020-2021 season, the girls were unable to experience the tournament due to it being canceled from the pandemic. This only contributed to the fire this group brought to the court this year, with major wins against Plymouth North and Brockton on their senior night, and ending the final push of the in season games with a record of twelve wins to five losses.

The coaching staff was confident in their seniors to lead this team through a successful season, with the help of some star underclassmen: Molly Gleason, Jocelyn Cabral, and Chloe Egan. Although still hindered by masks and different regulations unique to previous years, this special group of girls truly grew together as a team and were able to enjoy an unsure year with a sure feeling of fight and gratitude to the sport they love!

designed by Kailey Cordeira

HOW fast CAN you GO?

THE SENIOR Bunch

ALYSSA TYLER

Since Alyssa Tyler was once a gymnast, she loves running the 55 meter hurdles because they remind her of her time as one. Any song by Taylor Swift is her favorite when she is running: Alyssa prefers running by the beach.

CARLOTTA CRUDELE

Carlotta Crudele's favorite event is the 4x100 because it's short and she feels like she's using all her power. Her go to pump -up song is any classic 2000's pop song like "Crazy in Love" by Beyonce. She enjoys running at sunset by the beach.

SHEA HARDY

Shea Hardy loves the 4x200 relay because it gives her an adrenaline rush. She listens to any 90's rap song and her favorite spot to run is The Barnstable track.

JEREMIAH SINGER

Because it is a full out spring, Jeremiah Singer loves the 600 meter race. Jeremiah's go to pump-up song is"Chip off the Block" by Samsonyte. He enjoys running on the Trail of Tears because it looks "dope in the snow".

J.J. BICKFORD

J.J. Bickford loves the long jump because it comes more naturally than the running events His hype song is "Mad Max" by Ely Frost and his favorite place to run is a treadmill because he can "zoom"

EUGENE JORDAN

Eugene Jordan's favorite event is the Shot put. His favorite song to play before throwing i "Way Too Sexy" by Drake and he likes running on the football field because he plays football during the fall.

BOYS TEAM

GIRLS TEAM

designed by Ellie O'Toole

ARM UPS!
e captains: Alyssa Tyler, Callie Dedecko, and
ea Hardy go for a quick warm up during practice.

CAPTAINS

Alyssa Tyler(12),
Callie Dedecko(10)
Shea Hardy(12)

Jeremiah Singer (12),
J.J. Bickford (12),
Eugene Jordan (12)

COACHES TELL ALL:

Why did you become a coach and what adversities have you faced as a coach during COVID?

COACH SANCES

" I became a coach because I found that they needed a hurdle coach. Hurdles were an event I competed in as a BHS athlete, and I jumped at the opportunity to be involved again. As with all indoor sports, having to practice and compete in masks can be difficult for some athletes."

COACH FAZU

"I began coaching while in College at the high school level because although I was no longer competing I loved the sport. I began coaching at Barnstable when my son Cameron started to run for the team. There are many difficulties in coaching during Covid. Things that were initiated in the early stages such as wearing masks while outside, cancelation of meets and invitationals because of increases in cases and never knowing when an athlete might have to quarantine."

pin it to win it

Team Captain **Jackson Chesbro** VS New Bedford during a home match.

Team Seniors:

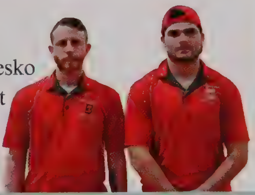
Jackson Chesbro, Alexander Fontaine, Joshua Stanley, and Alex Smith

Senior SPOTLIGHT

Joshua Stanley has been a member of the wrestling team for four years and has been a team captain since 2019. With over one hundred varsity wins under his belt, he continues his success as he heads to States to compete with the best.

Coaches:

Mike Holubesko and Assistant Ben Potts



Team Captains:

Jackson Chesbro and Joshua Stanley

RedHawks Wrestling Team:

Barnstable Wrestlers go 2 for 2 at their first event of the season

The Barnstable Wrestling Team places fifth overall in the Sharon Lombardo Tournament. They kicked off the match facing Hope High School first, and managed to drop the contest 54-30. In their next matches, Barnstable defeated Pilgrim High School 39-28 and Johnston High 36-23.

- - - - -

Coach Holubesko speaks with pride on his team's victories, "Overall, we showed a lot of grit and determination. We faced some highly skilled wrestlers and didn't back down."

--- What is one thing that this wrestling team has been able to teach you? ---

Jackson Chesbro

I have learned that things will be difficult but you just have to just keep pushing through them to see success.

Alexander Fontaine

This team has taught me teamwork and independence simultaneously. It has also taught me how to set and achieve goals.

Alex Smith

I have learned what it means to be on a team. It's not about skill or about how well you do, it's about working together and helping each other. Building each other up rather than breaking others down.

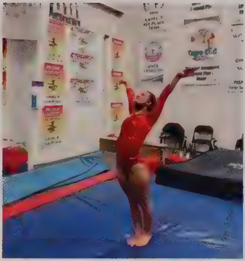
Joshua Stanley

You have to work hard i spite of obstacles. Also, learned not to rely on myself, and not to blam anyone for my mistakes. Success is hard earned i this sport.

designed by Caroline DeFeudis

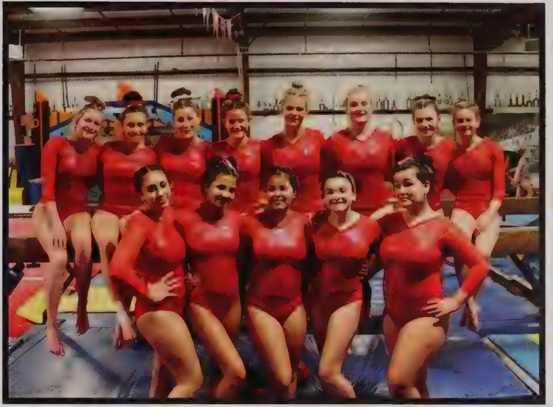
Raising the bar

Sadie Murphy swinging with power on the high bars.



Zoe Booras sticks the landing after doing her favorite event, the vault.

RedHawks Gymnastics Team:



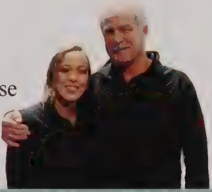
Team Seniors & Captains:

Elizabeth Brox, Zoe Booras, Sadie Murphy, and Tess Kjoller

Tess Kjoller repping her Cape Cod Gymnastics team jacket.

Coaches:

Duncan Chase and Jordan Hitchcock



Barnstable RedHawk Gymnasts of '22 go UNDEFEATED

The Barnstable Gymnastics team has had an exceptional season this year. Full of both group and personal achievements, their victories have managed to bring their team closer than ever. No other team was able to match the precision and dedication of this one!

- - - - -

Heading to Fort Lauderdale this year is Sadie Murphy, who has earned the honor of representing our school in the Senior National Gymnastics Meet.

--- What is your favorite event in gymnastics? ---

Zoe Booras

Vault has always been my favorite! It's short and not so sweet, but the amount of energy and focus you feel as you're about to hit the springboard reminds you what all the hard work is for...and then you pray that you land on your feet.

Elizabeth Brox

My favorite event has always been beam. It's so much fun to flip around, even though it's only four inches wide! Sticking a beam routine is the best feeling. It's such an adrenaline rush, and I love seeing my teammates cheer for me too.

Tess Kjoller

I like floor the best. It's my easiest event, it's fun for me to compete and show off, and it's the least stressful for me. I love looking on the sides of the floor and seeing all of my teammates and coaches cheering for me.

Sadie Murphy

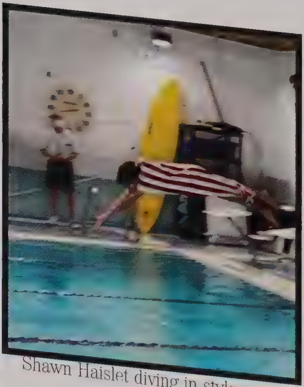
After doing gymnastics for 16 years, I have grown to love floor! Even though you only get a short two minutes, you are able to put all of your hard work and dedication into the routine. I can show off the skills I have been working on and put my own taste into it.

Duncan Chase, Elizabeth Brox, Sadie Murphy, Tess Kjoller, Zoe Booras and Jordan Hitchcock

Elizabeth Brox performing her competitive beam routine.

life in the fast lane

Catherine Ellis dives high into the pool



Shawn Haislet diving in style

Madison Rubin doing the breaststroke

Sarah Zink getting ready to race

Catherine Ellis

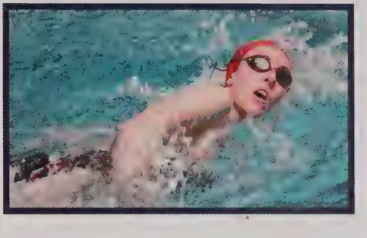
Catherine Ellis started diving her freshman year of high school. After being a gymnast her whole life, her coach recommended she begin diving. Some of her favorite dives are 5231D and 203C. After four years on the team, her best memory was breaking the school record and going to states and sectionals.

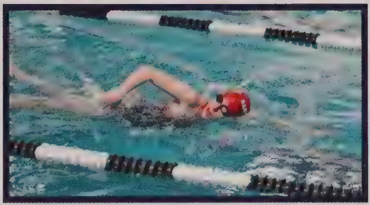
Shawn Haislet

Shawn Haislet has been on th swim team for two years. His grandparents taught him how to swim with the easy source their phone. His favorite strok is the butterfly, or as experienced swimmers call it the "fly" After being on the team for two years, his favorit memory was when **Jayson Costa** did a belly flop.

Seniors

Shawn Haislet, Sarah Zink,
atherine Ellis, and Madison Rubin





Madison Rubin

Madison Rubin has been on the swim team since her 8th grade year. Learning how to swim at a very young age, the YMCA is like a second home to her. Her favorite swim stroke is the butterfly. With her final year of swim her best memory was on senior night, doing the 'ceremonial belly flop'.

Sarah Zink

Sarah Zink has been on the swim team for three years now, first learning how to swim at age four at our local Craigville Beach. Being on the team since her sophomore year, Sarah's favorite memory is when the seniors would do belly flops at the end of all their meets. Her favorite swim stroke is freestyle.

Boys & Girls Swim

aptains (not featured: Sarah Zink)

Guess tha

1. Who am I?

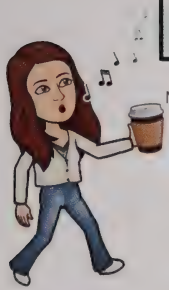
" I am usually pretty quiet in class and I have 64 durags that I try to color coordinate with my sneakers."

2. Who am I?

" I'm very outgoing, you can find me wearing funky clothes or accesories!"

3. Who am I?

"I am from Brazil, I speak two languages and I work at Seadog in South Yarmouth."

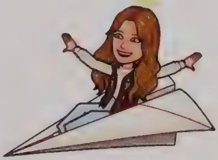


4. Who am I?

"I'm a bit of a nerd. My go to at Starbucks is an extra hot peppermint mocha. I also watch an unhealthy amount of Grey's Anatomy in my spare time."

5. Who am I?

" I have a questionable driving ability. am a travel enthusiast and my go-to crepe is strawberry Nutella."



6. Who am I?

" I am on the swim team and you can find me working out at Planet Fitness."

7. Who am I?

"I have lived in four different places in the last six years. I'm really interested in art, design, and engineering. One of my favorite things is painting portraits on canvas."

9. Who am I?

" If I were a bird,I would be a puffin. I'm one of the presidents of Girls in Stem and you can always find me wearing a watch."

10. Who am I?

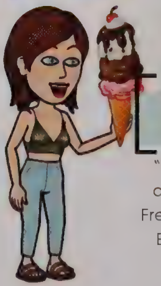
" I play left-field on the baseball team and I like having people on my boat."

8. Who am I?

"I'm a barber on the come up and a full--time hooper."

11. Who am I?

" I like to eat a lot of food; I am relatively short, and I can do like 30 pull ups."



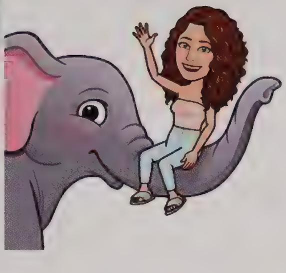
12. Who am I?

"I work at a local ice cream shop, Par-Tee Freeze. I am also a Du Enrollment student."

Bitmoji

14. Who am I?

"I love animals, and I've been a dancer since I was little. You probably know me by my nickname."



13. Who am I?

'Hawaii is my favorite
lace. Also, my favor-
te class is woodwork-
ing, and my favorite
teacher is Ms. Cass."

15. Who am I?

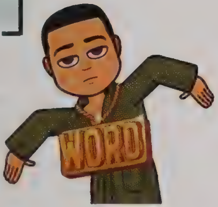
"I watch Impractical Jokers while grubbing on Phish Food ice cream from Ben & Jerry's."

16. Who am I?

"I like to travel and I am on the gymnastics team."

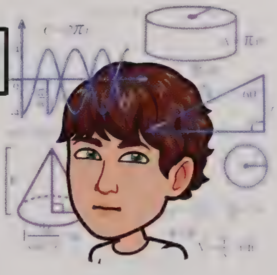
17. Who am I?

"I'm from Rio de Janeiro, Brazil. I also play center on the football team."



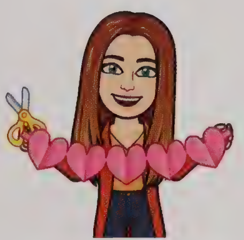
18. Who am I?

"I'm a big math guy. I also whip around in a red jeep."



19. Who am I?

"I am planning to attend the University of Tampa to pursue a degree in Veterninary medicine. I love animals."



22. Who am I?

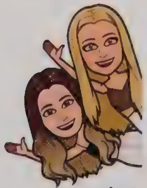
"I love being active, specifically going outdoors for a run. I love to scream Taylor Swift songs and I'm known as the "mom" of the group."

20. Who am I?

" I'm an honorary member of the 2021 yearbook and I'm playing lacrosse in college."

21. Who am I?

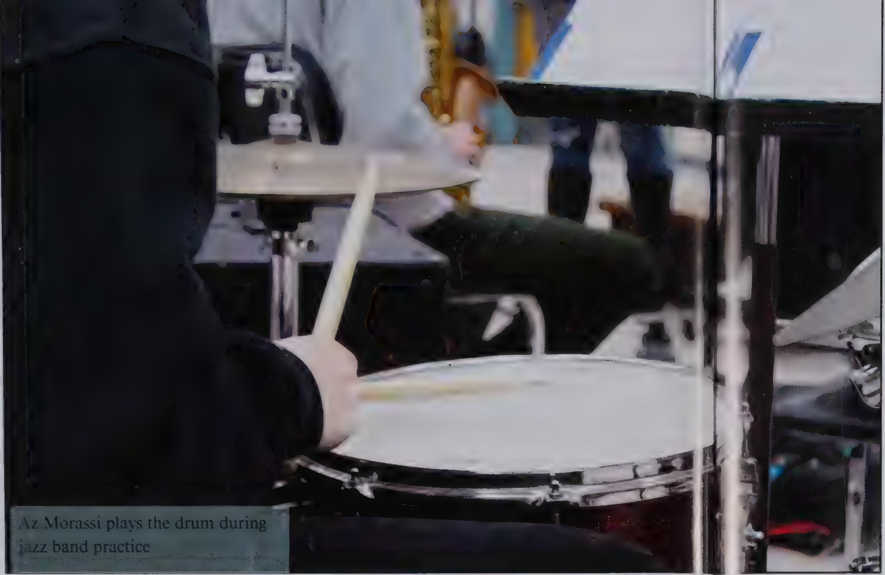
"I practice jujutsu and I play soccer. I have a small goatee."



desgined by Melissa Pogorelc and Steph Ribeiro

We Sound Better *together*

The halls are alive with the sounds of music! The BHS music department gives students the opportunity to explore and create all kinds of music. Students and staff were thrilled to be able to bring back concerts and other performances in the 2022 school year. The music department brings students together and provides them with a way to express themselves. From practice to performance, students have every opportunity to nurture their musical talents.

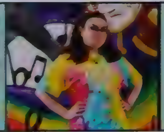

Az Morassi plays the drum during jazz band practice

Music Tee *Fridays*

Mr. Smith sports his tee of the 90s rock band Pearl Jam.

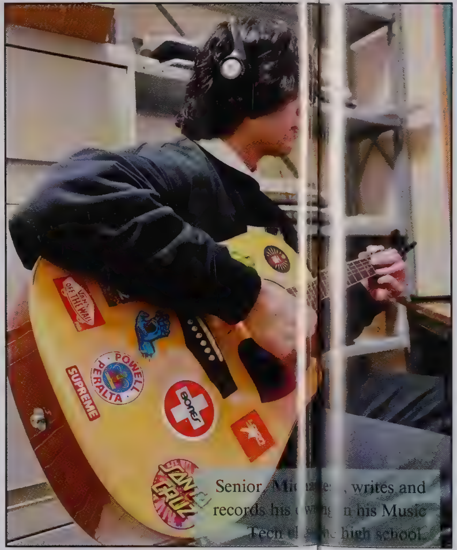
Ms. Wytwral wears a punny T-shirt for her music students.

Ms. Swindler shows off her t-shirt to represent the New Bedford-based Celtic band. The Pourmen.


Emily Santos shows off her *Why Don't We* concert t-shirt with its tie dye vibes.

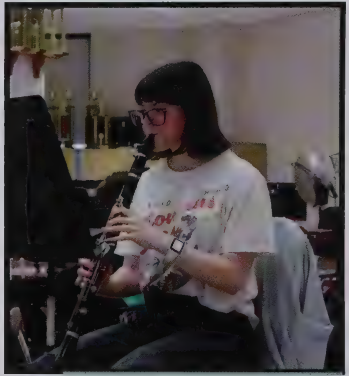
Ashbery Cheron represents the 90's hip-hop group, Wu-Tang Clan

March is "Music in our Schools Month." Teachers are encouraged to show their love of music by wearing these pins designed by Mrs. O'Connor-Vince. Above, Mrs. Whidden is showcasing the *Red (Taylor Swift's version)* album t-shirt with a unique music pin. Additionally, Mrs. OCV has helped to spread her love of music by playing tunes for all students to hear during their hallway commute.


Senior, Mi[illegible], writes and records his [illegible] in his Music Tech [illegible] high school.

Tri-M Honor Society

Tri-M, the Music Honor Society, hosted their first ornament making event this past December. Tri-M members, music students, staff from the music department, and anyone else who wanted to join, were able to create beautiful and original ornaments for loved ones and charity.


Senior, **Nora Penni**, plays her clarinet during jazz band.

Chamber Choir

Conducted by: Ms. Wytrwal
Seniors: Maxwell Cotton, Sean Kelly, Sadie LaBonte, Lilly Gleason, Robin Provost, Alexia Healey, & Garrett Wiseman

Vocal Jazz

Conducted by: Ms. Wytrwal
Seniors: Nora Penni, Sadie LaBonte, Lilly Gleason, Robin Provost, & Garett Wiseman

Jazz Band

Conducted by: Mrs. O'Connor-Vince
Senior: Nora Penni

Concert Band

Conducted by: Mr. Schroeter
Seniors: Margaret Gayton, Valerie McDowell, Emily Santos, Alyssa Tyler, Jessica Guo, & Daniel Sullivan.

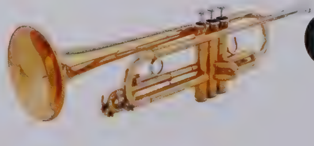
Concert Chorale

Conducted by: Ms. Wytrwal
Senior: Robin Provost

String Ensemble

Conducted by: Mr. Maguire

The *sounds* of BHS



designed by Katelyn Goode and Julia Abreu

Logan, we are so proud of you and wish you much happiness and success. Love Mom & Dad

LOGAN ON THE BEACH...THEN AND NOW
Logan Price

Kaya, you deserve all you get!!

Live your life with arms wide open. Today is where your book begins. The rest is still unwritten.

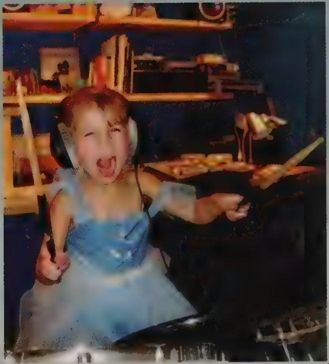
DONNELLAN
GOLF365

Congratulations Olivia!

Call for appointment: 760 989 7531 donnellangolf.com

Congratulations Audrey!!

Love you! Pop



MAX

We are so proud of you and all you have accomplished. On to the next adventure!
Love, Mom, Dad & Alexa

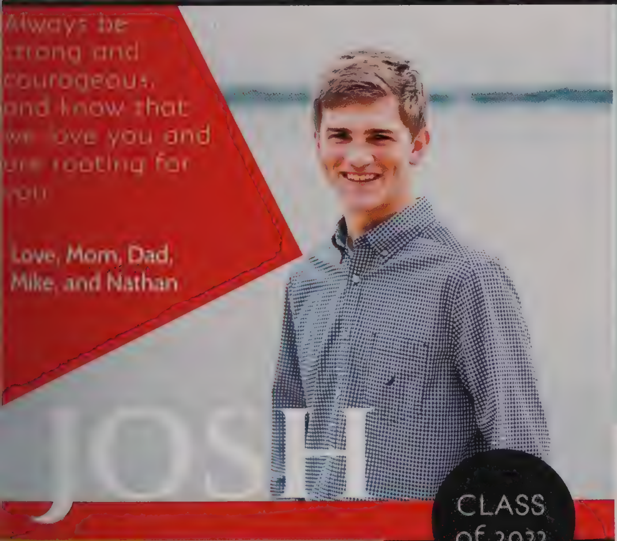
Congratulations Colin!

You did it! Your smile, positive attitude, and strong work ethic got you through some really tough years. Thanks for keeping us laughing and for making us so proud! You are ready to change the world! Love, Mom, Dad, Caitlin & Keely

---

Always be strong and courageous, and know that we love you and are rooting for you

Love, Mom, Dad, Mike, and Nathan



Congratulations Class of 2022!

BE KIND
BE CURIOUS
BE AWESOME
& ROCK ON
AMERICA!

- Ms. Mueller

If we cannot end our differences at least we can make the world safe for diversity.

John Fitzgerald Kennedy

SCO
SCORTON CREEK OYSTERS

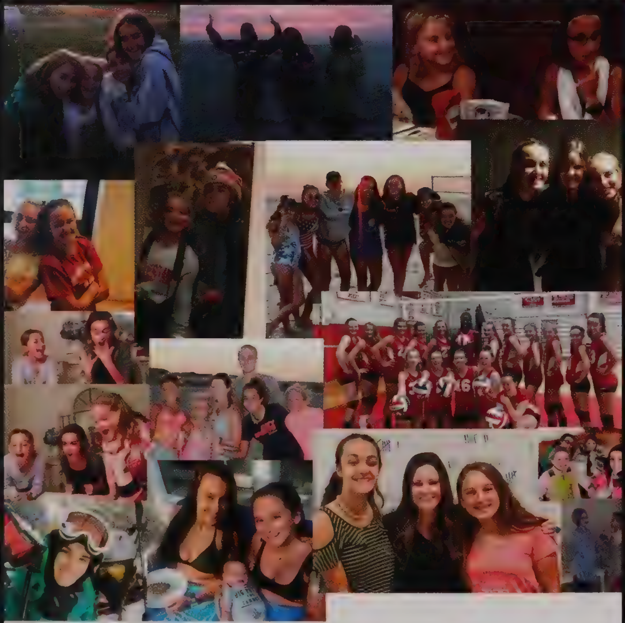
Congratulations BHS
Class of 2022!! Dream Big

Scott & Jennifer Mullin
West Barnstable, MA
02668

M: 508.364.5664
scomullin@gmail.com

www.scortoncreekoyster.c

Congratulations Katelyn!!!! We cannot begin to tell you how proud we are of all you have accomplished these past 4 years. Don't ever lose your drive and your passion for learning. Your future is so bright!! We love you!
Love, Mom Dave & Tyler



Kailey- You always know how to have fun! We can't wait to see what the future holds for you! *Love, The Roundtrees*

To our beloved son Kevin,
Today is your day, the first of many steps as you journey on your way. So chase your dreams, embrace the opportunities. And those times when life throws you curveballs, always remember we will be there when you call.
Lots of love, Mom, Dad & Christopher

Dierdre- We have loved watching you grow! Can't wait for the next chapter... Congrats!

Love, Aunt Jessi,
Uncle Kevin,
Benny &
BabyTree2

Check out BHS sports pix on @jenneedhampics on instagram!

Good Luck to all graduating seniors, especially you SAM!
Love: Dad, Mom, Emma, and Jack

Dierdre,

Make your friends part of the famil

Stay true to you

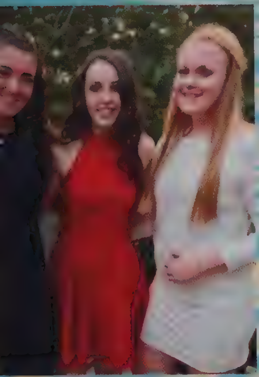
Reach for the stars

Weird is good......

Remember you are loved beyond measure. We have your back ALWAYS, Brenna, Dad & Mom

Kindergarten to Seniors & Beyond

Mary Sarah Rachel



Lexi & Livi

Watching the two of you grow up into these amazing young ladies has been the joy of our lives. You have proven that you can do anything you set your minds to. You both are so dedicated, driven, and hard working. Your futures are so bright. Reach for the stars, because you are capable of it all.

We love you so much! Our house will be so empty next year with out you, but we know you will both be off doing great things. Never change for anyone or anything. Stay true to who you are and remember where you came from.

All our love...
Mom, Dad, & Ella (Remi & Nova)

Behind you, all your memories

Before you, all your dreams

Around you, all who love you

Within you, all you need

We love you infinity Cayleigh
Dad, Mom and the girls

Cayleigh, as you move on to the next chapter in your life, take with you all that you have learned, all that you have experienced, all that you have loved, and all the values that you hold as important. Go with the excitement and understanding that the entire whole lies before you, just waiting for you to shape it into a bright, joyous, and successful future.
All, our love Papa and Nana

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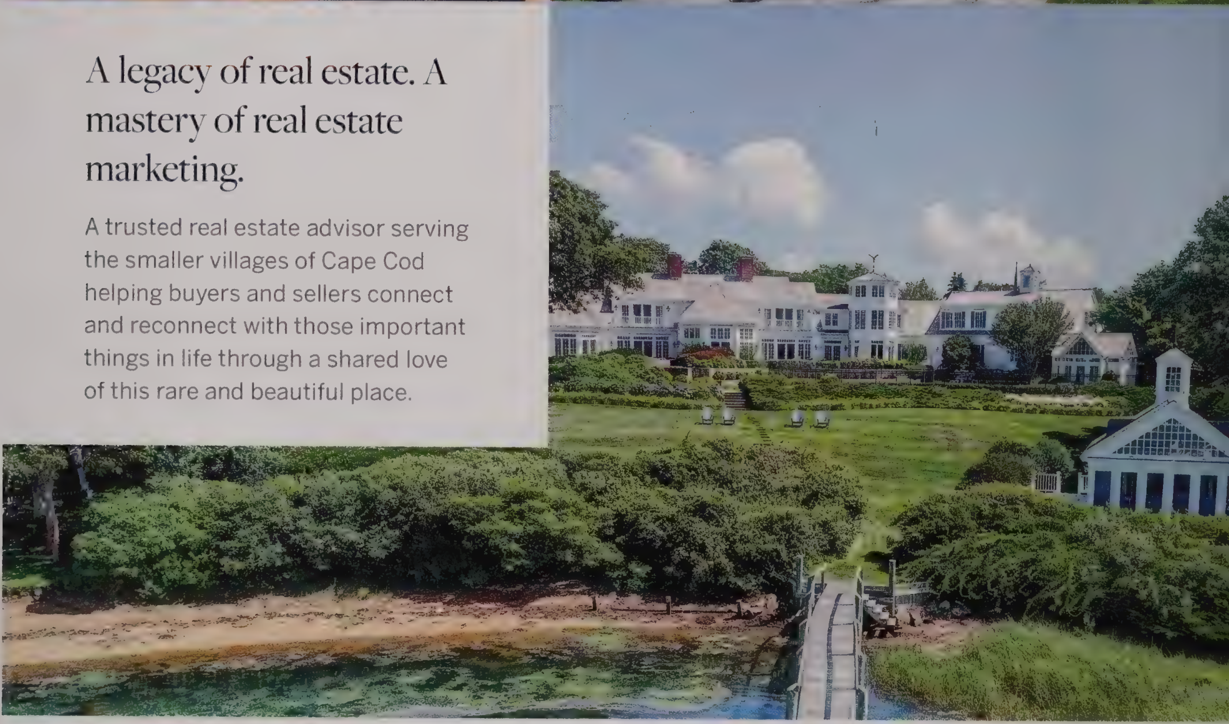


Congratulations to the Class of 2022!

Jack Cotton
Sales Associate
508.776.0009
jackcottonrealtor.com

stand by me

SPRING

Phoebe Papavasiliou smiles big for the season of spring, welcoming the warmer weather and excitement as the year comes to a close. Nearing these spring months, students eagerly think about prom, join in the March Madness fun to show off their school spirit, and have that May date for their last day of school on their mind. There are still memories to be made and laughs to be shared, so let's stick together because we are...

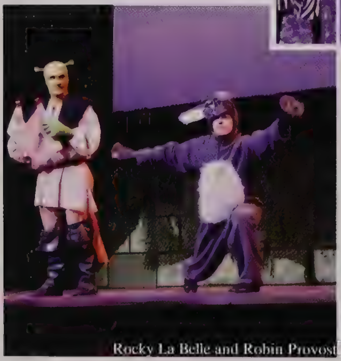
better together.

Beautiful Ain't Always Pretty

For the first time in three years BHSDC is back with their first iconic musical since COVID began. The performers are extremely ecstatic to be back on stage performing *Shrek the Musical*. The Drama Club welcomes a new director, Mary Barth, a BHSDC grad,who brings her acting experience as an alum herself. Mrs. Barth works tirelessly not only for just one great show, but for a great future of the Drama Club. With a cast of 75 and a stage crew consisting of 35, all the lead roles were double

This family-friendly show features individuals of all ages, including some of our cherished faculty members: Mr. Caldwell, Mr. Mulgrew, Mr. Maguire, and our very own BHS principal, Mrs. Freedman. Choreographers include the talented Ms. Styche and Ms. Youmans, while Ms. Lariviere helped make costumes. In the orchestra pit, Latin teacher, Ms. Grey, played persuasion with the beloved Ms. Wytrwal was at the helm. Without the guidance of these key leaders, the show would not have been possible.

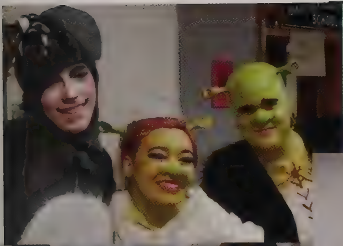
Rocky La Belle a
Robin Prov



Rocky La Belle and Robin Provost

Fiona Through the Ages. Princess Fiona,
O'Toole, sings with the younger versions of he

designed by Ellie O'Toole + Reagan Hicks



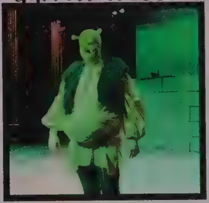
The cast is all smiles backstage whether it was tech week, or closing night!

"Well so much for that batch of snothers I was gonna make."

the
arnstable
High
School
Drama
Club

What is your *favorite* line from the play?

***Garrett* Wiseman**

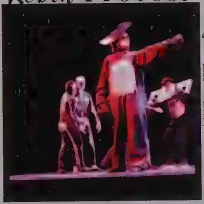


"Hey now, you are going the right way for a smacked bottom you are."

***Elli* Ramos**

"He might be compensating for something."

***Robin* Provost**



"Shrek come back they're people with beards."

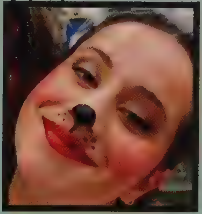
***Melvin* Torres De Leon**

"My favorite lines were mostly everything from Donkey."

***Maggie* Gayton**

"Power to the Piggies!"

***Carly* Crudele**



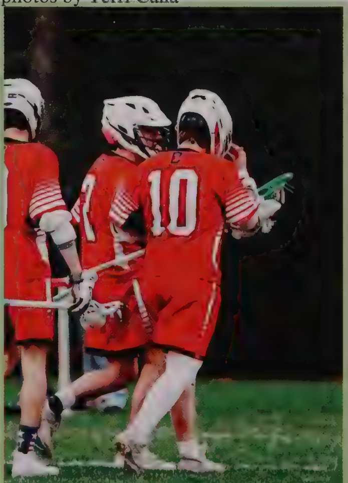
"Any lines from Donkey."

Life is Better When We Stick Together

Even after a interrupted high school lacrosse season, the seniors come back more fired up than ever and ready to give the season their all. This season of boys lacrosse welcomed many new seniors, as they continue to dominate the field and have fun while doing it. Many of these boys have played since their freshman year with Coach Whidden at the helm. Since the 2020 season, the team has been fortunate to have Coach Flynn as their leader, who was also their former assistant coach. These boys they pull through and do what has to be done. This just proves that everything is better when **we stick together.**

Defending the Cage

photos by Terri Calla



Coach **Flynn**

Coach Flynn graduated from BH
2007 after being named a US Lacrosse
American, as an attackman. He contin
to play lacrosse as a
scholarship-athlete at Towson Univer
Flynn loves the game of lacrosse as he states, " it is a blend of all my favorite sports. I love that lacrosse is rooted in Native American culture
and has a rich history. I appreciate
any type of athlete can be successful.'
hopes his team will grow las
friendships through their experie
together. Win or lose- we do it with c

designed by Ashbery Cheron

LAX BROS

The RedHawks just before facing the opponent

The seniors gather for a team photo

Senior Captains:
Adam Laber and **Aidan Devoe**

Sam **Needham**

Sam's most memorable moment on lacrosse was the hype of his fist year ever high school bus ride and going on to winning a game with all of his friends.

Juan **Portilla**

Juan listens to Drake before every game.

Eric **Pleitez**

Eric's favorite part of lacrosse is spending time with his teammates.

Aidan **Canty**

Canty's most memorable moment of Lacrosse was the boat ride with the team to Martha's Vineyard.

Aidan **Devoe**

Aidan listens to loud music in his car before every game. Aidan's most memorable moment in lacrosse was scoring his first goal against Falmouth.

Adam **Laber**

Adam listens to music to get in the zone before every game.
Adam's most memorable moment is Winning 3 face offs and scoring 3 goals in a minute JV year against

Alex **Fontaine**

Alex's memorable moment on the lacrosse team was scoring his first goal.

Anthony **Calla(Baby Ant)**

Anthony was voted favorite nickname by his teammates. Anthony's most memorable moment was boat ride to Martha's Vineyard and Nantucket.

lax out LOUD

The BHS Girls' Varsity Lacrosse team finished their 2021 season on a strong note, winning th Cape and Islands League. The girls take th as motivation heading into the 2022 season. **Dierdre Mullin** looks to lead the defensive end the team before headin to Franklin Pierce University next year to play college lacrosse. A the season comes to an end, the team gives a sad goodbye to seniors **Reagan Hicks**, **Dierdre Mullin**, **Poppy Powers**, **Hannah Clark**, **Valerie McDowell**, and **Giana Mullins.**

Captains

Reagan Hicks

Dierdre Mullin

Lindsay Jones

Grace Bunnell

ASSISTANT

Annie Kenned

Cece Brisbois

desgined by Riley Carpenter + Reagan Hicks

First game, first win!

Captains

2022 Team

Coaches: Guazz & Holland

SENIORS

Dierdre Mullin #13

Dierdre began playing lacrosse when she was nine years old, influenced by her dad who would practice with her. Her favorite memory was when they beat Falmouth to win the C&I league, since the season before they went 1-19.

Reagan Hicks #4

Reagan first started lacrosse when she was ten years old. She began playing to stay active as she plays two other sports in the off seasons. Her favorite part of lacrosse is shooting the ball to get her anger out. She is so excited for this season with the girls!

Poppy Powers # 6

Poppy began playing lacrosse at the age of nine. Her favorite memory is winning the league in the 2021 season. Her favorite part of being on the team is playing with such supportive girls and seeing how well they all work together.

Hannah Clark # 22

Hannah began playing in 6th grade. She loves lacrosse as a sport and the competitive aspect of it but, her favorite part has to be the other girls on the team. She loves this group and has built some amazing friendships with her teammates.

Giana Mullins # 1

Giana has been playing lacrosse since the 3rd grade. Her favorite part about being on the team is being surrounded by constant support and staying active. One of her top memories was playing in the rain with everyone slipping and full of laughter.

Valerie McDowell # 5

Valerie just started lacrosse about a month ago. She started lacrosse because "physical contact kinda exists in it". Her favorite part of being on the team is everyone being so supportive of each other. Valerie's favorite lacrosse memory so far was receiving an extra-large uniform skort.

Braden Burke

“Winning games and spending time with friends and teammates.”

Dylan Hammons

“Having a good time with my friends, and enjoying my senior season.”

Will Jones

“Playing with the guys I have grown up playing with.”

Alec Joyce

“I look forward to just being back on the field with my friends, and the warm weather.”

Colin McGowan

“I'm looking forward to being on the field with the boys I've been playing baseball with for years, and to have fun and win games.”

Grayson Pina

“Winning and spending tine with my teammates.”

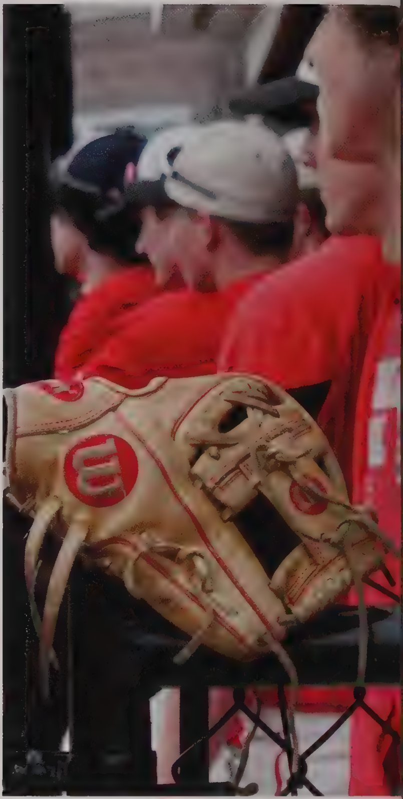
Benjamin Tarbox

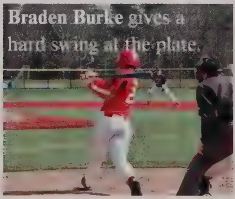
“I look forward to seeing swords and throwing barrels.”

Nolan Turner

“Playoff Run.”

What do you look forward to most about baseball season?





Braden Burke gives a hard swing at the plate.

In between scrimmages, a group of seniors rallied together with the JV coach for a good laugh.

Alec Joyce tags the third base runner out.

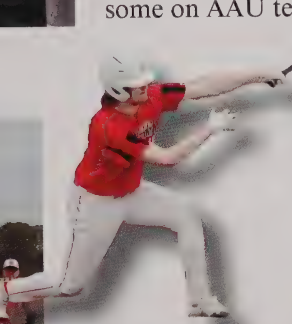
Grayson Pi[illegible] swin[illegible] at a [illegible]

Colin M[illegible]owan throws a changeup.

Ben Tarbox and his teammate leave their gloves to rest on the side of the dugout while up at bat.

King of Diamonds

The Barnstable Redhawks baseball team took the field with intensity in their 2022 season. Led by head coach, David Fouracre, and assistant coach, Robert Toffolon, they began their season with two wins against Peabody in a double-header scrimmage. This group of seniors has grown up playing together, starting in little league, and continuing through all star teams, with some on AAU teams. They are a very close-knit group of friends, and have displayed great team chemistry. For the 2022 seniors, this was an immensely meaningful season, as it was the last time they would play together as a team. This was their last chance to *swing it together* and they went out with a strike.


Dylan Hammons

Will Jones

Braden Burke

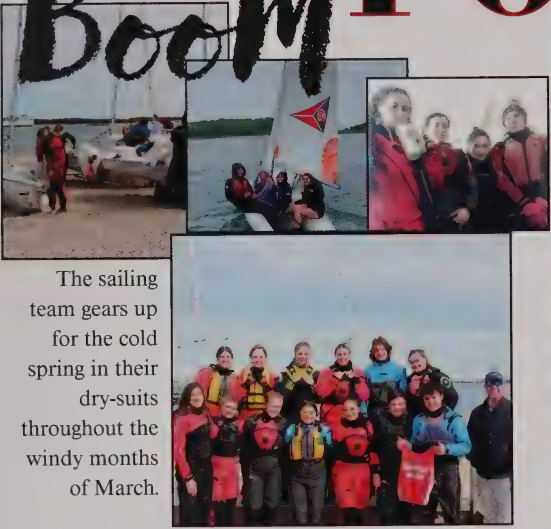
he 2022 Redhawks varsity baseball team.

Nolan Turner catches the strike thrown by his teammate.

CAPTAIN'S CORNER

Seniors, **Will Jones** and **Ben Tarbox**, both enjoy the responsibility of being team captains. Honored by the recognition from their team, they show up to every game and practice and put in their all. These two are always working hard to accomplish their goals, whether or not its personal or for the team. Both captains focus on trying to lead a strong and successful team.

Boom Boom POW



The sailing team gears up for the cold spring in their dry-suits throughout the windy months of March.

Sailing away...

As the weather warms up, the sailing team prepares for their spring season. The team got a head start on the season, starting in early March. This team, lead by Mr. Jansen, has been riding the waves through wind, rain and even snow. The Varsity captains include: **Elli Ramos, Mary Sives, Allison Nystrom, and Ronan Contrino**, who are all estatic to be able to enjoy one last dry suit filled season.

The 420's rest on the beach before practice.

The Dream Team

Elli **Ramos**

Elli is a crew; she enjoys being able to work on boat control and she would rather have the jib sheets hit her in the face than rope burn.

Mary **Sives**

Mary's dream destination to skipper would be the Mediterranean sea, and she would rather fall in the water then get hit by the boom.

Allison **Nystrom**

Allison loves to skipper, and she feels she can make more of an impact in a race controlling the tiller. She would take a perfect start over a perfected roll tack.

Ronan **Contrino**

Ronan's goal would be to crew a 420 in Jamaica, and he would rather not wear a dry-suit.

designed by Ellie O'Toole

Put-ting in the EFFORT

TALKS With TITUS

This year marks Coach Titus's sixteenth year of coaching girls golf. He says that his favorite aspect about coaching girls golf is "their willingness to be coached and listens to instructions without complaint." Coach Titus says he "will miss the graduating seniors personalities, and their ability to understand his sense of humor."

Captains Corner

Two year captains, Sarah Zink and Olivia Donnellan, have accomplished much during their four years on the team. Both girls earned their Varsity letters in 8th grade and earned the Cape & Island League All Star Award their junior year after their nearly undefeated individual seasons in 2021. Olivia and Sarah will play 1 and 2 this year, as they are looking forward to a successful senior season.

Sarah Zink takes a break during practice to hangout with a turtle.

Olivia Donnellan approaches the third green.

Sarah Zink chooses a club.

2022 Varsity Team

y Olivia Donnellan

Senior Spotlight

Sarah Zink

How did you get into golf?
I've been playing golf since I could walk because my dad is a golf professional.

What has been your proudest moment playing for this team?
Working my way up from 8th grade to be captain and playing in spot number 2 on the team.

Olivia Donnellan

How did you get into golf?
My dad was the first coach I ever had. I grew up playing in the First Tee and now I actually coach for them with my dad.

What has been your proudest moment playing for this team?
Placing in sectionals my 8th grade year and going to win second in state with five of my team mates.

Sophia Childs

How did you get into golf?
My friend and team mate, Catherine Ellis encouraged me to join the team last year.

What has been your proudest moment playing for this team?
Seeing the progress in my skills since I've only been playing for a year.

RUN IT UP *with the* track stars

After a successful record-breaking winter season, the squad set themselves up for a strong spring season. The girls team won the Cape and Islands League meet, while the boys were the league meet runner up. Senior **Alyssa Tyler,** along with the DMR (distance medley relay) team, set the distance classic meet record and set out to achieve more. Tyler commented, “I hope to qualify for states in any event that I do. The 400 meter hurdles is the event that I want to excel at. I'm also looking forward to running with my friends and helping the newcomers have a successful season.” On the other hand, the boys prepared for a strong season. Captain **Patrick Jones** mentioned, “I'm excited to finish my last year of track with the group of kids we have, along with the team making it to states.” The seniors started off the season strong with a successful win, 77-25, against Martha’s Vineyard.

Coach Buckman and **Riley Carpenter** strike a pose.

The senior bunch after an epic win on the vineyard

Shea Hardy’s new spikes for spring.

The 2022 girls spring track team.

the SENIOR Stars

Jeremiah Singer

Eugene Jordan

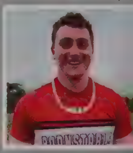
Alyssa Tyler

Gibson Guimond

Drew Saunders

Shea Hardy

Pat Jones


Pat O'Neill

designed by Caroline DeFeudis + Steph Ribeiro

chattin' with the captains

The yearbook crew caught up with the 2022 senior captains to get their final thoughts on the season, and here are there responses.

" I've been doing track since 8th grade and am so excited to have another spring season. Although, I am sad to leave the team. I have hopes to do this in college."

- Alyssa **Tyler**

"I've been doing track since my freshman year, my favorite event being the discs. It being my final year I am sad to leave the team, I'm gonna miss the team and coaches." - Pat **Jones**

Captain **Shea Hardy** warming up for her meet.

" I've been doing track since 8th grade, I don't plan to do this in college because my knees are bad. I'm honestly really sad to be leaving this team, it's the best team I've been on."

- Shea **Hardy**

"I have been a part of the track team since last spring season. I do the 4 by 1 relay, it's my favorite event. I wish I could have started track earlier because I've had so much fun.

- Eugene **Jordan**

"I've been doing track since eighth grade. My favorite event is the 800. It's sad to be leaving this team, all these guys are getting better and I can't wait to see where the team goes."

- Jeremiah **Singer**

words **from the coaches:**

Vhat advice do you have for these future track seniors?

Keep it up"

- *Coach Caldwell*

"Give your coach the same attention you give your arms. Don't kill your coach."

- *Coach Briggs*

'Consistency of training.)o not get discsouraged."

- *Coach Buckman*

Coach Briggs (left), Coach Caldwell (middle), and Coach Buckman (right) before the Martha's Vineyard meet.

Riley Carpenter

Jack Paquette

Jacob Nikas

Steph Ribeiro

Colby Myrbeck

Ryan Gardiner

Carlotta Crudele

JJ Bickford

Set & SPIKE

Shawn Haisler jumps up for a spike.

Serving
strong
while
serving
looks

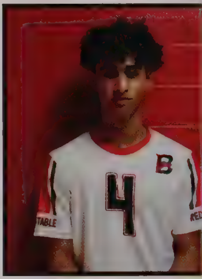
MOMENTS BEFORE THE GAME

The team huddles for their last first game together.

THE SENIORS

Caio **Fernande**

Caio plays middle hitter for the team. His best memory was winning against Boston Latin in his first year of volleyball and having an unforgettable celebration for the win.


Jayson **Costa**

Jayson is the team's outside hitter this year. His favorite memory was playing the top setter and top 5 hitter in the state.

Shawn **Haisle**

Shawn plays middle hitter for the team this year. His favorite memory was getting hit in the face by the best middle hitter in the state.

Gabriel **Verg**

Gabriel is the team's setter this year. His favorite memory was last year winning against Brockton and getting Dairy Queen after.

designed by Riley Carpenter + Steph Ribeiro

Cause a RACKET

After returning to their first "normal" season, the Girls' and Boys' Tennis teams are both thrilled to be back for a fresh start. The young girls team is kicking off the 2022 season lead by the juniors, as they have no seniors this year. The boys also have a relatively young team, with their only senior being Captain **Johnny Finch**

CAPTAIN:
Johnny Finch

"If you wanted a soft serve, you should've gone to boys' volleyball"

With plenty of years of tennis practice, Johnny leads his boy pack into their promising 2022 season. As the winter becomes spring and the weather begins to warm up, these tennis players are also warming up for their first game of the season.

designed by Melissa Pogorelc

BECAUSE...

it’s all about that BASE

With Spring of 2022 in **full swing**, this years’ girls softball team is more than excited to embark on another season. With a record of 0-10 last year, a new team with new assets is just what the Redhawks need; they are ambitious to get some wins! Their starting fielders include Izzy Wagner pitching, and Ava Rolfe catching, a dynamic duo that creates vital plays in critical points of the game. Due to their multi-faceted players, positions are still taking shape and Coach Ryan, entering her fourth year of coaching, is confident that this group will be successful at reaching their goals this season. By her side helping lead the team are captains Ava Rolfe, **Alyssa DePasqua**, and **Alicia Guimaraes**. With big games against BR, DY, and Falmouth, these players are ready to run up some bases and finish this season strong.

Izzy Wagner-starting pitcher since eighth grade!

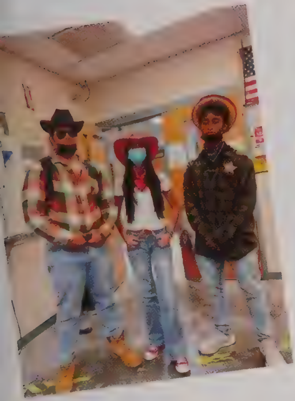
3 strikes & you’re out

Izzy makes a huge impact on every game with strong pitches and powerful at bats.

senior spotlight
Alyssa & Alicia

Alyssa DePasqua, part of the program since eighth grade, has made a huge impact on Barnstable Softball throughout her time on JV and Varsity. **Alicia,Guimares,** graduating early next year, is ending off her softball career this season as well. Both seniors are excited to end on a good note and make memories on such a close knit and hard-working team!

designed by Kailey Cordeira



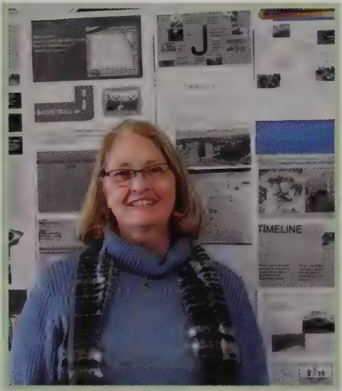
Congratulations

Class of 2022!

bal4.tv/8c5e5523

Scan QR code for more senior photos!

saying goodbye



Mrs. Carlson

~Which school events have you enjoyed attending the most?

"Musicals, Holiday Concerts, and the BHS Superbowl at Gillette"

~If you could pass on any wisdom to your students what would you share?

"The choices you make in your teen years can follow you throughout your life, so make good ones."

~What was your most embarrassing moment teaching?

"Tripping and falling to the floor in front of the class."

Mrs. Pierozzi

~Do you have any hidden talents?

"Cooking, baking (not from a box- real, scratch baking), growing tomatoes and adjusting students' crutches so they fit them properly."

~If you could pass on any wisdom to your students what would you share?

"Take care of yourselves. Your personal wellness is important to your success in life. My grandmother always told me to take good care of my teeth. She was right. I'd like to add that you should take good care of your feet as well."

~Which school events have you enjoyed attending the most?

"I'll remember exciting sports events including volleyball championships, the football game at Gillette and chaperoned trips of grade 8 students to Canada. My most enjoyable events were the drama club shows from 2004-2014. The performers were top notch with amazing sets and props and the club was truly a community striving for excellence. I volunteered selling tickets/ concessions and even ended up on stage a few times!"

Ms. DeCosta

~ When did you start teaching

"I started teaching 1997/1998, and have been at BHS since, so I've been here for 24 years."

~What is your plan after you retire?

"I hope to travel a lot. My plan for October is to visit Hawaii and Tahiti."

~If you could pass on any wisdom to your students wha would you share?

"Take as much as life has to offer. Take it all."

designed by Olivia Donnellan and Kailey Cordeira

Mr. Blazis

~What was your most embarrassing moment teaching?

"I split my pants and blew out the seam, so I had to wear my work jacket around my hips until I got home."

~If you could pass on any wisdom to your students what would you share?

"Don't give up. Success isn't something that comes without several attempts. Failure is important when you can concentrate your efforts."

~When did you start teaching?

"I began teaching in 1994 and I've been teaching at Barnstable since 2000."

Mrs. Salley

Do you have any hidden talents?

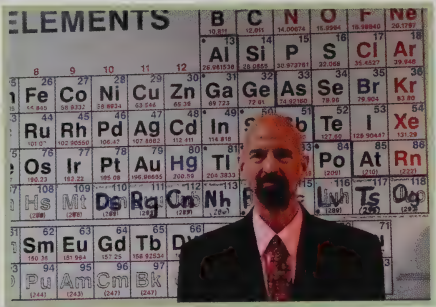
Yes- the problem is they're so well idden that I can't find them. I'm ure I hid my technology talent omewhere."

What was your most embarrassing moment teaching?

'Oh, I've had many. Once, I was beginning Hamlet with my AP Lit students and wanted to set the proper tone. I happened to look down and saw I had put my boots on the wrong feet. I looked ridiculous- but it was a good laugh... so much for the proper tone!"

~If you could pass on any wisdom to your students what would you share?

"Read more, question more, laugh more, worry less."



Mr. Guazzaloca

~Do you have any hidden talents?

"I can do cartoon voice overs. I am especially adept at providing a voice for Underwater Boy."

~What was your most embarrassing moment teaching?

"I was discussing nerves and mentioned that the first several layers of skin have no nerves! To demonstrate, I stuck needles in all of my fingers and thumbs. I was holding my hands out (with pins clearly visible) and making a screeching noise when the principle walked into the classroom. Although it was easily explained, it was my first year in a new school and it felt extremely uncomfortable."

~When did you start teaching?

I started teaching in 1985 at a parochial school on the Cambridge/ Somerville line. I then moved to the Masconomet School District in Boxford, MA for 12 years before coming to Barnstable for the past 24 years.

Mr. Egan

~What was your most embarrassing moment?

"One year I was reading the names at a high school graduation, I found that the names were especially hard to pronounce, however I managed to get through 200 names no problem, until the very last name, it was a student I was quite close with and I knew them very well. Unfortunately I mispronounced his name and it was very embarrassing."

~When did you start teaching?

"I began teaching in 1979 and retired from a school in Hanover, then came out of retirement seven years ago to teach at Barnstable High"

~Which school events have you enjoyed attending the most?

"I love attending all the sporting events, especially football"

BACK TO THE FUTURE

Read some responses from your peers, and take the opportunity to fill in your own answers.

In 10 years, what does *your* life look like?

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Looking back, what is one specific memory that *you'll* remember most from high school?

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What is one struggle that *you* face today, that you hope to have conquered in the future?

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Looking back, what will *you* miss most about high school?

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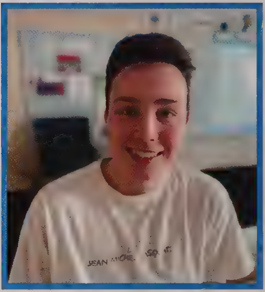
Nathan Thomas



In 10 years, what does your life look like?
In ten years, I am living down in the south, probably Florida. I am teaching high school history in a small city, Orlando or St. Petersburg. Hopefully I am living with my girlfriend /fiance who has a great personality. We live happily together with our German Shepherd and cat.

Looking back, what is one specific memory that you'll remember most from high school?
I will remember all the fun times I shared with one of my best friends, Maria Tejada. There is never a dull moment when we are together.

Adamari Mercado

What is one struggle that you face today, that you hope to have conquered in the future?
I've always struggled with procrastination, so I hope that in the future I'll have overcome this and have better time management skills.

Looking back, what is one specific memory that you'll remember most from high school?
Challenge Day because seeing how emotional everyone got, it showed me that not everyone has an easy life and that they can be more vulnerable than they let on. I wish they would bring it back.

Ian Skirvan

Looking back, what will you miss most about high school?
Playing in basketball games and going to team dinners at Coach Taylor's house.

In 10 years, what does your life look like?
I'll be back on Cape working as a basketball coach at BHS. I'll have kids, a nice house, and a pug.

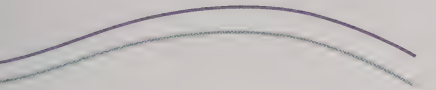
Jennifer Ramos

Looking back, what will you miss most about high school?
I like that we can all relate to each other because we all come from little Cape Cod, and I'll miss feeling like a part of this BHS community.

In 10 years, what does your life look like?
I'll be the CEO of my own company, living in the suburbs outside Boston, and I'll be married with one kid. In my free time, I'll be getting brunch with my girlfriends in Boston.

designed by Olivia Donnellan

autographs



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